

The Dragon Path of Ynys Witrin



Dark Moon Circle ~ 5th November 2021

Scorpio Dark Moon Beltane – the Darker Aspects



The New Moon in Scorpio

We're in the midst of Scorpio season, one of the most intense parts of the astrological year. It can be chaotic, but ultimately this time of year will inspire us to release the past and make way for the future. And the new moon in Scorpio, makes that distinctly scorpion-like desire for a transformation even stronger. New moons always symbolize beginnings and fresh starts, but with this double dose of Scorpio energy, we simply won't be able to ignore our drive to create change.

Scorpio, as a sign, is pretty emotional, so this week may bring up some intense feelings. Don't back down. "Deeply buried emotions can be triggered during this new moon, and the best way to deal with them is by allowing them to come out, as uncomfortable as it feels Unlock Your Luminary Power. This is especially true because this luminary is ruled by both Mars and Pluto, which are the two most intense planetary energies. "Together, they will work hard to help us release fears and insecurities — but we must dare to go deep and explore some of our shadow side in order to get there.

We all have a dark side, one that we often shy away from or try to hide. But this new moon is inviting us to look that part of ourselves square in the eye. The best way we can get through this emotional new moon is to face our inner, darker selves head on to see where and how we can move forward. Do something productive to let out your emotions, like journaling or even heading to a rage room — anything that helps you release your innermost feelings.

Of course, as we know, new beginnings go hand in hand with endings. "For some, this new moon will coincide with breaking away from things and individuals you feel are standing in your way. This can be the ending of a something out of the blue. Just be prepared for the unexpected.

Darker Aspects of Beltane

Beltane, like Samhain, is a time when the veil between the worlds is thought to be thin, a time when magic is possible. Whereas Samhain revellers must look out for wandering souls of the dead, Beltane merry-makers must watch for Fairies. Beltane is the night when the queen of the fairies will ride out on her white steed to entice humans away to Fairyland. If you hear the bells of the Fairy Queen's horse, you are advised to look away, so she will pass you by; look at the Queen and your sense alone will not hold you back. Communicating with the fae can be dangerous as they are not here to assist humans. Humans can get trapped in a time warp if they are not careful.

Beltane was also a time of sacrifice in ancient times. Human sacrifice and offerings were made, and the ritual would be followed by rejoicing and festivities of all kinds to ensure success of the harvests and protection from invaders. In recent centuries the sacrifices were replaced by token offerings.

Beltane's Shadow Side

Beltane is a time where the year turns from dark to light. On the surface we see Beltane as a celebration of Summer and Light, however Beltane has a layer about celebrating the dark as we move into the light. If we look at the folklore we find stories relating to sexual unions, to the dangers of the fae and witches. As we move into the light we should appreciate the value of our shadow.

If the light is about rational thought and logic, about seeing clearly and gaining new insight, then the dark is about pure feeling and dreams, about sensing clearly and intuitive connections. It is about primal rhythms and cycles. It is instinctive. The darkness of Beltane is the force that urges procreation. It is the thrill in the shadowed night that urges us to be daring, to risk, to dream. If the light is the mind and the higher self then the dark is the body and the unconscious.

In seeking truth in darkness, in descending into the body, into the primal physical self, we ultimately transcend our individual limitation to connect to something greater. In a world where we are so often told to be dissatisfied with our physical selves, to see our bodies as challenges to spirituality, turning around and loving ourselves as we really are, even if that isn't perfect. Light is not perfection; darkness is embracing the beauty within ourselves in the present.

Beltane is a celebration of the dark and the light. Embracing the dark themes of Beltane means embracing the more physical, primal aspects of the holiday. Celebrate the joys of the flesh, whatever that is. Appreciate your body within your own sense of sacredness. Connect to the raw earth, ground yourself into your earthiness and simply be in the moment.

Pebble Spell

Take 3 pebbles/crystals and assign each one a specific goal you would like to achieve over the next 12 months. Taking each stone hold it over your third eye and empower it with light and your goal intent. As you are programming the pebbles add power by saying the chant for each stone.

New moon so dark in the sky
Grant me your energy to magnify
The new and the good coming to me
So by the stone power of three
May my goals now become a reality
So mote it be.

Beltane Meditation

Begin to allow your body to relax. (pause) Inhale, and relax. Exhale, releasing your tension from the day. Relaxing every portion of your body. (pause)

Focus on the sound of your breathing as you completely and totally relax. (pause)

Listen carefully to the sound of your breathing as other sounds begin to fade into the distance. (pause)

Let your tensions begin to melt and release, flowing down through your body. As you release the tension it turns to liquid and you feel it drain, down through your legs and out the bottoms of your feet. (pause)

Imagine a crystalline light of energy, the colour of your choosing spinning above your head. Begin to pull this light into the top of your head, drawing it down until your entire body is full of bright, crystalline light. (pause)

Begin to push the light to the outside of your body until you are surrounded by light, just like a protective cocoon. (pause)

Visualise you are standing at a large wooden door. You open the door you step into a hallway. At the end of the hallway, you see another door and you move towards it (pause)

When you reach the end of the hallway you open the door and before you is a rolling meadow of green. (pause)

The sun is shining brightly and the sky is a wonderful blue filled with billowy clouds. (pause)

You feel a warm breeze brush your face and you hear the songs of the birds about you. All is peaceful and safe. (pause)

As you walk across the meadow you notice your shadow behind you. You stop and look at your shadow and think about those aspects that are hidden from you but are an integral part of your being. Acknowledge your shadow and open your mind to its potential, to your creative potential.

As you move forward in contemplation you notice a dense forest of green ahead. As you walk into the forest you know that you are alone but completely safe. (pause)

The sunlight shines through the trees, and dances along the path, making patterns of light all around you. (pause)

You continue, deeper into the forest and you come to a clearing. (pause)

Flowers begin to appear with rich beautiful colours and an intoxicating fragrance fills the air. (pause)

You hear a gentle rush of water from a stream nearby. (pause)

Walk to the stream. The water is clear and warm. (pause)

Gather from the stream 3 stones that grab your attention. (pause)

Hold them and feel their power and energy. (pause)

Hold each stone in turn and call on their magic to help you achieve one goal per stone. (pause)

Place your stones at special place to remind you of your goals. (pause)

As you glance at the forest, you feel that you are being watched by the Gatekeepers of this ancient wood, they are the fae, the elementals of this land. They inhabit this realm beyond the veil. You honour their presence by bowing in respect.

The GateKeepers offer you some advice in return as you stand at the boundary between their world and yours. You do not move through the veil but take note of their advice.

For a short while you have a glimpse of the world of the fae, observing from a distance. Just enjoy the moment and when it is time I will call you back.

It is now time to return to the present. You leave the ancient forest and then you dance across the meadow bringing with you the magic and the serenity of the ancient wood and its fae inhabitants.

Soon you find yourself at the wooden door and as you open it you move back into your room and chair. When you are ready assimilate all that you have experienced and then open your eyes.

