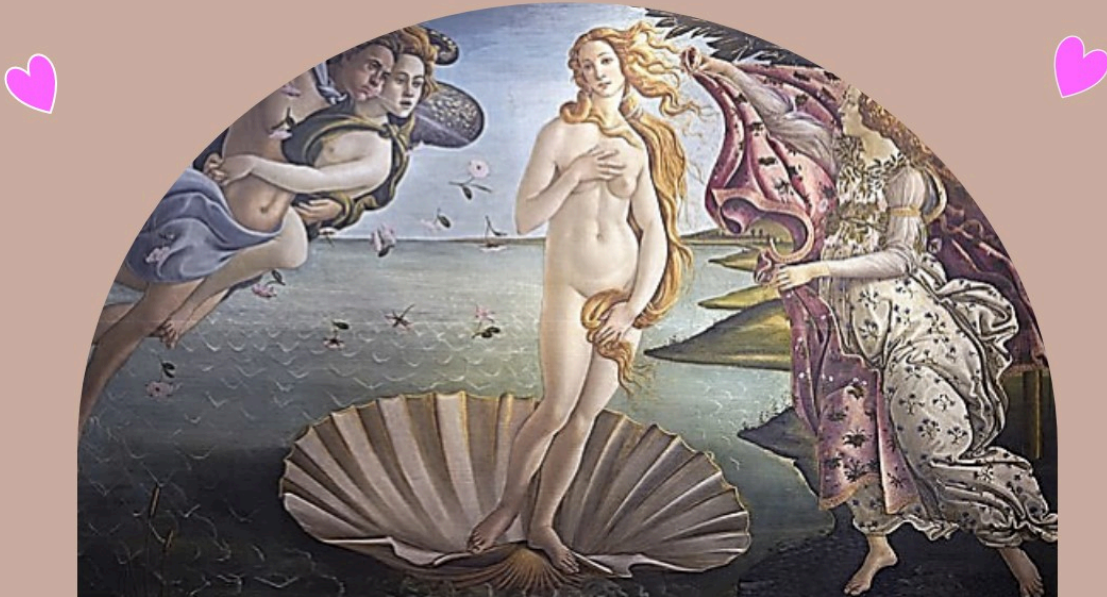


# Spheres Of Light



## Full Moon in Libra ~ 7th April 2023

Full Moon Zoom Ritual in Libra  
Friday 7<sup>th</sup> April at 8pm (AEST)



### Full Moon in Libra

Every Sun season has its opposing full Moon. For Aries, the sign of the self, that full Moon is in Libra. The fire sign of Aries asks us to be bold and decisive, and to take action quickly based on instinct alone. Ruled by Venus, the planet of love and beauty, Libra reminds us to connect with what we love in life. Libra also helps us connect with our hearts and communicate with others from this place. In its highest energy, Libra gives us patience, compassion, and the willingness to understand other people's perspectives.

Love is the highest vibration of all. It helps us touch our souls. Yes, we should love ourselves first, but love for others also helps expand our hearts and raise our vibration. We want people in our lives, and we even need them. But we also need boundaries, so relationships don't become limiting or draining. We need balance, and creating that balance is what this full Moon is all about.

### Goddess Venus

The planet Venus represents the goddess of love and all things sensuality, embodiment, beauty, and fertility. In astrology, Venus is associated with the energy of attraction, desire, and pleasure. Invoking Venus can help us cultivate self-love, creativity, and is a beautiful way to nurture your relationship with yourself, increase self-acceptance, and cultivate self-love.

Venus has been described as perhaps "the most original creation of the Roman pantheon". Venus seems to have had no origin myth until her association with Greek Aphrodite. Venus-Aphrodite emerged,

already in adult form, from the sea foam produced by the severed genitals of Caelus-Uranus. Roman theology presents Venus as the yielding, watery female principle, essential to the generation and balance of life. Her male counterparts in the Roman pantheon, Vulcan and Mars, are active and fiery. Venus absorbs and tempers the male essence, uniting the opposites of male and female in mutual affection. She is essentially assimilative and benign, and embraces several otherwise quite disparate functions. She can give military victory, sexual success, good fortune and prosperity. In one context, she is a goddess of prostitutes; in another, she turns the hearts of men and women from sexual vice to virtue. Varro's theology identifies Venus with water as an aspect of the female principle. To generate life, the watery matrix of the womb requires the virile warmth of fire. To sustain life, water and fire must be balanced; excess of either one, or their mutual antagonism, are unproductive or destructive.

