

SPHERES OF LIGHT



FULL MOON IN PISCES - SEPTEMBER 2022



**Spheres Of Light's
Pisces Full Moon
Circle**

**8pm
Friday 9th September**

SYDNEY BLÓT

Pisces Moon calls on you to speak your dreams into reality.

Manifestation energy is high during this Full Moon in Pisces (10/09/2022 7:59pm AEST). It is conjunct Neptune, the planet associated with dreams and creative enterprises, it can also be about fogginess and confusion depending on our state of mind. We also get the added benefit of now knowing that any conclusions we seem to reach at this time may require us to slow down and not rush to judgment. We're invited to keep an open mind and not be too rigid or exact about our pronouncements at this time, especially if we're relying on our cognitive capabilities. Intuitive functioning is the name of this Moon's game, so remember to go with your gut.

The Land of the Dwarves

At this Full Moon we will be entering NIDAVELLIR/SVARTALFHEIM the land of the dwarves and black elves. In Old Norse literature, the home of the dwarves is called either Nidavellir (pronounced "NID-uh-vell-ir;" Old Norse Niðavellir, "Low Fields" or "Dark Fields") or Svartalfheim (pronounced "SVART-alf-hame;" Old Norse Svartálfaheimr, "Homeland of the Black Elves").

The dwarves are master smiths and craftsmen who live beneath the ground. Accordingly, Nidavellir or Svartalfheim was probably thought of as a labyrinthine, subterranean complex of mines and forges. Think of the Lord of the Rings and you will get a good idea what the land of the dwarves looks like.

The name that the Vikings used to refer to the dwarves' homeland – it's probably Nidavellir. While both names occur only in relatively late and problematic sources, the first source to use the term "Nidavellir" (the poem *Völuspá*, "The Prophecy of the Seeress") is older than the first (and only) source to use the term "Svartalfheim" (Snorri Sturluson's *Prose Edda*).

Goddess Niorun/Njorun

Niorun, or Njorun, is a minor Norse goddess about whom practically nothing is known from the primary sources. She is listed as a goddess in the *Skaldskaparmál* (sacred texts), but nothing else is said of her. The name Niorun or Njorun is used as a kenning in some poetry, but it is unclear what its original meaning might be. However, it is said that the *Duergar* (dwarves) refer to the night as *Draum-Njorun*, or Dream-Niorun. Some modern folk began to contact her, and their personal gnosis is that she is the Goddess of Dreams.

In the experience of some folk who have connected with Niorun, unlike most of the other deities, she chooses to live in Svartalfheim, where she is honoured and revered by both the Dark Elves and the *Duergar*. Of all the places in Svartalfheim that might be considered halls, Niorun's place is the only one where a traveller could claim sanctuary and be unopposed by residents. However, as soon as one leaves, one is on one's own again. There is also the fact that Niorun's hall is a strange place, and not altogether safe. It is filled with distorting mists of many colours, and one is often overcome by the compulsion to lay down and sleep. If you are a skilled lucid dreamer, her hall can be a good jumping-off point for prophetic dreamwork; if you aren't, it can be deadly.

Niorun herself can be seen as a veiled figure walking through the misty halls, her face almost never seen. If approached, she will speak in riddles and poetry, or say things that one later cannot remember. Offerings to her include coloured glass balls and prisms that she can hang up in her hall to rotate and add to the ambience.

Niorun can bring the gift of lucid dreaming, and if you have any aptitude for it, prophetic dreams. That doesn't mean that your dreams will necessarily be clear and decipherable, just that they will have information in them. A good prayer to Niorun is to say before you fall asleep, "Let me wake up knowing one thing that I do not know now."

Dreams

The Norse took dreams quite seriously. While they acknowledged that some dreams were random and meaningless (and called them *draumskrok* "dream-nonsense"), other dreams were held to possess enormous significance.

Dreams could sometimes foretell the future. Their ability to do so went hand in hand with the Norse view that all events were directed by fate; as the Eddic poem *The Song of Skirnir* (*Skírnismál*) puts it, "My destiny was fashioned down to the last half-day, and all my life was determined." Since the future was preordained, it could be known in advance.

Take, for example, the famous dream of Queen Ragnhild, who reigned in southern Norway during the ninth century alongside King Halfdan the Black. One night, Ragnhild dreamed that she took a brooch off of her cloak and held it out in front of her. Roots immediately began trailing out of it and toward the ground, where they took hold. Branches then shot up from the brooch, and the tree soon grew so tall that Ragnhild was unable to see over it. The tree's bowl was blood-red, its upper trunk green, and its branches snowy white. The branches spread out to cover all of Norway, and even extended into other lands as well.

