

# Spheres Of Light



## Full Moon in Capricorn ~ 30th June 2023

Full Moon Zoom Ritual  
In Capricorn  
Friday 30<sup>th</sup> June  
At 8pm (AEST)

Bring along a cup of your  
favourite herbal tea  
for a cleansing tea ritual.



### Capricorn Full Moon

The Capricorn Full Moon reminds us that we can indeed do hard things and come out the other side, wiser, stronger, and better equipped than before. While the July Full Moon may stir some challenges and guide us to confront some of the things that are no longer working in our lives, if we rise up and take responsibility for our situation, we may just find ourselves pleasantly rewarded.

Get more aligned to your goals by clearing out any emotional clutter and energy drains. Work through a list of what is draining your energy to bring about balance in your life. This could be anything, from tidying up to that phone call you're putting off, it's often the little things that create daily niggles and stop you from living life free of concentrating on what is really important. It is an opportune moment to set yourself free from anything, particularly emotions that are holding you back.

### Tarot – The Devil

The Devil card often appears when you have been tricked into thinking you have no control over your shadow self or these negative forces, and that you can never break free from their hold. You believe you need it and you must have it, even if it means going against what you know to be right to obtain it. Deep down, though, you know it's to your detriment, and you are only doing yourself (and often others) a disservice when you cave in to these lower needs and desires. To break free of these negative patterns, you need to acknowledge the hold they have over you and the impact they are having on your life.

## **Goddess Airmed**

The Story of Airmed's cloak (Irish) is an extract from Wild Magic - Celtic folk traditions for the solitary practitioner - coming Oct 2020 published by Llewellyn Worldwide.

Dian Cecht, the Irish god of healing had won great renown by his works. At the battle of Magh Tuiredh Nuada the king had lost his arm, and thus his kingship, as the king had to be perfect in all ways. However, Dian Cecht made him an arm of silver, and after that he was known as Nuada Airgetlám, the silver handed. But Dian Cecht's reputation as the greatest healer of them all was challenged by his son, Miach, who by his art grew a new arm of flesh and blood and bone for Nuada, restoring him to wholeness. Dian Cecht became jealous, and tried to slay his son four times, but each time Miach healed himself, until the fourth and final time, when Cian Cecht struck him with a sword into his brain. Dian Cecht lamented his deeds and buried his son, and from his grave 365 herbs grew, each a cure for a different ailment. Miach's sister, Airmed, gathered the herbs on her cloak, so that their uses could be known, but Dian Cecht grew jealous again and scattered them to the winds, so that none but those who already knew their secret could use them.

In the second battle of Mag Tuiredh Dian Cecht had made a great cauldron of healing, now a well called Slane near Moytura, where the warriors of the Tuatha De Danann could be healed of their wounds. Some sources say he scattered the herbs into these waters to make a magical healing brew. However, it is to Airmed that most healers pray, that she may gift them the knowledge to help and to restore those afflicted by illness or wounding with the knowledge of the herbs she gathered.

### **Calling upon Airmed**

The goddess Airmed can be called upon at any time to assist you in understanding and improving your healing skills, especially with regards to all herbal medicine and growing healing herbs, as well as finding the right herbal remedy for your needs.

### **Significance of a tea ceremony**

A tea ceremony is a spiritual process, deeply rooted in Zen philosophy. The process is aimed at bringing harmony and inner peace to guests, by allowing them to take a break from the outside world and focus on the simple, transitory moment of serving and drinking tea.

### **Placing intentions into water**

Water, the most plentiful substance on Earth, has been shown to have the unique properties of recording and storing information. Experiments have shown that our intentions placed into water produces differences in the structure of the water crystals.

### **Clearing Spell**

Brew yourself an herbal drink - Stir with intention anti-sunwise (clockwise in southern hemisphere, anti-clockwise in northern hemisphere) and repeat the words, "I am ready to let go of all that no longer serves me." Stirring anti-sunwise in magick removes things rather than drawing them in.

Write down what you are ready to clear from your life. Write down any positive actions you need to take to release of this emotion, it could be a past relationship, a career disappointment or anything that is weighing you down. Actions might look like telling someone how you feel, or setting some boundaries and being clear about something you don't wish to do.

Before you drink your cup of tea project your intent into the tea to clear those things that need to be cleared but also to revive and refresh your energy.

Once you have finished your brew say, "I am ready to step into my power and move forward with lightness and passion in my heart."

Tear your paper up into small pieces and discard the paper in the bin when you are ready.

# Ritual

**By the power of the Dragons may this circle be blessed cleansed and sanctified.**

## Opening the Quarters

### East

Oh great seer Esmas,  
Ancient one of Gorias  
I call for you to come forth and protect and  
charge this circle,  
With the power of the spear of Lugh  
So mote it be

### North

Oh great seer Usias  
Ancient one of Findias  
I call for you to come forth and protect and  
charge this circle.  
With the power of the sword of Nuada  
So mote it be

### West

Oh great seer Semias,  
Ancient one of Murias,  
I call for you to come forth and protect and  
charge this circle  
With the power of the cauldron of Dagda  
So mote it be

### South

Oh great seer Morfessa,  
Ancient one of Falias,  
I call for you to come forth and protect and  
charge this circle  
With the power of the Stone of Lia Fail  
So mote it be

### Goddess Invocation

Airmed Healing Goddess I call out to you  
Gentle Goddess of the herbs  
Whose tears nourish the earth  
Bring forth your healing powers  
Bless our herbal brew and may they heal our  
body and soul  
So Mote it Be

### Ritual Intent

Letting go of things that no longer serve us, then  
stepping into our power.

**Meditation** — channelled during the ritual, no  
written notes.

**Activity** — clearing spell (see notes above).

## Closing

### Goddess

Thank you Airmed for your guidance tonight  
Thank you for your healing powers and your  
blessings  
Hail and Farewell

### South

Oh great seer Morfessa,  
Ancient one of Falias,  
Thank you for your guidance & protection  
With the power of the Stone of Lia Fail  
Hail & Farewell

### West

Oh great seer Semias,  
Ancient one of Murias,  
Thank you for your guidance & protection  
With the power of the cauldron of Dagda  
Hail & Farewell

### North

Oh great seer Usias  
Ancient one of Findias  
Thank you for your guidance & protection  
With the power of the sword of Nuada  
Hail & Farewell

### East

Oh great seer Esmas,  
Ancient one of Gorias  
Thank you for your guidance & protection  
With the power of the spear of Lugh  
Hail & Farewell

**By the power of the Dragons this ritual has  
ended and the circle is now open.**

