

Spheres Of Light



Full Moon in Taurus ~ 19th November 2021

Taurus Full Moon (19/11/21 7:57pm) **and Partial Lunar Eclipse** (5pm-8pm-11pm)



Lunar eclipses bring massive endings, turning points and revelations to our lives. They often trigger destined or fated events to occur, depending on one's zodiac sign. This Partial Lunar Eclipse will be the longest one of this century!

To better understand this Full Moon we have to take a deeper look at Scorpio and Taurus signs. Both Scorpio and Taurus bring us to the present moment and help us go through our fears and insecurities. They both use resources as a foundation for building their worlds. They help us invite more abundance in our lives and understand how to value our own capabilities and talents.

While Taurus experiences the world through physical senses, Scorpio uses her internal energetic resources. This is the quality of a true alchemist, able to transform and renew from the ashes. Scorpio fully relies on her inner trust to allow growth and self-mastery.

Taurus energy is concerned with practicality, sustainability, and nurturing, anything that needs to grow. In Taurus, we at times cling to our comfort zones and fear of the unknown. This Full Moon is here to help us to release these feelings and allow more inner trust and confidence while relying on our intuition.

The energy of this Full Moon and Partial Eclipse helps us release false paradigms we have about our own self-worth, our creativity, and our spiritual awareness.

The sign of Taurus likes stability, predictability, and routines. But currently Uranus - the planet of disruption, chaos and awakening - is moving through Taurus and will meet with this full moon. Under this influence, we might experience inner turbulence and emotional twists and turns as Uranus always shakes things up.

The Earth sign Taurus is also connected to nature and Mother Earth. Connect to the soothing and healing energies of nature to support yourself if things feel intense. In these times of Awakening, we are learning how to live emotionally and find stability during great change.

What we often forget that we as humans are an essential part of nature. We are made of this earth and when we die, our bodies go back to the earth. Just like mother earth we are a part of a continual evolutionary process of death and rebirth. Every cell within us dies and replaces itself every 7 years. This

Taurus Full Moon gives us an opportunity to refocus our life, to refresh ourselves and rejuvenate. When we are fully connected to the Earth and we are in sync with the heartbeat of the earth then we can fully rest and release and then we can recover.

Spiritual Rejuvenation

Are you feeling stuck, anxious, detached or depressed? For the past two years our lives we have been affected by lockdowns and fear. But is now time to breathe new vitality into our bodies and every aspect of our life? This sounds good, but how do we do it? How do we make the necessary changes to renew and rejuvenate our entire life?

Obviously, it's a lot easier said than done, both the destruction of old ways and the construction of new ways of living are needed now for spiritual renewal. So, it's better if you allow this flowing of Spirit to create both death and rebirth in your life so that these transformative cycles can clear out the internal clutter and make room for growth.

Rejuvenating your Body, Mind & Spirit unbinds you, releasing those parts of you that are enslaved. Your fears and anxieties lose their power to tie you down. As you truly surrender to this creative influx, you synchronize your Spirit to the dancing universe, the cosmic flow.

Things you can do to rejuvenate yourself:

- Spend time in nature
- Connect to the earth with bare feet
- Meditate regularly
- Do regular chakra balances
- Regular exercise
- Do regular cleansing rituals e.g salt and water baths or use salt and water sprays

Watcher – Lucifer the light bringer will be overseeing this ritual.

Ancient Healing with Salt & Water

Every civilization to walk on this Earth have all had very similar ideas about the magical properties of salt. Since the days of ancient China, Egypt, Greece, and Rome, Salt has been used for various remedies, rituals, protection and cures; whether it is performing ceremonial baths, or the cleansing of crystals, clearing homes or other buildings of negative energy; the use of purification with Salt and its ability to cleanse ourselves of negativity and draw away negative energy has been known, trusted and used worldwide for many thousands of years.

