

Spheres Of Light



Yule & Full Moon in Capricorn 25th June 2021



Spheres Of Light will be combining the celebration of Yule and the ritual of the Capricorn Full Moon. At this time of year, the Divine Light reaches the inner most centre of the globe, impregnating the Earth with its Life. It is the birth of the Sun, and creates a new growth cycle; the Earth and all beings are made ready for a fresh beginning.

The Full Moon in Capricorn (25/6/21 4:39am) with Sun in Cancer is all about the structures, work, and goals you make in regards your life, security, and home. At this juncture you have the cosmic energies with you to start moving into the bigger picture of your purpose on Earth and what you are here to achieve from the level of yourself as a Co-creator.

Full Moon Workings

We will be celebrating Yule on this night. We will be decorating the altar for Yule with candles and Yule symbolism. The supper will reflect a Yule feast. The Watcher will be Lucifer, the bringer of light. Lucifer fits in with the Yule concept of the return of the light. Our emphasis will be the return of the light, return of hope etc. The activities and meditation based on the return of the light.



Canberra Circle — Introduction

Full Moon Information

The Capricorn Super Full Moon brings waves of energy that are mixed in feeling and in frequency. We may feel all over the place or pulled in many directions, but thankfully, the grounding earthiness that Capricorn holds will help to keep us in our centre and in a place of calm stability as we navigate the energies.

Full Moons, especially Super Full Moons, have the ability to draw things out of us. They act as a magnet, pulling out all that is no longer necessary or needed. Sometimes this release can feel cathartic and welcomed, and other times it can feel intense.

We may find ourselves moving in-between these two states under the influence of this June Super Full Moon. We may be able to feel the relief that comes when our Spirit is cleansed and lifted, but we may also feel the intensity of the release we are experiencing too.

There is a duality to the energies we feel on this June Full Moon. We may not know if we are coming or going or exactly what to feel, or how to progress. That is the nature of this Full Moon. It brings wildcard energy, stirring things until we are unable to see clearly ahead. It does not do this to annoy, but rather to get us to slow down and see things from a different vantage point. When the dust finally settles and the room stops spinning, we can see where we have landed. We can also see what has been broken during our spin and what has stood the test of time.

Capricorn energy supports us in creating a life with a strong and solid foundation. Capricorn energy naturally nurtures things that are designed to stand the test of time, so we may find ourselves naturally drawn to focus on these aspects of our lives.

Under the Super Full Moon of June, things may spin, we may feel a little scattered and all over the place, we may feel our moods pushed and pulled in different directions. We may even observe those painful regrets rising to the surface in order to be looked at.

But wherever we find ourselves, whatever comes up for us, it is the nature and adventure of life.

Let yourself see it from that lens. Let yourself let go of the seriousness of it all and welcome the idea that we are simply on an adventure of learning. Remind yourself of these words by Eckhart Tolle- "Life is not as serious as the mind makes it out to be," and hold close to your heart that you deserve your forgiveness.

(From <https://foreverconscious.com/intuitive-astrology-capricorn-super-full-moon-june-2021>)



Canberra Circle's Altar

Yule Information

The Pagan celebration of Winter Solstice (also known as Yule) is one of the oldest winter celebrations in the world. Ancient people were hunters and spent most of their time outside. The seasons and weather played a very important part in their lives. Because of this many ancient people had a great reverence for the sun. The Norseman saw the sun as a wheel that changed the seasons. The ancient Romans held a festival to celebrate the rebirth of the year called Saturnalia which ran for several days.

The Winter Solstice falls on the shortest day of the year and was celebrated in Britain long before the arrival of Christianity. The Druids would cut mistletoe that grew on oak trees and give it a

blessing. It was also the Druids who began the tradition of the yule log. The Celts thought that the sun stood still for twelve days in the middle of winter and during that time a log was lit to conquer the darkness, banish evil spirits and bring luck for the coming year.

The Ritual

CLEANSING / BANISHING

Before moving into the circle we will stand behind our chairs, feet slightly apart, arms to our side. We will connect to fire at the core of the earth, bringing it up through our feet moving it through our bodies/chakras with the intent to cleanse our bodies, mind and spirit of any negativity and blockages. We will then move the fire into our astral bodies cleansing and removing negativity. We will then move the fire into the hall circulating the fire throughout the hall cleansing it of any negativity.

