Spheres Of Light



Full Moon in Virgo — 26th February 2021



The Virgo Full Moon (27/2/21 7:17pm) is a time to reflect upon the balance of energies, it is an Earth sign so it's practical, but it's also related to Mercury which means it has an active mind. Virgo is about your intellect, curious mind, and intuition. On this night we will be working with the Watchers and creating a sigil to manifest wisdom.

Sydney Circle — Introduction

Tonight, our Full moon circle is being held under the sign of Virgo and the planet Mercury.

The watcher that we will be working with tonight, is Penemue.

Penemue is the fallen angel of reading and writing, a once forbidden art, meaning that certain people (Yahweh's priesthood) were in control of all knowledge distribution to keep their masses as ignorant sheep.

Penemue inspires articulate thought and self knowledge through the application of knowledge, reason and abstract thinking.





You can see deific similarities to Egypt's Thoth.

With all these conditions in mind, we are presented with an opportunity to perform ritual spell work, asking for the wisdom to manifest open communication with the watchers, so that they may share their knowledge with us.

First we will go through a guided meditation to give us time to develop a sense of what wisdom we are seeking from the Watchers.

We will be focusing on keeping our throat chakra activated, using a technique known as reverse breathing as we enter the meditation and (if you feel so inclined) during the creation and empowerment of a sigil, signifying the wisdom communicated to you. The sigil will

be kept to help you focus on keeping communication lines open until you have manifested the wisdom — whatever that may mean to you. The sigil should then be destroyed, as it is specific to this one purpose.



The Ritual

CLEANSING/BANISHING

Before moving into the circle we will stand behind our chairs, feet slightly apart, arms to our side. We will connect to fire at the core of the earth, bringing it up through our feet moving it through our bodies/ chakras with the intent to cleanse our bodies, mind and spirit of any negativity and blockages. We will then move the fire into our astral bodies cleansing and removing negativity. We will then move the fire into the hall circulating the fire throughout the hall cleansing it of any negativity.

The person hosting the circle to walk the circle three times cleansing the space with Frankincense saying, By the power of the Dragons may this circle be blessed, cleansed and sanctified.

OPENING THE QUARTERS

The person hosting will ring bell before and after each quarter call. Everyone will project hand with flaming violet pentagram for each quarter call. Each person opening the quarter will say the description of the Gatekeeper out aloud so people can fully connect to each Gatekeeper.

SOUTH - GREEN - EARTH

Face South and say: See the Gatekeeper as a representation of death, birth and manifestation. Sense the figure's groundedness, fertility, materiality, potential, and stillness.

Gatekeeper of South and Earth
Bringer of Magic, Faith, Occult knowledge
Bless this circle with your presence,
We humbly seek your guidance and protection this night
Hail and Welcome

EAST - YELLOW - AIR

Face East and say: Feel the lightness and the flow of air from the Gatekeeper. Sense the crispness and the clarity and inspiration that air embodies. Fill the Gatekeeper before you with all of the qualities of air-ness.

Gatekeeper of East and Air
Bringer of Wisdom, Eloquence, Inspiration
Bless this circle with your presence
We humbly seek your guidance and protection this night
Hail and Welcome

NORTH - RED - FIRE

Face North and say: See the flames emanating from the Gatekeeper. Sense the heat radiating around you. Fill the Gatekeeper before you with all the qualities of fire.

Gatekeeper of North and Fire
Bringer of Nobility, Power, Enthusiasm
Bless this circle with your presence
We humbly seek your guidance and protection on this night
Hail and Welcome

WEST - BLUE - WATER

Face West and say: See the Gatekeeper encapsulated in water. Sense the Gatekeeper's connective energies and intuitive senses expanding around the circle.

Gatekeeper of West and Water
Bringer of the Unconscious Mind, Intuition and Emotion
Bless this circle with your presence
We humbly seek your guidance and protection on this night
Hail and Welcome

Walk the circle sunwise (anti-clockwise) with wand/athame and say, The circle is cast and we are now between worlds.

THE INVOCATION OF LUCIFER

Hail to the Light Bringer! Hail to Lucifer!
Hail to He who rides the Dawn!
To the Great Shining One I now call!
I call on you to open the gates to the Path of the Dragon Reveal to us secrets lost and forgotten
The Wisdom of the Watchers
I welcome you in my Heart
Show me the keys to your Stellar Gates My Lord
And guide me on the paths of Limitless Power
Hail & Welcome

INVOCATION OF PENEMUE

Penemue, I ask you to work with us tonight.
You of the Grigori who taught us the ways of reading and writing,
You who allowed us to share our thoughts and knowledge so that we may evolve from sheep into
wolf into dragon. Impart your wisdom unto us.
Hail & welcome

Reverse Breathing

It takes some getting used to & feels quite un-natural, but is a rather useful technique in many traditions and is used to keep you focused.

