Spheres Of Light

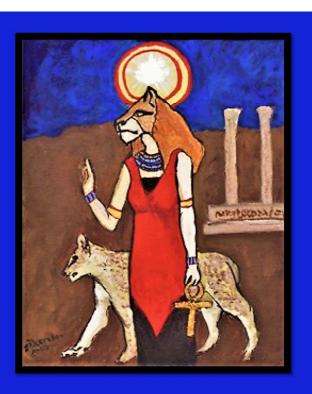


Full Moon in Leo ~ 3rd February 2023

Spheres of Light Leo Full Moon Zoom Ritual Friday 3rd February 8pm (AEST)

On this night we will be calling upon Sekhmet the Lion Goddess to end the last 3 years of chaos and to help us control our scattered hopes and desires and channel them into a united effort so you can achieve your Creative Self which is your true expression of the Divine spark that lives within.

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Full Moon in Leo

After the intensity of the past couple of years, we could all really benefit from taking some of this sparkly energy into our lives and owning it!

Under the February 2023 Full Moon (6/2/23 5:28am) give yourself permission to shake off your mane and put yourself in the centre. Do something that you love, do something that makes you feel special, and have fun with it!

It is so easy to get caught up in the seriousness of life and all the responsibilities that weigh on us, but the Leo Full Moon wants us to return to ourselves; it wants us to shine our inner light bright for the whole world to see.

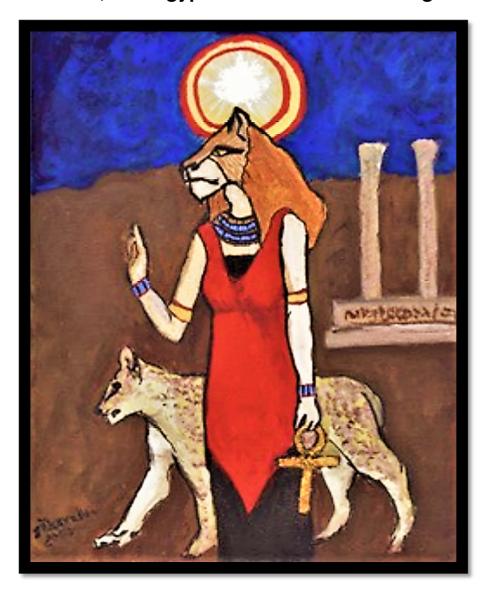
There is no shrinking back under this Full Moon. Step forward. Own your life. Own who you are. Be proud of where you stand. Feel yourself rise as you lift yourself higher.

Uranus, the planet of awakening and change, is active under this Full Moon, which can create a sense of uncertainty or volatility. Uranus shakes things to awaken us to a deeper truth and higher wisdom. It shakes things so we can see them from a new vantage point and a new perspective. As the saying goes — when we change the way we look at things, the things we look at change.

With a shift in perspective, we may find ourselves wanting to change things in our lives or approach things in a new way. We may make a sudden decision or finally decide to take action on something we have been ruminating on.

With the volatility stirring from Uranus, the Universe is likely to send a clear sign of what is no longer stable in our lives. Once you feel the call, don't be afraid to act under this Full Moon, as the bold confidence from Leo and the fact that we have zero major planets in retrograde will be a boost, helping us to feel supported as we push forward on all the things that we wish to do.

Sekhmet, The Egyptian Goddess Of "Enough Is Enough"



Sekhmet is a very ancient goddess; with her lion's head and woman's body, she is the opposite of the Sphinx who has a man's head and a lion's body. Sekhmet is the goddess of four thousand names, of which only a few hundred are known to normal humans.

As a sun/fire goddess, she relates to the scorching, searing, and burning heat of the sun. In this aspect, she was known by another name, "Nesert" which means flame. This sealed her fate as a terrifying goddess. Her title as the Red Lady associated her with desert where the heat of the sun reigns. And it is even said in myth that it was the breath of this goddess that created the desert.

Sekhmet was considered a warrior Goddess, fierce and powerful, protectress of everything that is sacred, of the Egyptian borders and the Reign of Pharaohs. For these attributes she is worshipped as "the One before Whom Evil

trembles" and as "the One who mauls" underlining her aspects as the Divine Retribution. Sekhmet is believed to stand and defend Ra from his great enemy, Apophis the great evil serpent.

According to the Egyptians, while humanity was created by the tears of Ra, Sekhmet was sent by Ra to punish the rebellious ones, slaughtering every one of them. The scripts refer to Sekhmet for this action as "She who dances on blood". Sekhmet's fury was so intense that Ra made her stop in order not to kill everyone. Somehow her story looks much as the story of Kali, the Hindu Goddess. When Sekhmet goes on the war path her lust for blood cannot be quenched and, in the myth, the only thing that could stop her was beer.

Sekhmet is found in the "Book of the Dead" a woman with three heads, a phallus and wings. Phallus is the profound masculine power of her father, Ra. She is invoked to destroy the evil and protect the souls.