## Qualities Of Venus

- Compassion: Feel empathy and understanding for others and act with kindness and love.
- Nurturing: Providing support, guidance, and protection to those around us.
- Creativity: Our imagination, intuition, and inner wisdom bring new ideas, beauty, and inspiration.
- Intuition: Tune into our inner guidance and trust our instincts and inner knowing.
- Sensuality: Connecting with our physical bodies and experiencing pleasure and joy through our senses.
- Collaboration: Working together to create a better world for all.
- Emotional intelligence: Be aware of and manage our own emotions and connect with and understand the feelings of others.

## Spells According to the day of Venus

Each day of the week belongs to a different planetary god. In ancient times, the days of the week were named according to the planets, and the order of our days is based on the planets' distances from the sun. Every day was a new opportunity to invoke the energy of a specific god, and there are even planetary prayers you can recite on each day to fully align yourself with that planet's energy. Using the abilities of the planets as you go about your day can allow you to work with the energy of the day, and not against it.

Friday: Venus Day - Venus' charming energy makes it the perfect day to get creative. Friday is also ideal to indulge in self-love, not to mention the pleasures of life or do a love spell. You can attract love by doing a love spell during a waxing or full moon or get rid of love during a waning or dark moon.

## How To Work With Venus

Worshipping Venus is a powerful way to connect with the energy of love, beauty, and harmony. Invoking Venus's energy can help you manifest your desires, improve your relationships, and bring more love and beauty into your life.

When working with Venus, first determine what it is you want to achieve. For example, you may want to attract more love into your life or improve your existing relationships.

Here some practices to help you channel your feminine energy. Of course, you can intuitively customize these and make them your own.

- Since Venus rules over love, any meditation focusing on opening up your heart chakra will deeply connect you to Venusian energy. Likewise, becoming still and silent enough for self-reflection will help ground you into the present moment and invoke gratitude.
- Creativity is inherently intertwined with sexuality, beauty, art, and aesthetics—deeply connected with Venus. So anytime you choose to create out of pure love and joy, expressing yourself without a defined goal connects you to Venus energy.

- Write yourself love letters, indulge in poetry, paint your friend or lover, dance expressively and freely. All of these are forms of creative play that connect you to Venus and allow you to tap into the innocence of your inner child.

## What Is The Divine Feminine?

The divine feminine is a spiritual concept that refers to the feminine energy and qualities of the divine or higher power. It is an archetype representing the feminine aspects of creation, including intuition, nurturing, compassion, creativity, and love.

We associate Venus with the Roman goddess of love. But, there are iterations of the divine feminine archetype in many spiritual traditions and cultures like Isis, Inanna, Aphrodite, Mother Mary, Kuan Yin, and Lakshmi. These goddesses and deities embody the qualities of the divine feminine and serve as role models for spiritual seekers who wish to connect to the divine feminine energy.

Some of the earliest prehistoric artworks were Venus figurines, dating back to the Upper Palaeolithic period between 40,000-30,000 BC. Although the original cultural meaning is unknown, these figures depicting voluptuous female bodies were thought to be used in rituals and were religiously worshipped.

## How The Divine Feminine Relates To The Divine Masculine

The divine feminine is not limited to women but is available to all genders. It is a force that exists within all of us, regardless of gender, and can be accessed through meditation, prayer, or ritual practices. Feminine energy can be considered yin or lunar energy, which opposes masculine or yang energy.

During this time of year we could all benefit from slowing down and being more present in every moment, allowing us to tap into our senses and feel more pleasure.

## Poem

ALWAYS LOVE AND ACCEPT YOURSELF

I accept myself completely.

I accept my strengths and my weaknesses,

My gifts and my shortcomings,

My good points and my faults.

I accept myself completely as a human being.

I accept that I am here to learn and grow,

And I accept that I am learning and growing.

I accept the personality I've developed,

And I accept my power to heal and change.

I accept myself without condition or reservation.

I accept that the core of my being is goodness

And that my essence is love,

And I accept that I sometimes forget that.

I accept myself completely, and in this acceptance

I find an ever-deepening inner strength.

From this place of strength, I accept my life fully

And I am open to the lessons it offers me today.  
I accept that within my mind are both fear and love,  
And I accept my power to choose  
Which I will experience as real.  
I recognise that I experience only the results  
Of my own choices.  
I accept the times that I choose fear  
As part of my learning and healing process,  
And I accept that I have the potential and power  
In any moment to choose love instead.  
I accept mistakes as a part of growth,  
So I am always willing to forgive myself  
And give myself another chance.  
I accept that my life is the expression of my thought,  
And I commit myself to aligning my thoughts  
More and more each day with the Thought of Love.  
I accept that I am an expression of this Love.  
Love's hands and voice and heart on earth.  
I accept my own life as a blessing and a gift.  
My heart is open to receive, and I am deeply grateful.  
May I always share the gifts that I receive  
Fully, freely, and with joy.  
~~ Author Unknown ~~

