

# Spheres Of Light



## Full Moon in Aquarius — 31st July 2020



### Full Moon in Aquarius – Friday 31<sup>st</sup> July (4/8/20 1:58am)

The full moon falls on Aug 4 at 1:58 am. As a human race we are going through a major shift and our society has become polarised. As we move from the Age of Pisces into the Age of Aquarius there will be a transitional period of adjustment, which can be confrontational. Chapters are ending. Doors are slamming shut. Stories are at a turning point. Life as we knew it is disintegrating in us and around us

Uranus is the ruler of Aquarius, but it is also making a square or 90-degree alignment with the Sun at the time of the Full Moon. This alignment with Uranus triggers things in our lives to feel shaky and unsteady. When this level of shaky uncertainty enters our life, it allows us to see what is weak and needs to fall, and what is strong. Whatever withstands the shaking remains, whatever was already weak will fall away.

This energy is here to help us remove and let go of the things no longer meant for us. Most of us know when it's time to let go of something or someone, but sometimes it can be hard to do so. The shake-up from this Full Moon will help us to gently let go of these things, and to remind us that we need not hold on in fear. This Full Moon asks you to clear the way. It asks you to shake up your beliefs, your ideas, your circumstances, so you can see what needs to remain.

This shaky energy from Uranus also serves another purpose – awakening our soul energy. When things shake and rattle us, it causes us to see things in a new light and to feel differently about ourselves and the world we live in. This can trigger an awakening, and a coming into new knowledge and wisdom. Uranus shakes us to awaken us, and to show us a new and higher path. Uranus also rules over Kundalini energy, which is seen as a serpent that lives at the base of our spine.

When our Kundalini energy rises, as it does when we are under the presence of Uranus, the snake uncoils itself, traveling up the energy centres of the body, all the way to the top of our head and beyond. When the snake awakens, we can learn new things, see new things, and experience life at a different frequency. We can all activate our own Kundalini awakening under this energy by setting an intention and tuning in. This is not something we can force, but something we can allow and welcome if we feel it right to do so.

This awakening and activating energy will also be supported by the opening of the Lions Gate Portal. The Lions Gate Portal opens every year and peaks by August 8th, however the energy will already be brewing at the time of this Full Moon.

As the Sun reaches the peak of Leo Season and we have Sirius, our Spiritual Sun high in the sky, Lions Gate is activated, sending messages, downloads, and insights to Earth. The August Full Moon will help to illuminate these energies as they grow, and if we tune in, we may start receiving downloads, intuitive wisdom, or even new ideas and inspirations to guide us on our way.

## **Lions Gate 8:8**

Every year on August 8th, there is a cosmic alignment known as the Lions Gate. It is a time that was very sacred to the ancient Egyptians. It occurs over several days but reaches its peak on the 8th day of the 8th month. A time when the Sirian star aligns with the Great Pyramid and a cosmic portal opens bridging the physical realms of earth and the spiritual realms. At that time an infusion of light moves through the gateway aligning the human to their divine celestial light. Moments of profound awareness occur, and one is awakened to their higher truth.

It is called the Lions Gate, because it occurs in the astrological sign of Leo (the Lion). Leo represents the individual expression of the Divine, and the Lions Gate energy is about awakening the Divine Light we carry inside to be expressed in physical form. The Lion symbolizes power and strength making it an opportune time to step into your own power. This increased light will be the catalyst of life altering changes to unfold in one way or another for just about everyone. Relationships will change, career changes will occur even if you were not consciously planning it as the energy is meant to shake us up to align with our life purpose. We must learn to let go of material things and focus more on what is important to the heart. Instead of striving for grander and bigger at the cost of loving relationships, health and joy we must listen more clearly to our heart. We must become the full expression of the dream we carry in our heart.

The days before the cosmic alignment is a good time to do some cleansing and deep healing. Don't be surprised if some key aspect of your life, or everything all at once seems to be in a state of flux. You may feel as though you are drifting with no direction. Ultimately, these changes that we are each going through, simply serve to align us more fully with our truth. Keep in mind you are a spiritual being in physical form. Any shifts and changes happening now, are serving to align you with more possibilities and opportunities to express yourself in all of your magnificence. It is important to remember this when

things seem to be crumbling away. Be willing to love yourself. Honour the stirrings of your heart and step through the doorways of new possibilities, which open at the time of the Lion's Gate.

Take the time to meditate and visualize opening your chakras to receive the crystal white light. Consciously breathe this light into your cells and feel the exhilaration of the higher frequencies.



## Tarot – The Star

The Star card is attributed to the sign of Aquarius. Depict here, is the goddess Siduri, holding a hegallu vase of abundance, from which issues streams of water containing fish, symbols of plenty and fertility.