Salt & Water Cleansing Exercise

Add salt to some water, hold the container in your hands and place your intent for cleansing. The intent can be specific or in general. It simply can be a cleanse to release all forms negativity. Anoint each of your chakras starting at the crown chakra and visualise the salt and water cleansing each chakra moving right down to the earth star chakra below your feet. Then place a couple of drops on your palms on your hands and in downward strokes cleanse your aura.

The Ritual

CLEANSING / BANISHING

Before moving into the circle we will stand behind our chairs, feet slightly apart, arms to our side. We will connect to fire at the core of the earth, bringing it up through our feet moving it through our bodies/chakras with the intent to cleanse our bodies, mind and spirit of any negativity and blockages. We will then move the fire into our astral bodies cleansing and removing negativity. We will then move the fire into the hall circulating the fire throughout the hall cleansing it of any negativity.

*The person hosting the circle to walk the circle three times cleansing the space with Frankincense saying, **By the power of the Dragons may this circle be blessed, cleansed and sanctified.***

OPENING THE QUARTERS

*The person hosting will ring bell before and after each quarter call. Everyone will project hand with flaming violet pentagram for each quarter call. **Each person opening the quarter will say the description of the Gatekeeper out aloud so people can fully connect to each Gatekeeper.***

SOUTH - GREEN - EARTH

Face South and say: See the Gatekeeper as a representation of death, birth and manifestation. Sense the figure's groundedness, fertility, materiality, potential, and stillness.

**Gatekeeper of South and Earth
Bringer of Magic, Faith, Occult knowledge
Bless this circle with your presence,
We humbly seek your guidance and
protection this night
Hail and Welcome**

EAST - YELLOW - AIR

Face East and say: Feel the lightness and the flow of air from the Gatekeeper. Sense the crispness and the clarity and inspiration that air embodies. Fill the Gatekeeper before you with all of the qualities of air-ness.

**Gatekeeper of East and Air
Bringer of Wisdom, Eloquence, Inspiration
Bless this circle with your presence
We humbly seek your guidance and
protection this night
Hail and Welcome**

NORTH - RED - FIRE

Face North and say: See the flames emanating from the Gatekeeper. Sense the heat radiating around you. Fill the Gatekeeper before you with all the qualities of fire.

**Gatekeeper of North and Fire
Bringer of Nobility, Power, Enthusiasm
Bless this circle with your presence
We humbly seek your guidance and
protection on this night
Hail and Welcome**

WEST - BLUE - WATER

Face West and say: See the Gatekeeper encapsulated in water. Sense the Gatekeeper's connective energies and intuitive senses expanding around the circle.