To begin, visualise the motion of your breath entering and leaving your body. Then visualise air entering your lungs as you exhale and air exiting your lungs as you inhale. You will naturally begin to aid your visualisation of this process by moving your abdomen inwards on the inhale and outwards on the exhale.

Penemue Meditation

We begin this meditation with breath, breathing through our throat chakra, the power of our communication, the power of our thoughts and our psychic communication. Take a deep breath in, breathe deeply into your throat and hold your breath. Now release. Release your stress and anxiety and any negative thought forms from your body. Release all doubt and fear. Take another deep breath in, breathe deeply, you will begin to feel the energies stir within you. Now release, exhale all negativity and blockages, feel calmness take over your mind.

Now visualise that a mist is rising from the ground surrounding you. You stand up and move away from your body and you take a step on to a bridge. A large silvery bridge that crosses through the clouds. You cannot see the end of the bridge, but you keep walking, not sure where this bridge is going to. You are completely surrounded by large cumulus clouds. The clouds are pink in colour and as you walk across this bridge you are breathing this pink moisture into your lungs. With each intake of air you feel your vibration shift.

By the time you reach the end of the bridge, you feel yourself resonating at a high frequency. You step off the bridge onto a pink platform covered in a curtain of mist. You stand on this platform waiting, occasionally soft sounds of chimes can be heard in the distance.

The mist that surrounds you now changes to the colour of magenta. You notice that the platform that you are standing on is made of clear quartz crystal that seems to reflect the colour of magenta into your aura. You now seem to blend in with the colour of the mist.

You notice a few bright lights appearing in the distance. One of these lights shines brighter than the others. It stops in front of you and the bright light expands until you see a large silhouette in front of you. This light form is the Watcher Penemue, he is the bringer of knowledge and wisdom through reading and writing.

The platform of magenta mist that you are standing on changes into a room decorated with parchments of writing, writings of strange symbols and languages from all times and different planes of existence. Penemue stands next to you and you can hear his voice in your mind. Soft and precise, each word sounds like music. "What wisdom do you wish to acquire, human"? The thought of gaining wisdom seems so complex to you, as you gather your thoughts you notice that your thoughts are automatically being re-created on the parchment on the walls. As you look around the room it suddenly becomes clear that these strange writings are other beings' thoughts. "Your thoughts are words, and words are powerful human, be clear about what wisdom you require."

Take a moment and think clearly and precisely about the type of wisdom you require, what is your intent? Your words become your reality, they are being written on the walls in the Hall of Knowledge, let those words inspire those that follow you to this place. The wisdom you require will now be given to you, use your wisdom wisely.

The room of parchment now disappears, and you are facing the bridge amongst the clouds. The silhouette of the Watcher Penemue now returns to a bright light and moves back into the magenta mist.

You once again step on to the bridge that crosses through clouds. You cannot see the end of the bridge, but you keep walking. You are completely surrounded by large pink cumulus clouds. As you reach the end of the bridge you find yourself back in the hall, sitting in your chair. The mist slowly dissipates, and you are now fully back in your body, wriggling your fingers and toes and when you are ready open your eyes.

Sigil Creation & Empowerment

As Penemue is the Watcher of reading and writing, we will be creating our sigils with a writing medium on paper - signifying parchment.

When we have finished creating our sigils, we will be further empowering them with our throat chakras by vibrating Penemue - phonetically " PEH - NEH - MEH" directed at them while focusing on the wisdom divulged to us in the meditation.

Ritual Closing

PENEMUE CLOSING

Thank you Penemue for working with us tonight, the gift of wisdom you have shared with us is invaluable, in furthering our development as spiritual beings upon this world. Your efforts in aiding our communication with your kin are not for naught.

Hail & farewell

LUCIFER CLOSING

Hail to the Light Bringer! Hail to Lucifer!

Thank you for revealing to us secrets lost and forgotten,

The Wisdom of the Watchers.

Thank you for showing us the keys to your Stellar Gates My Lord

And guiding us on the paths of Limitless Power

Hail & Farewell

CLOSE THE QUARTERS

WEST - WATER

Gatekeeper of West and Water
Bringer of the Unconscious Mind, Intuition and Emotion
Thank you for your presence and protection tonight
Hail and Farewell

NORTH - FIRE

Gatekeeper of North and Fire Bringer of Nobility, Power, Enthusiasm Thank you for your presence and protection tonight Hail and Farewell

EAST - AIR

Gatekeeper of East and Air Bringer of Wisdom, Eloquence, Inspiration Thank you for your presence and protection tonight Hail and Farewell

SOUTH - EARTH

Gatekeeper of South and Earth Bringer of Magic, Faith, Occult knowledge Thank you for your presence and protection tonight Hail and Farewell

Person who is hosting the ritual says:

By the power of the Dragons this ritual has ended and the circle is now open.



