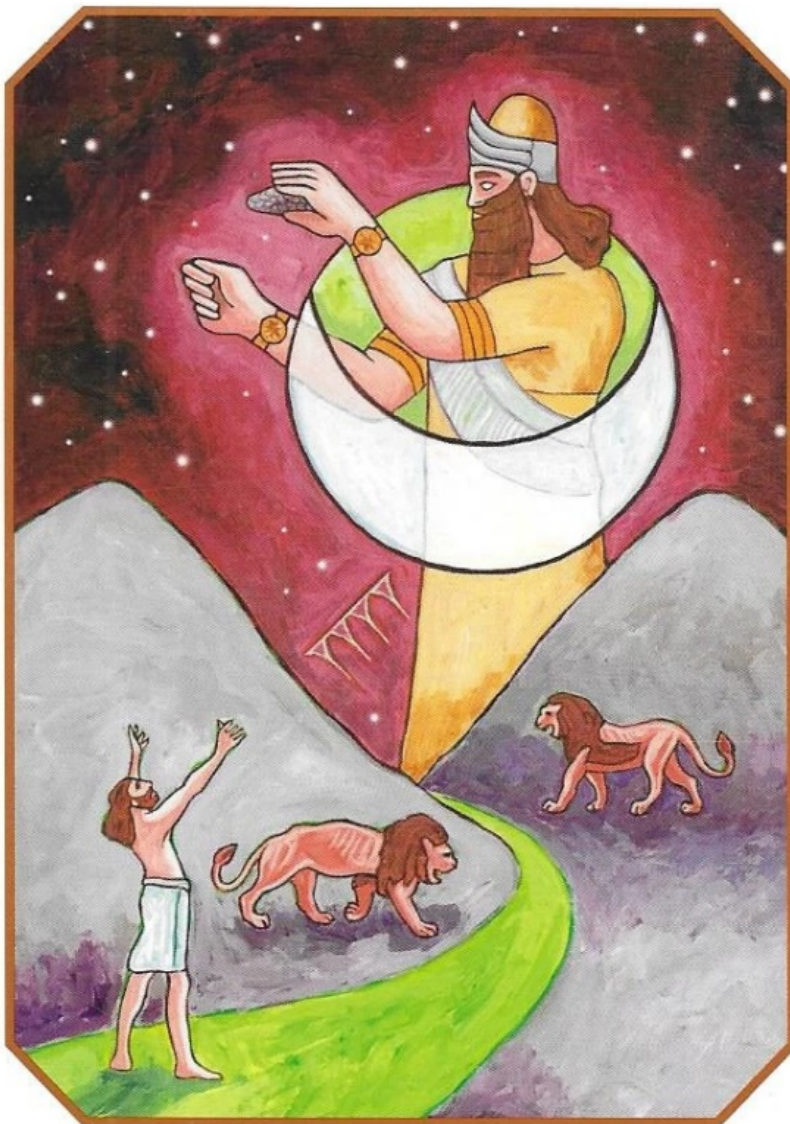


Spheres Of Light



Full Moon in Pisces — 4th September 2020

Full Moon in Pisces – Friday 4th September (2/9/20 3:22pm)



I8

THE MOON • SIN



The spiritual meaning of the September 2020 full moon is a perfect example of its infinite magic. Shining brightly in the mystical sign of Pisces, this Neptune-ruled lunation has everything to do with trusting the universe and surrendering to higher power.

Taking the essence of elusive Neptune — the planet of dreams, faith, mysticism, and the universal realm. Equivalent to the darkest depths of the mysterious ocean, the essence of this Neptune-ruled lunation can be quite difficult to grasp, but more importantly, it will serve as a reminder to surrender and trust in the divine timing of it all. Thanks to its highly receptive celestial ruler, Pisces walks in between dimensions. Neptune dissolves all boundaries, which means you can use this magical energy to cultivate a relationship with spirit.

Tarot

The moon's light can bring you clarity and understanding and you should allow your intuition to guide you through this darkness. You need to reflect on your life and release situations that are causing fear and anxiety in your mind, whether it is now or in the future. Now is the time to follow your dreams and release what needs to go and be the reflection of your true self.

(Image is from the "Babylonian Tarot" written & illustrated by Sandra Tabatha Cicero)

Moon God Nanna

Nanna (also known as Nannar, Nanna-Suen, Sin, Asimbabbar, Namrasit, Inbu) is the Mesopotamian god of the moon and wisdom. He is one of the oldest gods in the Mesopotamian pantheon and is first mentioned at the very dawn of writing in the region c.3500 BCE. His cult centre was the great temple at Ur, and he is frequently mentioned in hymns and inscriptions from the Ur III Period (2047-1750 BCE) as the chief god of the pantheon with the epithet Enzu, lord of wisdom.

Nanna is the father of the sun (Utu/Shamash). It is thought this belief originated in the early days of a hunter-gatherer social structure when the moon was more important to a community for traveling by night and telling the time of the month; the sun only became more important once the people settled down and began to practice agriculture. The religious belief, then, mirrored the cultural development.