*The person hosting the circle to walk the circle three times cleansing the space with Frankincense saying, **By the power of the Dragons may this circle be blessed, cleansed and sanctified.***

OPENING THE QUARTERS

*The person hosting will ring bell before and after each quarter call. Everyone will project hand with flaming violet pentagram for each quarter call. **Each person opening the quarter will say the description of the Gatekeeper out aloud so people can fully connect to each Gatekeeper.***

SOUTH - GREEN - EARTH

*Face South and say: **See the Gatekeeper as a representation of death, birth and manifestation. Sense the figure's groundedness, fertility, materiality, potential, and stillness.***

Gatekeeper of South and Earth

Bringer of Magic, Faith, Occult knowledge

Bless this circle with your presence,

We humbly seek your guidance and protection this night

Hail and Welcome

EAST - YELLOW - AIR

*Face East and say: **Feel the lightness and the flow of air from the Gatekeeper. Sense the crispness and the clarity and inspiration that air embodies. Fill the Gatekeeper before you with all of the qualities of air-ness.***

Gatekeeper of East and Air

Bringer of Wisdom, Eloquence, Inspiration

Bless this circle with your presence

We humbly seek your guidance and protection this night

Hail and Welcome

NORTH - RED - FIRE

*Face North and say: **See the flames emanating from the Gatekeeper. Sense the heat radiating around you. Fill the Gatekeeper before you with all the qualities of fire.***

Gatekeeper of North and Fire
Bringer of Nobility, Power, Enthusiasm
Bless this circle with your presence
We humbly seek your guidance and protection on this night
Hail and Welcome

WEST - BLUE - WATER

Face West and say: See the Gatekeeper encapsulated in water. Sense the Gatekeeper's connective energies and intuitive senses expanding around the circle.

Gatekeeper of West and Water
Bringer of the Unconscious Mind, Intuition and Emotion
Bless this circle with your presence
We humbly seek your guidance and protection on this night
Hail and Welcome

*Walk the circle sunwise (anti-clockwise) with wand/athame and say, **The circle is cast and we are now between worlds.***

THE INVOCATION OF LUCIFER

Hail to the Light Bringer! Hail to Lucifer!
Hail to He who rides the Dawn!
To the Great Shining One I now call!
I call on you to open the gates to the Path of the Dragon
Reveal to us secrets lost and forgotten
The Wisdom of the Watchers
I welcome you in my Heart
Show me the keys to your Stellar Gates My Lord
And guide me on the paths of Limitless Power
Hail & Welcome

Meditation

[The purpose of the meditation](#)

Before we begin, I would like you to focus on general aspects of your life specifically regarding your life, security or your home. I would like you to think of something you are struggling with, something difficult to start, lacking motivation or impetus.

Keep this in mind, in the back of your mind during the meditation.

[Box Breathing](#)

(Explain box breathing)

[The meditation.](#)

Keep your eyes open and let yourself relax.

We're going to start with box breathing.

Breathing 1 2 3 4

hold 1 2 3 4

breathe out 1 2 3 4

hold 1 2 3 4

Remember to keep this breathing pattern and count going in your mind.
With each breath your vision slowly goes out of focus, slowly fades.
Let your eyes slowly close.

In your mind you see yourself lying on floor. You can feel the floorboards underneath your back, arms and feet.

Remember to breathe 2 3 4.

Your body is feeling heavy. Your body is slowly being drawn through the floor. First your feet slip through the floor. Then your knees thighs and hips follow. With each breath you feel your body passing into the earth.

Then your chest shoulders and arms. It's warm comfortable and safe. And lastly your neck and head slip gently below the floor.

You feel yourself slowly sinking through the ground through the soft earth the bedrock the entire time you are feeling safe and supported.

Your descent is slowing, slowing. You have stopped. You notice the ground becoming solid, it is forming beneath you. The space around you dissolves. You find yourself in another place.

Looking around at the landscape you notice the sun is low in the sky; it is a perfect midwinters afternoon.

You notice all manner of plant life and wildlife large and small; some are familiar, some your imagination...

You notice the vegetation, the ground and the rock. Feel the cool rough texture of the ground beneath your feet.

You breathe deeply. Can you catch the rich scent of the nearby flora? You feel the gentle breeze against your skin and you taste the scent carried on the breeze. You feel at one with your surroundings.

Take your time to explore.

Shortly you notice the sun is sinking closer to the horizon. This time of year it will soon be dark.