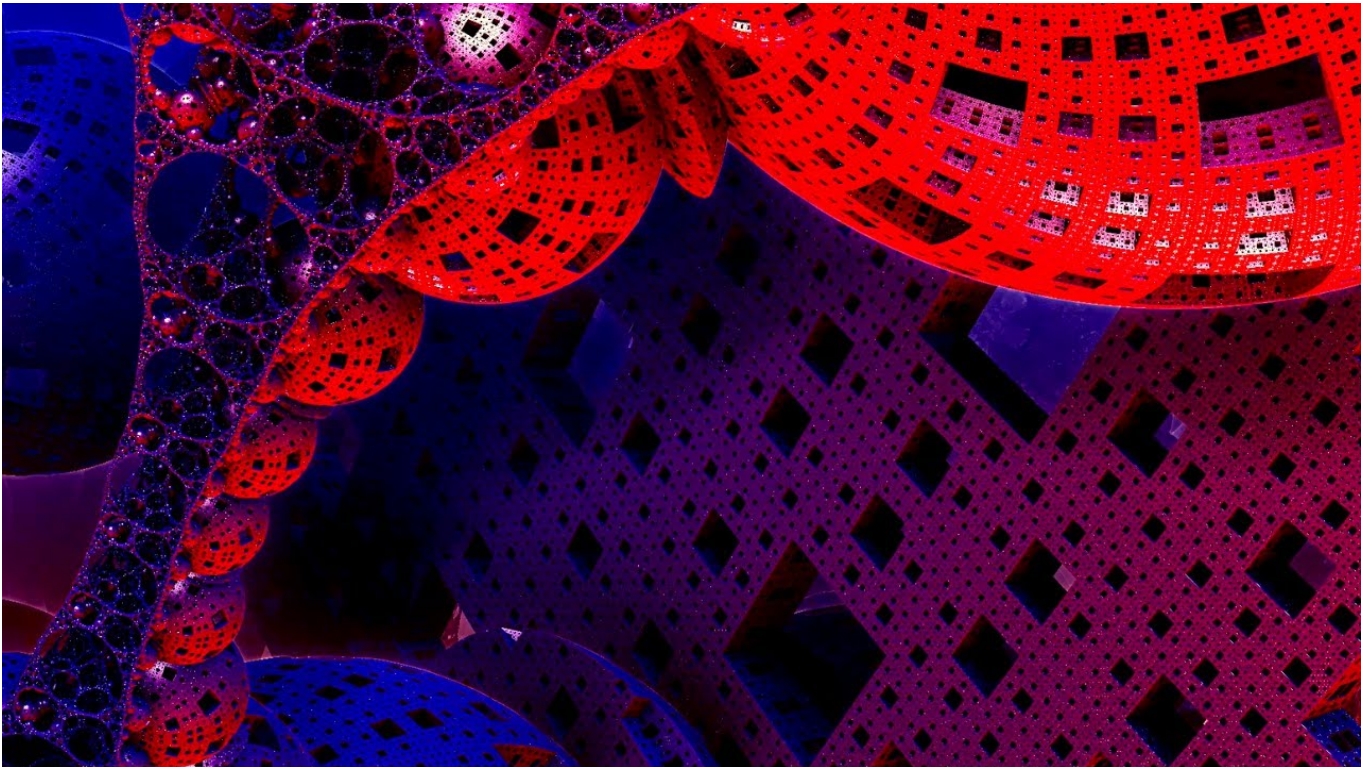
**Gatekeeper of West and Water
Bringer of the Unconscious Mind, Intuition
and Emotion
Bless this circle with your presence
We humbly seek your guidance and
protection on this night
Hail and Welcome**

*Walk the circle sunwise (anti-clockwise) with wand/athame and say, **The circle is cast and we are now between worlds.***

THE INVOCATION OF LUCIFER

Hail to the Light Bringer! Hail to Lucifer!
Hail to He who rides the Dawn!
To the Great Shining One I now call!
I call on you to open the gates to the Path of the Dragon
Reveal to us secrets lost and forgotten
The Wisdom of the Watchers
I welcome you in my Heart
Show me the keys to your Stellar Gates My Lord
And guide me on the paths of Limitless Power
Hail & Welcome

Music for the Rejuvenation Meditation



<https://youtu.be/4tMZSxXZA38>

Rejuvenation Meditation

Sit comfortably and quietly with your eyes closed. Take a deep breath in and let go of all the cares of the day.

Take another deep breath in; as you breathe out become aware of your flesh and bones. Just by bringing your awareness to your flesh and bones you can bring the earth element in the body into balance. Feel the stability that comes when the earth element is in balance. You feel grounded and rooted like a tree, able to withstand all the challenges life brings your way. Feel the centre of the Earth within the centre of you. Feel its warmth moving through your whole body. Surrender your whole self to the earth.

Take another deep breath in; as you breathe out become aware of the blood rushing through your veins. Bring your awareness to the fluids in the body as you bring the water element into balance. Feel the flexibility that comes when the water element is in balance. That flexibility will help you to navigate all the

concerns of your day. Feel the blood moving through your veins and arteries as the river flows through the earth.

Take another deep breath in; as you breathe out become aware of the warmth in your body. Bring your awareness to the warmth in your body as you bring the fire element in the body into balance. Feel the heat of the earth within your core. Feel the energy that comes when the fire element is in balance. You feel alive, creative, and able to find solutions to your problems.