Nanna is represented as a recumbent moon and associated with the bull and lion-dragon. He is further depicted as a seated man with a long beard of lapis lazuli, a crescent moon above him, or riding on the back of a winged bull. In many inscriptions he is represented simply by the number 30, referring to the number of days in a lunar month, and the crescent moon was regarded as his barge in which he sailed through the night sky.

Activity & Ritual

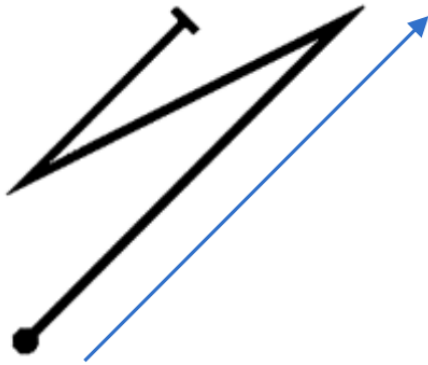
A selection of moon inspiration quotes are individually placed face down on the altar. After the meditation each person selects a moon inspiration from the altar and reflects on its meaning under the light of the full moon and how it relates to their life at this point.

Moon Reflections

- The moon shines and makes our world bright at night. But besides illuminating our nights, the moon can be a great motivator with many life lessons for us. Take time to tap into her wisdom.
- Like the moon, we should be calm and reflect beauty despite being imperfect in appearance. We should shine in the darkness of life and give way to the path of light.
- The moon goes through phases much like we do. Like it, we should embrace the changes in our lives without fearing what differences they might bring.
- Strive to achieve every possible success but do not bask in your glories for long. Just like the moon wanes, you should be open to shedding your past so you can pick yourself up to scale a new peak.
- Every day the moon is a different version of itself. Sometimes weak and wan, sometimes strong and full of light. The moon understands what it means to be human, don't beat yourself up, for you are truly loved.
- The moon is a loyal companion. It never leaves. It's always there, watching, steadfast, knowing us in our light and dark moments, changing forever just as we do. Understand the power of consistency.
- The beautiful moon is an antidepressant. Love for her light, is in your heart because she is so friendly, loving and forgiving.
- The moon will guide you through the night with her brightness, but she will always dwell in the darkness, in order to be seen so you can face your darkness.
- Seek the bewitching power of moonlight. Moonlight incites dark passions like a cold flame, making hearts burning with the intensity of phosphorus. You too hold the magic of the moon.
- The moon has given you: pure solitude and tranquility. Go within and connect to her magic that was the best thing the moon could give to you.
- In the dark of the night the Full Moon heals your wounds. Whisper to her your needs and then allow her rays to penetrate your soul.
- If you can feel the moon's love for the earth in your soul you can release it into the earth so all can benefit from the Moon's love.
- Meditate. Live purely. Be quiet. Do your work with mastery. Like the moon, come out from behind the clouds! Shine.

Ritual Opening

OPENING THE QUARTERS



EAST

I open the Eastern gates of Air
Come forth with your mighty winds
Circle us with your power and inspiration
I call thee to come forth and protect and charge this circle.
As be your will.

Trace the sigil then walk the circle sunwise once with athame or finger creating the circle boundary projecting the colour yellow saying:

By the power of the Dragons of Air may this circle be blessed, cleansed and sanctified.

NORTH

I open the Northern gates of Fire
Come forth with your fiery breath
Circle us with your strength and power
I call thee to come forth and protect and charge this circle.
As be your will.

Trace the sigil then walk the circle sunwise once with athame or finger creating the circle boundary projecting the colour red saying:

By the power of the Dragons of Fire may this circle be blessed, cleansed and sanctified.

WEST

I open the Western gates of Water
Come forth with your power of the primordial ocean
Circle us with the power of connective energy
I call thee to come forth and protect and charge this circle.
As be your will.

(West is continued in the next column)

Trace the sigil then walk the circle sunwise once with athame or finger creating the circle boundary projecting the colour blue saying:

By the power of the Dragons of Water may this circle be blessed, cleansed and sanctified.

SOUTH

I open the Southern gates of Earth
Come forth with your protective force
Circle us with the powers of manifestation
I call thee to come forth and protect and charge this circle.
As be your will.

Trace the sigil then walk the circle sunwise once with athame or finger creating the circle boundary projecting the colour green saying:

By the power of the Dragons of Earth may this circle be blessed, cleansed and sanctified.

Person hosting the ritual stands in front of altar and bows and adds salt to the bowl of water, then says:

I [*Dragon Name*] invoke the dragons this night,
Come Dragons of the primordial waters,
Come Dragons from the primal source of creation,
Come Dragons of Lightness and Darkness,
Come Dragons of Chaos and Form,
I invoke you to join us and impart your wisdom and ancient knowledge.
Guard and protect us this night,
As be your will.

INVOCATION TO TIAMAT

Oh Great Goddess Tiamat, stir and arise, awake in the darkness, awake in the abyss,
She who is terrible to face, who devours and swallows up life,
She who brings life to those who face her,
She who is the begetter of dragons.
Stir up oh Dragon Goddess, I summon thee tonight!