As the Star follows the Tower card in the Tarot, it comes as a welcome reprieve after a period of destruction and turmoil. You have endured many challenges and stripped yourself bare of any limiting beliefs that have previously held you back. You are realising your core essence, who you are beneath all the layers. No matter what life throws your way, you know that you are always connected to the Divine and pure loving energy. You hold a new sense of self, a new appreciation for the core of your Being.

The Star brings renewed hope and faith, and a sense that a major shift is about to happen that will bring us to the next stage of our journey to enlightenment.

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THE STAR • SIDURI



*(Image is from the “Babylonian Tarot” written & illustrated by Sandra Tabatha Cicero)*



## Activity & Ritual

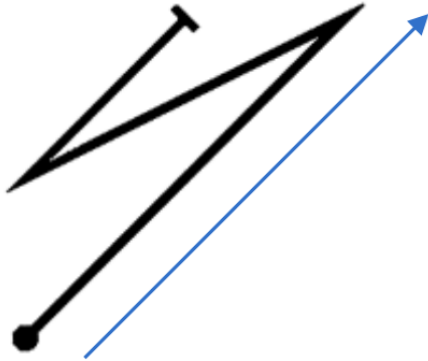
**Bring drum or rattle and crystals to raise the energy.** We will be using our drums and/or rattles to shake up our energetic bodies.

The activity will be conducted before the meditation to prepare our energetic bodies for the Sirius Attunement.

We will be only summoning Tiamat with this ritual.

# Ritual Opening

## OPENING THE QUARTERS



### EAST

I open the Eastern gates of Air  
Come forth with your mighty winds  
Circle us with your power and inspiration  
I call thee to come forth and protect and charge this circle.  
As be your will.

*Trace the sigil then walk the circle sunwise once with athame or finger creating the circle boundary projecting the colour yellow saying:*

By the power of the Dragons of Air may this circle be blessed, cleansed and sanctified.

### NORTH

I open the Northern gates of Fire  
Come forth with your fiery breath  
Circle us with your strength and power  
I call thee to come forth and protect and charge this circle.  
As be your will.

*Trace the sigil then walk the circle sunwise once with athame or finger creating the circle boundary projecting the colour red saying:*

By the power of the Dragons of Fire may this circle be blessed, cleansed and sanctified.

### WEST

I open the Western gates of Water  
Come forth with your power of the primordial ocean  
Circle us with the power of connective energy  
I call thee to come forth and protect and charge this circle.  
As be your will.

*(West is continued in the next column)*

*Trace the sigil then walk the circle sunwise once with athame or finger creating the circle boundary projecting the colour blue saying:*

By the power of the Dragons of Water may this circle be blessed, cleansed and sanctified.

### SOUTH

I open the Southern gates of Earth  
Come forth with your protective force  
Circle us with the powers of manifestation  
I call thee to come forth and protect and charge this circle.  
As be your will.

*Trace the sigil then walk the circle sunwise once with athame or finger creating the circle boundary projecting the colour green saying:*

By the power of the Dragons of Earth may this circle be blessed, cleansed and sanctified.

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*Person hosting the ritual stands in front of altar and bows and adds salt to the bowl of water, then says:*

I [*Dragon Name*] invoke the dragons this night,  
Come Dragons of the primordial waters,  
Come Dragons from the primal source of creation,  
Come Dragons of Lightness and Darkness,  
Come Dragons of Chaos and Form,  
I invoke you to join us and impart your wisdom and ancient knowledge.  
Guard and protect us this night,  
As be your will.

### INVOCATION TO TIAMAT

Oh Great Goddess Tiamat, stir and arise, awake in the darkness, awake in the abyss,  
She who is terrible to face, who devours and swallows up life,  
She who brings life to those who face her,  
She who is the begetter of dragons.  
Stir up oh Dragon Goddess, I summon thee tonight!

## **Lions Gate Meditation and Sirius Attunement**

Close your eyes and concentrate on your breath, relaxing your belly, softening your mind. Allow your mind to empty what it no longer needs to hold on to, let it go. Begin to sense the space around you. Breathe with the space, and become aware of the rise and fall of your breath, its coming and going, the sensation, sound, temperature.

Breathe down to where the weight of your body rests, below to your Base Chakra of Belonging. Breathe into your Base. Let it soften and gently expand on your breath, taking in nourishment and life force energy. Allow your Base to connect down, down to ground below, deep into the earth star. And invite in the colour red – the colour of the earth. Bathe your Base with red: empowering, embodying, grounding you in the 'here and now'.

When you are ready, allow your awareness to move up to your Sacral - your chakra of emotional intelligence, choice, creativity, movement and pleasure. Breathe into your chakra let it gently soften and expand on your breath, taking in nourishment and life force energy. And invite in orange – the colour of the setting sun, Bathe your Sacral with orange, balancing, empowering, motivating.

And when you are ready move your awareness up to your Solar Plexus - your chakra of personal power. Breathe into your solar plexus to soften and expand on your breath. And invite in the colour yellow – the colour of sunshine. Bathe your Solar Plexus with sunshine, replenishing, restoring, nurturing, letting your Solar Plexus take what it needs.