Sekhmet, a solar deity, has the power for both Healing and Destruction (of the Evil). This is the power most Solar/Fiery deities possess. Sun and Fire can cause both harm but let's not forget the life-giving aspects of both. The ancient Egyptians bear amulets of Sekhmet to prolong their health and be protected. Sekhmet could bring diseases but also heal. Interestingly Sekhmet is the patron of Medicine in Ancient Egypt (mainly because of her power to control demons of plague and diseases). This is why the Priests and Priestesses of Sekhmet prayed to Sekhmet to please the Goddess and not unleash a plague. The Priesthood of Sekhmet specialized in Healing and Protecting the believers.

Sekhmet and the Ankh

In Egypt there are many reliefs showing the lion goddess Sekhmet holding the ankh, symbol of life.

In the sacred geometry of the Ankh, creative and cosmic forces are brought together. The tool acts as an amplifier of the energy that is already there and can also be a channel to capture, conduct, and allow energy to flow outward or into itself.

The Egyptian gods often are seen carrying the Ankh in their hands, holding it like a sceptre. It symbolizes initiation and transformation.

Sekhmet Ritual

Connecting – visualise each person within the group is sitting side by side in a large golden circle in the astral. The golden circle connecting and protecting within the circle.

By the Power of the Dragons may this circle be blessed cleansed and sanctified.

Opening the Quarters

East

Hail Sekhmet You are the 'I am' of the breath We welcome you

North

Hail Sekhmet You are the 'I am' of fire We welcome you

West

Hail Sekhmet You are the 'I am' of water We welcome you

South

Hail Sekhmet You are the 'I am' of Earth We welcome you

Invocation to Sekhmet

Oh Golden Sekhmet,
You who destroy in order to recreate
We ask you to release us from all negative energies from our past
Please Strengthen, Fortify our will and desire to be successful
Help us to Manifest our hopes and dreams this year
May we flow with the positive streams of your love and wisdom
So Mote it be

Meditation & Discussion

Sekhmet Fire Cleansing Meditation

As the everyday world fades away, you find yourself standing under the midday sun in the Egyptian desert. The sky above is cloudless and you feel the heat of the sun burning your skin.

Silhouetted against a cluster of small trees – an oasis – you see an ancient temple. This is the Temple of Sekhmet, built to honour the Sacred Power of all Goddesses, and as you approach the temple grounds you feel the energy of Sekhmet drawing you into the temple.

You enter the temple through large wooden doors – feeling the sense of empowerment wash over you as you pass through the threshold – you then walk down a long hallway past large statues of Lionesses.

In the middle of the large chamber is the Goddess Sekhmet represented by a human-sized basalt statue seated on a throne and holding an ankh – the symbol of life – in Her left hand is in the centre of the temple. Her feline head bears the face of a lioness gazing lovingly at Her cubs, and Her human body is covered in a floor-length red dress.

To Her left is a table containing large papyrus scroll which reads:

Let My worship be in the heart that rejoices. You who seek to know Me, know that your seeking will be in vain unless you know the Mystery – for if that which you seek, you find not within yourself, you will never find it without. For I have been with you from the beginning, and I am the Mystery that which is attained at the end of desire.

To Her right is a large fire pit containing a floor to ceiling flame, but the flame does not emit any heat. The purpose of the astral fire is to burn away all residual negativity and chaos. Before you can proceed connecting to Sekhmet you need to walk through the pit to clear you of all the negativity that you have taken on. When you are ready, walk into the large pit and allow the flames to do their work. Feel a release on a physical, mental and spiritual basis as the flames pass over and through your body. When you step out on the other side of the pit Sekhmet in human form wearing a long red dress greets you. She who embodies aspects of all the Goddesses places a hand over your heart as a sign of acceptance. She tells you to follow her into a separate chamber where she invites you to sit at her table. She pours you a glass of beer and you spend time talking about your journey and things you want to achieve. Listen carefully to her words of wisdom.

It is time to return now and Sekhmet walks you to the hallway and bids you farewell. She hands you a sacred papyrus and a feather quill. Whenever you need my assistance just write on the papyrus and send it to me in the astral and I will attend to it. She again places her hand on your heart and you walk past the statues out into the desert and then you find yourself back in your chair and fully back into your body. When you are ready wriggle your fingers and open your eyes.

Intent and Activity

The intent for the ritual is to bring an end to last year's negative energy and chaos and to bring a more positive, stable, and productive energy for 2023.

The activity will involve some imagination, each person will visualise they have before them a page made of Egyptian papyrus and in their hand a feather quill. I want you to write in the air what you want to create this year to bring about balance, structure, and prosperity. When you have completed your writing, hand your papyrus to Sekhmet asking her to restore balance and to assist you in creating what you want to bring into reality.

Closing

Sekhmet closing

Oh Golden Sekhmet,
You who destroy in order to recreate
Thank you for releasing us from all negative energies from our past
And for helping us to manifest our hopes and dreams this year
May we flow with the positive streams of your love and wisdom
Hail & Farewell

South

Hail Sekhmet You are the 'I am' of Earth Hail & Farewell

West

Hail Sekhmet You are the 'I am' of water Hail & Farewell

North

Hail Sekhmet You are the 'I am' of fire Hail & Farewell

East

Hail Sekhmet You are the 'I am' of the breath Hail & Farewell

By the power of the Dragons this ritual has ended and the circle is now open.

