

SPHERES OF LIGHT



FULL MOON IN LEO - 18TH FEBRUARY 2022

Full Moon in Leo 18/02/22

This is a very interesting full moon that serves as a bridge between the dominant energetics of the first month of 2022, and the upcoming months. At 27 degrees Leo/Aquarius (17/2/22 3:56am), the full moon itself is the final aspect that the moon makes in Leo, which in essence makes this a “void of course” full moon. This reinforces it as a time to clean up loose ends, and to work on resolving any inherent tensions we may be experiencing. This will serve us very well when we feel called to take bigger risks and rely on both our faith and our pragmatism, in the upcoming months.

Create an astral temple in Asgard - How do we visualise it in our own minds? We will set it up as a permanent temple in the astral and then we can link in when we do live circles.



Goddess SOL

Sól (Old Norse: [ˈsoːl], “Sun”) or Sunna (Old High German, and existing as an Old Norse and Icelandic synonym) is the Sun personified in Germanic mythology. In Norse mythology, Sól is attested in the Poetic Edda, compiled in the 13th century from earlier traditional sources, and the Prose Edda, written in the 13th century by Snorri Sturluson.

In both the Poetic Edda and the Prose Edda she is described as the sister of the personified moon, Máni, is the daughter of Mundilfari, is at times referred to as Álfröðull, and is foretold to be killed by a monstrous wolf during the events of Ragnarök, though beforehand she will have given birth to a daughter who continues her mother's course through the heavens. In the Prose Edda, she is additionally described as the wife of Glenr.

According, to some versions of their story, Sól and Máni were born specifically to give light to the world and allow men to mark the passage of time. When the world began, they did not know where to travel so Odin had to show them the proper path to take across the sky.

According to the Norse people, each day the goddess Sól drove the chariot of the sun across the sky. At night, her brother Máni took the same trip with the moon. Sól and Máni did not travel alone, however. Sól was chased by a ravenous wolf named Hati while Máni fled from Hati's sister, Sköll. The wolves were the children of Fenrir, the monstrous son of Loki, these wolves tried each day and night to devour Sól and Máni. Sadly, at the Ragnarök, both Sól and Máni would lose their long-lasting race across the sky. They would be caught by the pursuing wolves and devoured.

Sol Invocation

Hail the rising of the Sun,
Great Goddess Sol, Bestower of all good things,
Help us to follow your daily rhythms,
For You are wise and Your presence blesses us all.
Hail!

Altar

The Goddess Sol prefers offerings of fruit and fruit juice. Colours which represent her on the altar space are gold, yellow, white, red and those of summer tones.

Sowilo – Rune Meaning

Mundane: sunlight, fire, meeting of goals, confidence, taking action.



Divinations: Guidance, hope, success, goals, honour, life purpose, faith in outcomes; or false goals, bad advice, false success, gullibility, loss of goals.

Governs: Transmutation of thought into energy for action.

Increase in spiritual will and optimal health. Guidance through the pathways, “enlightenment”. Victory and success through individual will.

It is the rune of the sun. It is the counterforce to cosmic ice in the rune Isa. Sowilo represents the force of fire in the physical and mental world. It promotes invigoration, dedication, optimism, and persistence in any endeavour. It will ward against the harmful opinions of others to keep the heart focused on its purpose.

Activity – discussion on how we harness the power of the sun to motivate and empower us to achieve our goals and ambitions.

FULL MOON BLÓT

Cleansing

As we move into the circle, we will cleanse through sage and adjust our thoughts and enter into our sacred space. We will visualise and connect to our astral temple and the Gods in Asgard.

The person hosting the circle walks the circle three times, cleansing the space saying, “By the power of the Dragons may this circle be blessed, cleansed and sanctified.”

The person hosting will ring a bell or strike a drum to signify the start of the ritual.

Honouring the Directions

South

Take the hammer and make the sign of the hammer facing South
As you make the sign of the hammer (an inverted down T) say,

Hammer in the South hallow and hold this holy stead.

North

Take the hammer and make the sign of the hammer facing North. As you make the sign of the hammer (an inverted down T) say,

Hammer in the North hallow and hold this holy stead.

East

Take the hammer and make the sign of the hammer facing East. As you make the sign of the hammer (an inverted down T) say,

Hammer in the East hallow and hold this holy stead.

West

Take the hammer and make the sign of the hammer facing west. As you make the sign of the hammer (an inverted down T) say,

Hammer in the West hallow and hold this holy stead.

Above

Take the hammer and make the sign of the hammer raising it above. As you make the sign of the hammer (an inverted down T) say,

Hammer in the Above hallow and hold this holy stead.

Below

Take the hammer and make the sign of the hammer holding it below. As you make the sign of the hammer (an inverted down T) say,

Hammer in the Below hallow and hold this holy stead.