Canberra Circle — Introduction

Tonight the full moon is under the sign of Virgo and we will be working with the watcher Penemue.

Moon in Virgo



The full moon falls in the earthly sign of Virgo on the 27th February. Under the power of this full moon there is a calm that can wash over us. It will remind us to keep the faith, restore our hope and to know that change in any form can lead us to places we never dreamed of imagining ourselves.

Feeling at ease with change and with the current state of affairs is not always easy, but any effort taken to bring some acceptance, as small as it is, can make a huge difference to our inner wellbeing. You may have already received some surprising or even shocking information that charges your emotions or has put you into a state

of questioning. Just know as the full moon peaks these may settle. While full moons seem to heighten emotions, it feels that this full moon will have a softer energy and allow us to see things from a new, gentler vantage point. Whatever has been revealed can be seen in a new light.

Virgo is represented by the virgin-goddess, but "virgin" has taken on a new meaning since this sign was named. Virgin implies independence, inner strength, and the freedom to do as one pleases.

The Virgin Goddess, Virgo, did not need a partner, she was whole and complete in her own right. She carried the strength of all she needed to live a whole, happy, and hearty life. This strength was not born out of trauma or ego, but her connection to her true and higher self.

Virgo's ability to connect with their higher self, listen to the needs of their body, and follow their heart while staying grounded, is the gift that is offered to us all under this February Full Moon.

Many different things block us from our connection with our higher self. But like the Virgin Goddess reminds us, we always have the strength within to clear those blocks and listen to the truth and wisdom of our higher self.

Think about what blocks you from accessing your higher self. Could it be a lifestyle choice, your own self-doubt, or perhaps just making the time to sit down and connect?

Allow the cleansing rays of this Full Moon to help you release and let go of any blocks that keep you from your higher self. Allow the power of this Full Moon to melt away all that stops you from connecting.

There is a tendency at times, for Virgo energy to be hyper-critical,



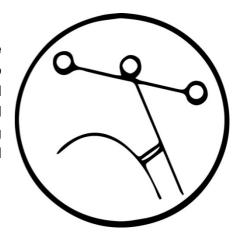
or to overthink things, so be aware of this, and try to return to your heart if you notice yourself falling down this path.

When you are connected to your higher self, you are connected to your own inner divinity and are able to feel certain, sure, and confident about your journey forward.

Your higher self knows the way, so take some time under this sweet Full Moon to connect, drink the soothing tonic it is offering, and to remember your own true powers.

Penemue

Penemue, known as the Angel of the written word, he was the angel that taught humankind to read and write which leads to wisdom and knowledge. He inspires in us to articulate thought and self-knowledge through the application of knowledge, reason and abstract thinking. He is the bringer of intelligence, thus inspiring humans to question everything with their acquired knowledge and choose their own path in life.



(Right) Sigil of Penemue

The Ritual

CLEANSING/BANISHING & OPENING THE QUARTERS (same as written above)

LUCIFER INVOCATION (same as written above)

PENEMUE INVOCATION

Welcome Penemue
Watcher of Wisdom and Knowledge
We request your presence.
Hail and Welcome

Meditation (same as written above)

Tonight we will work through a meditation with Penemue in his Hall of Knowledge. While in the hall he will work with you on an issue you have been wanting to face and may provide you with inspiration on how to face it.

Sigil Creation & Empowerment

After the meditation we will write down this piece of wisdom down using a sigil. Sigil's are a symbol we can create that have magical power. To create the sigil we will write the phrase/words given to us and then we will use a system to remove letters – cross out all the vowels, then cross out any repeating letters. The remaining letters will be used to design your sigil.

Raising of Power — Drumming & Dancing

Next we will raise some energy through dance and drumming and cast a spell to help us focus the intent on understanding of this wisdom for us. If you feel the need to burn the words during this raising of energy or at the end of the spell you may do so or hold on to it if that feels right for you. Once we feel that this energy has reached its peak we will release it and send it on the winds.

Ritual Closing

PENEMUE CLOSING

We thank you for your presence Penemue Watcher of Wisdom and Knowledge Hail and Farewell

LUCIFER CLOSING (same as written above)

CLOSE THE QUARTERS (same as written above)



Nowra Circle

The Ritual & Meditation — same as above.

Sigil Creation & Empowerment — **Spellwork**: to grow in wisdom & enlightenment through planting seeds. Woolworths seedling pots were used, 4 specific words were written or sigils drawn (one on each side of the pot) relating to each quarter's element & how that would assist us in gaining wisdom & enlightenment.



Photos from the Sydney Ritual...