Find somewhere to sit so you can watch the setting sun give way to the night sky.

As the sun sinks you notice the changes in colour. Oranges and reds changing to pinks and purples, slowly shifting to deep midnight blue. As the sun disappears the night sky forms. No stars have appeared.

You are gazing at a perfect starless night sky. Without moonlight, starlight, the flora and fauna have melted into the darkness.

Just above the horizon you see a single point of light, it is the evening star. Slowly it grows brighter and larger before your eyes. With each breath it grows in size and intensity. It soon becomes so bright that you need to shade your eyes from the light. You can't seem to pull your eyes away when the intensity grows and grows.

You can see a shape forming like a shadow.

The light grows to such size and intensity that you find yourself and the surrounding area completely enveloped. The light's intensity increases, until every cell in your body is touched by this light.

You sense a presence; you can see a shape forming like a shadow. You know this presence has brought this light. The form come into focus. Before you stands Lucifer.

He greets you, smiling.

He asks you to communicate the goal or task that you are struggling with.

As you are doing this you feel something form and solidify in your right hand.

He asked you to place your hands together and before you.

He then places his hands around yours — one above, one below your hands. A golden light radiates from his hands flooding your hands and the object inside.

The object has now become a spark, the spark of creativity inspiration and motivation. You open your hands and view the object, note the form it has taken, its weight, size, colour.

You watch Lucifer guide your hand, open your chest. The object slowly dissolved into the light, watch as it engulfs you and becomes part of your being.

Raising your gaze, looking forward you realise, he has vanished. The light is quickly fading, disappearing to a single pin point of light in the starless sky.

You lie back on the ground closing your eyes, you feel the air around you become solid. You find yourself slowly floating becoming lighter, flashing through the bedrock, soft earth and the floor, until you find yourself back in your body safe and comfortable.

When you are ready wiggle your toes, fingers and slowly open your eyes.

Spellwork

Requirements:

Cord etc. One piece for each person. Length depends on the number of people.

Oil: Cedar, Lavender

Loop each person's cord together, forming a wheel

Using the Follow words for the chant

We are the flow, we are the ebb

We are the weavers (and), we are the web

(Originally by Shekhinah Mountainwater)

Focus on the message received, focus your energy, intention or learnings, down to cord to the centre of the wheel.

Visualise the energy as a seed, then release it down into the earth.

Ritual Closing

LUCIFER CLOSING

Hail to the Light Bringer! Hail to Lucifer!
Thank you for revealing to us secrets lost and forgotten,
The Wisdom of the Watchers.
Thank you for showing us the keys to your Stellar Gates My Lord
And guiding us on the paths of Limitless Power
Hail & Farewell

CLOSE THE QUARTERS

WEST - WATER

Gatekeeper of West and Water
Bringer of the Unconscious Mind, Intuition and Emotion
Thank you for your presence and protection tonight
Hail and Farewell

NORTH - FIRE

Gatekeeper of North and Fire
Bringer of Nobility, Power, Enthusiasm
Thank you for your presence and protection tonight
Hail and Farewell

EAST - AIR

Gatekeeper of East and Air
Bringer of Wisdom, Eloquence, Inspiration
Thank you for your presence and protection tonight
Hail and Farewell

SOUTH - EARTH

Gatekeeper of South and Earth
Bringer of Magic, Faith, Occult knowledge
Thank you for your presence and protection tonight
Hail and Farewell

Person who is hosting the ritual says:

By the power of the Dragons this ritual has ended and the circle is now open.

More photos from the Canberra ritual...





Sydney Circle

Unfortunately, due to a sudden increase in COVID-19 restrictions and subsequent lockdown for the Greater Sydney area, the Loftus circle was not able to go ahead on 25th June and has been postponed until further notice.

Spellwork — The Loftus circle would have been making a Yule candle holder on the night of the Yule event with each person bringing a glass jar to paint to make a decorative tea light candle holder (paints and tea lights provided). The emphasis was the return of the light, return of hope etc.



Nowra Circle

The Ritual

CLEANSING/BANISHING, OPENING & CLOSING THE QUARTERS (*same as above*)

LUCIFER INVOCATION & CLOSING (*same as above*)

Meditation — Same as Canberra's meditation.

Spellwork — Making candles with added crystals, herbs & essential oils with the intent of manifesting the joy in our lives.



Nowra Circle's Altar