Invocation to Thor

Thor, Lord of the Hammer!

Lord of the Storm!

We ask for protection and removal of all evil and unwanted entities from this ritual space!

Hail!

Invocation to Sol

Hail the rising of the Sun,

Great Goddess Sol, Bestower of all good things,

Help us to follow your daily rhythms,

For You are wise and Your presence blesses us all.

Hail!

Goddess Sol I invoke you in all your names! May you bear witness to our celebrations this day in your honour! May your presence be felt. May you partake and celebrate with us! Hail!

Face south, and the circle and declare why you are there, what you are thanking the gods for, what you are asking from them, etc.

We are here today to give honour to Thor and Sol, to the gods and goddesses of my folk for the many gifts that they have bestowed upon us. I ask that they continue to bestow their gifts upon us.

Goddess Sol Meditation

The SHAMANIC DRUMS + DEEP TRANCE HUMMING MEDITATION music in the video below can be used for this meditation. (Right-click and open video in a new tab or new window.)



We begin this meditation with drawing the fire in the core of the earth up through your feet, and up into the solar plexus —the I am, the power of our core, the power of our radiance. It is from the solar plexus the power is raised within us. Take a deep breath in, breathe deeply into your core. Hold the sacred power that is in you, the seat of your soul. Now release. Release your stress and anxiety from your body. Release all doubt and fear.

Feel your core power rising within you, feel the fire igniting your energy and feel your vibration rising to new levels until you feel your whole being is shining a new bright radiance. Visualise that you are lying on the ground somewhere, perhaps the beach or in nature, staring up in the sky noticing the movement of the sun, moving from east to west.

As you are looking at the sky there appears to be a glow in the sky which becomes brighter and grows bigger until you clearly see a chariot driven by two horses. The chariot seems to be leading the sun across the sky. An illuminated being is holding the reigns of the horses. She is the Goddess Sol, the Sun Goddess, and she invites you to join her on her chariot.

Goddess Sol asks you what new fire, what new passion would you like to bring into your life? Before you can join her on the chariot you must rid yourself of all the unwanted and negative energies of the past. See the unwanted negative energy as a shadow and leave it behind you as you step up on the chariot.

As soon as you step on the chariot the horses move high into the sky at incredible speed. You look over your shoulder and you can see the burning sun following. As you move through the sky you feel your

core power expand, the fire within is expanding moving out through your body and into your aura so that you look like a shining ball of fiery light.

As you move higher in the atmosphere you realise you are at the rim of the different realms and also at the rim of all possibilities. The Goddess Sol suggests you use this moment in time to look at what is a passion that you would like to pursue. This is a time of pure clarity; you are safe under Sol's protection and can use this time to do some deep exploration of your own unique power. Take some time to consider your options as you lead the sun on its westward journey.

The Sun is close to reaching its point of decline and it is time for you to return to earth, you thank Sol for taking you on this journey. Sol gives you a beam of light of the sun to empower you over the next 12 months. You place this beam of light into your core and immediately feel its energy and strength. You thank her for her gift and soon the chariot arrives back on earth where you alight and then see the chariot speed off into the setting sun. Just bring your senses back into your body and awareness, wriggling your fingers and toes and when you are ready, opening your eyes

Activity – discussion on how we harness the power of the sun to motivate and empower us to achieve our goals and ambitions.

Sacrifice

Declare what you are giving to The Holy Powers as a sacrifice, and why. Ask them to bestow their blessings upon you. Pour the sacrifice into a horn or drinking vessel and raise it aloft and say:

We give you this drink, blended with the might and main of our deeds, take well our gift, but not as from a thrall, for we have no master, but as from free people and as a sign of our kinship and fellowship. We ask that you imbue this drink with your gifts and blessings!

Drink some of the offering to metaphorically take in the blessings of the divine. Make the sign of the hammer over the horn. Pour the remaining liquid from the horn into the blessing bowl.

Make the sign of the hammer over the bowl.

Take your sprig, swirl it energetically over the bowl. Shake the sprig over the gathered folk and say:

The blessings of Thor and Sol be upon you. Hail!

Giving

Remove the bowl to outside and face south and pour the remaining liquid onto the earth and say:

Thus the work is once again wrought, and gifts have been given, each to the other as it must always be. May it strengthen our folk to trust in the might and main of Asgard, Vanahiem and all the Nine Worlds. May the gods and goddesses, as well as the ancestors guide our steps and may Thor's hammer protect us. Hail!

Closing

Declaring that the blót is done, raise hands in the sky and say:

Hail! Thor, protector of the people and Sol, hail the rising sun. (Touch Mjölfnir (the hammer) and the blót is done.) **Hail and Farewell**

By the power of the Dragons this ritual has ended and the circle is now open.