When you are ready bring your awareness up to the centre of your chest - to your Heart – your chakra of self-development and unconditional love. Gently breathe into your Heart, letting it soften and expand on your breath. And invite in green - the colour of spring, or rose pink – whichever feels right. Bathe your heart centre with nourishment, renewal, healing. Let your Heart take what it needs.

In your own time, move up to your neck – to your Throat - your chakra of self-expression and personal will. Allow your throat centre to soften, expand and breathe. Invite in blue – the colour of sky. Breathe sky into your throat centre, clearing, opening, softening the need for control, freeing self-expression and creativity. Let your Throat take what it needs.

When you are ready, take your focus up to your forehead - between your eye brows - to your Third Eye – your chakra of wisdom and intuition, gently allowing it to soften, expand, and breathe. Invite in indigo - the velvety colour of night sky. Bathe your Third Eye with indigo, soothing, balancing, bringing clarity, insight and understanding. Let your Third Eye take what it needs.

Moving up, in your own time, to the top of your head - to your Crown, your chakra of 'oneness' allowing your Crown to breathe. And gently invite in a light violet, softly bathing your Crown, balancing, restoring, harmonising. Let your Crown take what it needs.

Moving up, in your own time, to a couple of centre metres above your head - to your Transpersonal Point, your chakra of the cosmic mind. And gently invite in a silver light, softly bathing your Transpersonal Point, balancing, restoring, harmonising.

Using your inner vision now look to the stars, the sky is jet black but the stars seem to be brighter than normal, there is one outstanding star that's ray of light seems to stretch down to the ground, it is Sirius. Allow its shimmering energies to shift your awareness, feel the light penetrating your body. You immediately feel Sirius's light shoot through you like a lightning bolt. Feel your body, mind and spirit

going through a deep healing process. Let go of limiting thoughts and know that when you open yourself to the light, you are choosing to heal and grow. You feel your heart chakra expanding and your awareness moving into a higher vibration. Spend a few minutes in this space.

*(Allow 5 minutes)*

Now focus on the serpent energy that lives in your base chakra, start visualising the serpent awakening to the new light and see it moving gradually all the way up from the base of your spine and out of the top of your head connecting to the chakras as it journeys up to the Transpersonal Point. Visualise the serpent connecting directly with the light of Sirius. The serpent after absorbing the light then turns and moves back down through your chakras bringing with it the light of Sirius which is awakening the ethereal matrix within you.

Allow the serpent to move beyond the base chakra to the earth star chakra below your feet connecting you to the Earth's core energy. The Serpent now returns to the base chakra.

Allow this new energy to assimilate in your body, bringing through a new state of balance and new sense of being. Take in some deep breaths from your core when you are ready bring your awareness fully into your body, wriggling your fingers and toes and when you are ready opening your eyes.



## **Ritual Closing**

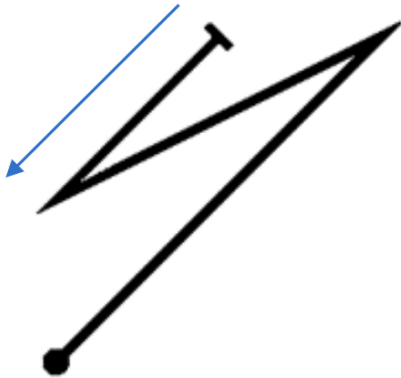
### **TIAMAT CLOSING**

Oh Great Goddess Tiamat, thank you for arising  
and awakening in the darkness and the abyss.  
Thank you for assisting in our journey.  
I release thee.

### **DRAGONS CLOSING**

Dragons of the primordial waters,  
Dragons from the primal source of creation,  
Dragons of Lightness and Darkness,  
Dragons of Chaos and Form,  
Thank you for joining us to impart your wisdom and ancient knowledge,  
and for guarding and protecting us this night.  
Hail and Farewell.

## CLOSING THE QUARTERS



### **SOUTH**

I close the Southern gates of Earth  
Thank you for coming forth, witnessing this rite and  
protecting this circle.  
May you dwell within our hearts,  
So shall it be.

*Trace the sigil in reverse.*

### **WEST**

I close the Western gates of Water  
Thank you for coming forth, witnessing this rite and  
protecting this circle.  
May you dwell within our hearts,  
So shall it be.

*Trace the sigil in reverse.*

### **NORTH**

I close the Northern gates of Fire  
Thank you for coming forth, witnessing this rite and  
protecting this circle.  
May you dwell within our hearts,  
So shall it be.

*Trace the sigil in reverse.*

### **EAST**

I close the Eastern gates of Air  
Thank you for coming forth, witnessing this rite and  
protecting this circle.  
May you dwell within our hearts,  
So shall it be.

*Trace the sigil in reverse.*

*Person who is hosting the ritual says:*

By the power of the Dragons the circle is open and  
this ritual has ended.