INVOCATION TO NANNA

Nanna, Lord of the Unconscious Mind,
I call upon you now to join us here tonight.
Open our psychic centre so that we can see with our inner eyes.
Welcome.

Moon's Reflection Meditation

Take a few deep breaths and centre yourself. Take some time to become relaxed and completely calm. Take a few more deep breaths and imagine yourself at the beginning of a pier. As you look out over the water FEEL your beauty, your passion, your wisdom, see yourself being illuminated by the moon's reflection and radiating your true colours.!

"As I synchronize with the energy of the full moon tonight, I willingly reflect on my life and I am willing to allow my life to go with the flow."

Move along the pier, noticing the warmth of the moon beaming down on you and the breath of fresh air dancing on your skin. Stop at each post to pause and reflect on the light in the water. Marvel at the gentle ripples created in the water, ripples through your energy, ripples through your life.

At each of the next four posts spend some time reflecting on your life and where your life is heading. When you are ready to move to the next post let something go that no longer serves your purpose.

When you reach the end of the pier, notice how light you feel. Standing at the end of the pier is the Moon God Nanna. He is holding in his hand a silver bowl filled with sea water and he holds the bowl under the light of the moon to capture the moon's magic light. Nanna then takes drops of the illuminated water and gently places them on the top of your head as a blessing.

You feel the power of the moon gently flow through your body. You feel the love, the peace that has been gifted to you.

All of your struggles, hardships, failures, disappointments and sadness were all lessons... all ripples that are guiding you to this point, strengthening you, and preparing you for the magnificence that you emanate now.

Looking now at the glorious full moon overlooking the water, take a deep breath and say in your mind —

"I welcome the clarity, strength and many blessings the moon offers to me, and I trust my intuition to guide me towards relationships, situations and energies that will serve my highest good."

Pause for a moment in the silence, thankful for all your blessings, all your experiences, and all of the people who have come into and out of your life.

Now set your intentions... for JOY, for LOVE, for PEACE... for whatever your heart desires. Speak from your heart, from the deepest part of your soul. When you have finished, stand there a few moments more. Just BE, overlooking the calm waters with the moon's reflection and energy rippling through.

When you are ready, take a deep breath and take the plunge! Take the plunge, leap, jump, dive or twirl into the water. It is invigorating as the cool water washes away all the stale energy of the past, wipes the slate clean and releases all that no longer serves you.

Stay underneath as long as you like and enjoy the weightlessness and ease with which you glide through the water. You emerge REBIRTHED, REINVIGORATED, REVITALIZED.

Thank the God Nanna for his gift and know that your Higher Self, guides and the energies of the moon are always here to guide you and lead you on your path.

When you are ready you allow yourself to move back to the circle and your chair knowing that you can return to this space whenever you need to reflect on your life.

Wriggle your fingers and toes and, when you are ready, open your eyes.

Activity — after the meditation each person selects a moon inspiration quote from the altar and reflects on its meaning under the light of the full moon and how it relates to their life at this point.



Ritual Closing

NANNA CLOSING

Thank you Nanna, Lord of the Unconscious Mind,
for opening our psychic centre so that we can see with our inner eyes.
Hail and farewell.

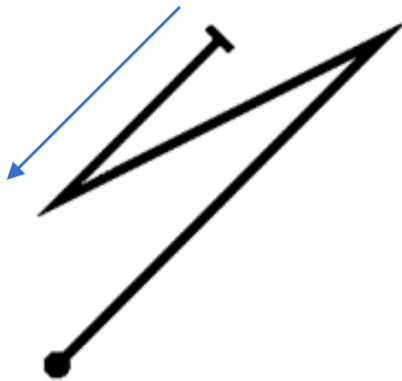
TIAMAT CLOSING

Oh Great Goddess Tiamat, thank you for arising
and awakening in the darkness and the abyss.
Thank you for assisting in our journey.
I release thee.

DRAGONS CLOSING

Dragons of the primordial waters,
Dragons from the primal source of creation,
Dragons of Lightness and Darkness,
Dragons of Chaos and Form,
Thank you for joining us to impart your wisdom and ancient knowledge,
and for guarding and protecting us this night.
Hail and Farewell.

Closing the Quarters



SOUTH

I close the Southern gates of Earth
Thank you for coming forth, witnessing this rite and
protecting this circle.
May you dwell within our hearts,
So shall it be.

Trace the sigil in reverse.

WEST

I close the Western gates of Water
Thank you for coming forth, witnessing this rite and
protecting this circle.
May you dwell within our hearts,
So shall it be.

Trace the sigil in reverse.

NORTH

I close the Northern gates of Fire
Thank you for coming forth, witnessing this rite and
protecting this circle.
May you dwell within our hearts,
So shall it be.

Trace the sigil in reverse.

EAST

I close the Eastern gates of Air
Thank you for coming forth, witnessing this rite and
protecting this circle.
May you dwell within our hearts,
So shall it be.

Trace the sigil in reverse.

Person who is hosting the ritual says:

By the power of the Dragons this ritual has ended and
the circle is now open.



SOL Canberra Circle's Altar



SOL Sydney Circle's Altar (after the ritual was over)