Years later, Ragnhild realized the significance of the dream. The tree symbolized her descendants. Her son, Harald Finehair, was to become the first ruler of all of Norway. The tree's blood-red bowl symbolized the bloodshed that would occur while Harald was coming to power, the green upper trunk the vigor and glory of his reign, and the white branches his own descendants, from whom would come Norway's rulers for many generations.

Even the gods had such dreams – Baldur, for example, had his death foreshadowed to him in dreams before it occurred.

On other occasions, dreams could provide a means of contact between living humans and otherworldly beings such as the dead, elves, land spirits, and deities. Such beings often bore an important message for the dreamers, and sometimes even struck a deal with them that led to tangible benefits in waking life.

This recalls the ancient practice of water scrying or hydromancy: gazing into a shallow pool or bowl for purposes of divination. The Norns of Norse mythology used the Well of Urd as a scrying bowl.

Activity – After the meditation using your scrying tool, call on your guides/Niorun to help you scry. Think of some things that you would like clarification on and go through the same process as the meditation to delve into the depths of your scrying tool. Take notice of any images, any sounds and feelings that come to you. Take time for each clarification asked to get an appropriate response.

SYDNEY FULL MOON BLÓT IN PISCES

Cleansing

As we move into the circle, we will cleanse through incense and adjust our thoughts and enter our sacred space. We will visualise and connect to our astral temple and the Gods in Asgard.

Walk the circle three times cleansing the space by the power of the Dragons may this circle be blessed, cleansed and sanctified.

Ring bell or strike drum to signify the start of the ritual.

Honouring the Directions

South

Take the hammer and make the sign of the hammer facing South
As you make the sign of the hammer (an inverted down T) say:

Hammer in the South hallow and hold this holy stead

North

Take the hammer and make the sign of the hammer facing North. As you make the sign of the hammer (an inverted down T) say

Hammer in the North hallow and hold this holy stead

East

Take the hammer and make the sign of the hammer facing East. As you make the sign of the hammer (an inverted down T) say

Hammer in the East hallow and hold this holy stead

West

Take the hammer and make the sign of the hammer facing west. As you make the sign of the hammer (an inverted down T) say

Hammer in the West hallow and hold this holy stead

Above

Take the hammer and make the sign of the hammer raising it above. As you make the sign of the hammer (an inverted down T) say

Hammer in the Above hallow and hold this holy stead

Below

Take the hammer and make the sign of the hammer holding it below. As you make the sign of the hammer (an inverted down T) say

Hammer in the Below hallow and hold this holy stead

Invocation to Thor

Thor, Lord of the Hammer!

Lord of the Storm!

We ask for protection and removal of all evil and unwanted entities from this ritual space!

Hail!

Invocation to Disir

Disir, Ancestors

We are here to honour you

Watch over us and protect us

Let nothing into this space which will cause us harm

Hail!

Invocation to Niorun

Hail to the Goddess Niorun, Goddess of Dreams

Guide us through the darkness of the halls,

So we can find your safe place.

Guide us safely through our dreams and scrying so we understand our truth.

Hail!

Face south, and the circle and declare why you are there, what you are thanking the gods for, what you are asking from them, etc.

We are here today to give honour to Thor and Niorun, to the gods and goddesses of my folk for the many gifts that they have bestowed upon us. We ask that they continue to bestow their gifts upon us.

Face south, and the circle and declare why you are there, what you are thanking the gods for, what you are asking from them, etc.

Activity – We will journey through the realms through the activity of scrying. We will call on Niorun and the Disirs to guide us through this journey

Goddess Niorun Scrying Meditation

Concentrate on your breathing, relaxing your body, with each breath open each of your chakras and in particular focus on your third eye. See the eye within your brow slowly opening.

Looking through your third eye you journey down a large dark passage way opening up to many halls. You ask your guides to guide you to the safe place that belongs to the Goddess Niorun. Her place is the only one where a traveller could claim sanctuary and be unopposed by the dwarf and dark elf's residences.

You are directed to Niorun's hall and it is filled with distorting mists of many colours, and once you have entered this strange space you start to feel drowsy.

The Goddess greets you and she is completely covered in a long dark veil. "You have come to the right place to learn about prophetic dreamwork", she says.

Look deep within your scrying tool and imagine that you see a dark deep well filled with water with a mirror like surface.

She ushers you to a surface of a well in the centre of her hall, you notice the well is very deep. She tells you take your time and move your gaze down deeper and deeper towards the bottom of the well and the deeper you go the more dark and murky the water becomes.