Take another deep breath in; as you breathe out become aware of the air moving out of your lungs. Bring your awareness to your breath as you bring the air element in the body into balance. Feel the harmony that comes when the air element is in balance. You feel alive and inspired.

Take another deep breath in; as you breathe out become aware of the space in your mind. Bring your awareness to the space in your mind as you bring the space element in the body into balance. Feel the peace that comes when the space element is in balance. You feel anchored in the present moment.

Take another deep breath in and let go. You are a part of the same five elements that exist in nature. You are nature, now experience the feeling of being in harmony with nature within and around you. (Take 5 minutes feeling the elements within you and as part of nature)

Now see the earth from space in all her beauty. Now project yourself into the earth and become the earth.

Take a deep breath in; as you breathe out become aware of your structure, the soil and the rocks that sustain you. Allow yourself to feel the soul of the earth, her heartbeat, feel that heartbeat in harmony with your own. Just by bringing your awareness to your structure you can bring the earth element into balance. Feel the stability that comes when the earth structure is in balance.

Take another deep breath in; as you breathe out become aware of oceans and water systems. Bring your awareness to the water element as you bring it into balance. Feel the sensation of water cleansing your body mind and spirit, taking away all your negative emotions and any toxicity that had been keeping you stuck. Feel the flexibility that comes when the water element and your body is in balance.

Take another deep breath in; as you breathe out become aware of the warmth in the earth. Bring your awareness to the heat emanating from the core as it burns away any stagnant energy and brings the fire element into balance. Feel the energy that comes when the fire element is in balance.

Take another deep breath in; as you breathe out become aware of the air around the earth, feel the soft breezes of the four winds. Feel the winds clearing your mind moving away any negative thought forms. Bring your awareness to your breath as you bring your mind the air element into balance. Feel the harmony that comes when the air element is in balanced and purified.

Take another deep breath in; as you breathe out become aware of bring all the elements on earth into balance. Bring your awareness of balance reinstating in all its creatures and humanity. Feel the peace that comes when the earth is in balance. (Take 5 minutes seeing the earth coming into balance)

Take another deep breath and become aware of your body in balance with the earth, feel yourself as part of nature all living in peace and harmony. Picture yourself in nature in a place of great beauty. A place of peace and find yourself a comfortable place to lay directly on the earth. Allow yourself to connect to the energy of the earth and all its elements. Just be in that moment and let the natural forces rejuvenate and energise your body, your emotional states, your mind and your soul. Just allow what sounds and images come to you.

Now you are feeling calm and rejuvenated allow feel your whole being be totally revitalised, you feel fresh, you feel renewed. Take another deep breath and bring your awareness back into your room, assimilate all that you have experienced. Feel the energy of your body and when you are ready wriggle your fingers and toes and when you are ready open your eyes.

Ritual Closing

LUCIFER CLOSING

Hail to the Light Bringer! Hail to Lucifer!
Thank you for revealing to us secrets lost and forgotten,
The Wisdom of the Watchers.
Thank you for showing us the keys to your Stellar Gates My Lord
And guiding us on the paths of Limitless Power
Hail and Farewell

CLOSE THE QUARTERS

WEST - WATER

Gatekeeper of West and Water
Bringer of the Unconscious Mind, Intuition and Emotion
Thank you for your presence and protection tonight
Hail and Farewell

NORTH - FIRE

Gatekeeper of North and Fire
Bringer of Nobility, Power, Enthusiasm
Thank you for your presence and protection tonight
Hail and Farewell

EAST - AIR

Gatekeeper of East and Air
Bringer of Wisdom, Eloquence, Inspiration
Thank you for your presence and protection tonight
Hail and Farewell

SOUTH - EARTH

Gatekeeper of South and Earth
Bringer of Magic, Faith, Occult knowledge
Thank you for your presence and protection tonight
Hail and Farewell

Person who is hosting the ritual says:

By the power of the Dragons this ritual has ended and the circle is now open.