## **Ritual**

**By the power of the Dragons may this circle be blessed cleansed and sanctified.**

### **Opening the Quarters**

#### **East**

Dragons of Air  
Join us, protect us this night  
Lend us your power during our rite  
So Mote It Be

#### **North**

Dragons of Fire  
Join us, protect us this night  
Lend us your power during our rite  
So Mote It Be

## **West**

Dragons of Water

Join us, protect us this night

Lend us your power during our rite

So Mote It Be

## **South**

Dragons of Earth

Join us, protect us this night

Lend us your power during our rite

So Mote It Be

## **Goddess Venus**

Join us this night

Grace us with your beauty and light

Guide us to find the love within

Through this may our transformation begin

Welcome!

## **Ritual Intent**

Self Love and Acceptance

## **GODDESS VENUS MEDITATION**

Take a few deep breaths. Relax your body now, starting from the top of your head moving to the bottoms of your feet. From you head, down to your shoulders, down your chest and arms, down your belly, your thighs, down your legs and to your feet. With each breath you take you move further into relaxation. I want you to imagine a beam of pink light shining down from Divine light, washing over you and through you. As this happens, breathe the light in deeply. As it washes through you, slowly your chakras begin to open, starting at the base. The red base chakra opens allowing the pink light to flow through and cleanse it. The orange of the sacral chakra now begins to open, as the pink light flows through, opening and cleansing it. Moving up to the yellow of the solar plexus, the light washes through, opening and cleansing it. Now moving up to the green of the heart chakra, cleansing and opening as the pink light washes through it. Up to the sky blue of the throat chakra, now also beginning to open as the light cleanses it. Moving up now to the indigo of the brow chakra, opening and cleansing. Finally arriving at the violet of the crown as the pink light flows through opening and cleansing it before dispersing out the top of your head and flowing down and around you like a waterfall.

See your divine self, step away from your body where you see a curtain of beautiful pink light. Step through the curtain into a garden of great beauty. The colours of the flowers are so vibrant and varied. Soft music plays in the background. In the centre of all this amazing scenery is a large round pool of clean water. On four sides are cherub statues all pointing inwards with water flowing from their fingertips into the pool. Nearby stands a handful of beautiful maidens who frolic about, throwing rose petals into the pool. They indicate that you should bathe in the pool and as you undress they remove your old clothes. As you bathe you feel the softness and beauty of the rose petals as they flow over your head and body. Your lungs are filled with their sweet and sensual aroma and when you feel refreshed the maidens dress you in new flowing clothes.

They all then lead you to a beautiful temple and take you to the centre of a large chamber, decorated with paintings and flowers. In the centre is also a small pool containing water of the most incredible colour of azure blue.

As you stare deep into the pool, the water begins to churn, going faster and faster before abruptly stopping. Suddenly rising out of it atop a white scallop shell stands the most beautiful woman you have ever laid eyes upon. The Goddess Venus steps down off her shell podium to greet you. She greets you with a kiss and loving embrace. Together you walk to her private gardens where you sit and talk a while, about life and love. Venus says to you "To truly love another, you must first learn to love yourself." To find happiness you must be happy within yourself".

Venus will help you to identify what you need to work on to achieve love of self. Spend some time with Venus and when it is time, I will call you back.

It is time now to say goodbye to Venus. You thank Venus for her wisdom and hold onto the thought of the piece of information she has given you to work upon. You make your way back to the pool and notice the curtain of beautiful pink light that you originally walked through. Step back through it now. You find yourself now back in the hall and slowly back into your body. Starting from the crown, you now begin to gently close each chakra. From the crown, down to the brow, from the brow down to the throat, from the throat, down to the heart, from the heart, down to the solar plexus, from the solar plexus, down to the sacral and finally, leaving the base chakra open. Slowly now, start wiggling your fingers and toes, stretch your arms and legs and when you are ready, open your eyes.

## **Activity**

The activity is to write down all the things that you love about yourself; be as descriptive as possible. The more love you show to yourself the more loved you will become.

## **Closing**

### **Goddess Venus**

Thank you for joining us this night  
Thank you for guiding us to find the love within  
Hail & Farewell

### **Earth**

Dragons of Earth  
Thank you for joining us and protecting us this night  
Hail and Farewell

### **Water**

Dragons of Water  
Thank you for joining us and protecting us this night  
Hail and Farewell

### **Fire**

Dragons of Fire  
Thank you for joining us and protecting us this night  
Hail and Farewell

### **Air**

Dragons of Air  
Thank you for joining us and protecting us this night  
Hail and Farewell

**By the power of the Dragons this ritual has now ended and the circle is open.**