You now see yourself at the bottom of this well and you feel the dark murkiness pulling you down further and further into its darkness until you are completely in the dark. You give way to the darkness and you feel yourself letting go. The darkness is opening your awareness, the Goddess suggests. Take note of any images and senses you are experiencing.

You now move past the bottom of the well into the lower realm, the realm of the ancestors, and as you move through this realm you feel a shift in your psychic senses.

Just allow yourself to drift to certain situations in your life. Call on your ancestors to show any images that are important to your life now. You may see images or you might experience feelings. Spend some time just being in each situation without judgement. (Spend about 10 minutes).

It can be dangerous to spend too much time in this realm, so slowly become aware of the light shining from above you and you gently allow yourself to rise slowly to the surface. Soon you are staring down on the surface of the well.

Your reflection fades, and Niorun advises you to always call on your guides when you are attempting deep scrying. You thank Niorun for her guidance and protection and then the Goddess walks you back through the dark halls and guides your awareness back into the physical realm, to your body. Now spend some time remembering your experience. When you are ready wriggle your fingers and toes then open your eyes.

Sacrifice

Declaring what you are giving to The Holy Powers as a sacrifice, and why. Ask them to bestow their blessings upon you.

We give you this apple cider, blended with the might and main of our deeds, take well our gift, but not as from a thrall, for we have no master, but as from free people and as a sign of our kinship and fellowship. We ask that you imbue this sacrifice with your gifts and blessings!

Drinking some of the offering to metaphorically take in the blessings of the divine. Make the sign of the hammer over the horn. Pour the remaining liquid from the horn into the blessing bowl.

Make the sign of the hammer over the bowl.

The blessings of Thor, Niorun be upon you. Hail!

Giving

Remove the bowl to outside and face south and pour the remaining liquid onto the earth and say:

Thus the work is once again wrought, and gifts have been given, each to the other as it must always be. May it strengthen our folk to trust in the might and main of Asgard, Vanahiem and all the Nine Worlds. May the gods and goddesses, as well as the ancestors guide our steps and may Thor's hammer protect us Hail!

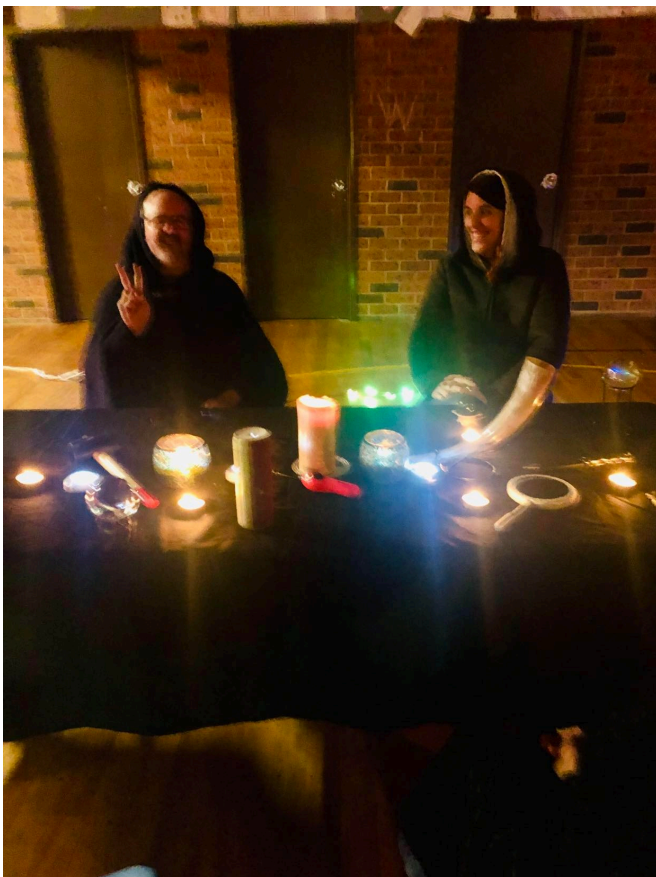
Closing

Declare that the blot is done. Raise hands in the sky and say:

**Hail!, Thor, Niorun & Disirs and our ancestors thank you for guidance and protection, and touch Mjolnir (the hammer) and the blot is done.
Hail and Farewell**

By the power of the Dragons this ritual has ended and the circle is now open.

(Below: 4 photos from the Sydney blot)





CANBERRA FULL MOON BLÓT IN PISCES

The Canberra Blót followed the same format as outlined above in the Sydney ritual.



Canberra altar

NOWRA FULL MOON BLÓT IN PISCES



Nowra altar

