

# Spheres Of Light



## Full Moon in Scorpio — 8th May 2020



### Scorpio Full Moon 2020

**(Full Moon 8:45pm 7/5/20, Online Ritual via Zoom 7:30pm 8/5/20)**

This Full Moon in Scorpio will be an intense and an emotional full moon. Scorpio is a deep, water sign, ruled by the planet Pluto. Scorpio rules transformation, letting go of what is toxic in our lives, renewal, rebirth and rising from the ashes. Scorpio also rules over sex, death, addictions, obsessions, our deepest emotions, and our shadow side (anger, grief, fear, jealousy). This moon is shining its light on these aspects in order for us to heal and release what we no longer need in our life.

At this ritual we will be working with Ereshkigal the Sumerian Dark Mother, who represents pain and suffering in its various forms, the mystery of our own inner shadow. As everything has now been stripped away, our false pride, ego and bad habits, perhaps physical things such as jobs or money, we have hit rock bottom. Hitting bottom is the powerful, intense, point when things become crystal clear. It is when we see and understand so much more as to what this descent is all about. When challenging life situations and events present themselves, we have a choice, we can go with the flow all the way in, or we will be dragged through the process kicking and screaming. Once we



13 DEATH • ERESHKIGAL

have let go of our own shackles and faced our fears, we can rise like the phoenix back into a new reality with new hope and enthusiasm.

**The Babylonian Tarot - Key 13-Death-Ereshkigal**, depicts the Underworld goddess of the Babylonian's sitting on her throne, while being surrounded with the dead. *Ereshkigal* means-"Queen of the Great Below". The front gate to the Underworld was guarded and opened up to a staircase that led to the Underworld cave or chamber that went even lower than the freshwater sea, *Absu*, below the earth. The Underworld is an often used metaphor for the subconscious mind with all its fears, jealousy, unwanted passions or desires, and repressed psychic impulses. The suggestion is that all the shunned raw instinctual impulses that have been shoved into the subconscious, are represented by *Ereshkigal*. *Ereshkigal* will not be ignored. Balance is only achieve when one acknowledges their own fears, and desires. Hence, we then shine the light of day into our own dark recesses of the primal animal mind and our own mental workings. Thereby, gaining true self knowledge and receive the godhood we should have over the subconscious mind.

(Image is from the "Babylonian Tarot" written & illustrated by Sandra Tabatha Cicero, tarot information is from [www.elitarotstrickingly.com/blog/the-tarot-of-eli-the-babylonian-tarot-key-13-death-ereshkigal-the-thoth](http://www.elitarotstrickingly.com/blog/the-tarot-of-eli-the-babylonian-tarot-key-13-death-ereshkigal-the-thoth))

## Ereshkigal Ritual into the Great Below

By the power of the Dragons may this circle be blessed, cleansed and sanctified.

### EAST

I open the Eastern gates of Air  
Come forth with your mighty winds  
Circle us with your power and inspiration

### NORTH

I open the Northern gates of Fire  
Come forth with your fiery breath  
Circle us with your strength and power

### WEST

I open the Western gates of Water  
Come forth with your power of the primordial ocean  
Circle us with the power of connective energy

### SOUTH

I open the Southern gates of Earth  
Come forth with your protective force  
Circle us with the powers of manifestation

### INVOCATION TO TIAMAT

Oh Great Goddess Tiamat, stir and arise, awake in the darkness, awake in the abyss,  
She who is terrible to face, who devours and swallows up life,  
She who brings life to those who face her,  
She who is the begetter of dragons.  
Stir up oh Dragon Goddess, I summon thee tonight!

### WELCOME TO ERESHKIGAL

Oh Ereshkigal, Great lady and Queen of the underworld.  
Grant us safe passage this night oh we journey to your land, and to the Lapis Lazuli palace.  
We honour you this night.

## Activity - Ereshkigal Meditation

### [CLICK HERE TO LISTEN TO THIS GUIDED MEDITATION](#)

Sit in a comfortable position and take some deep breaths, releasing any tension stored up in your body. Feel the earth on your feet, feeling the energy of the mother earth rise up from the core, circulating throughout your body.

Prepare yourself to go down into the underworld to face your inner self so you can be birthed from this deep darkness.

Stay centred and observe any emotional reactions that you may have. No matter what arises, be it fear, anticipation, pain or joy, just keep your breath slow and steady, and your body and awareness open and receptive. This period of Samhain can be edgy, awakening painful, fragile places in your psyche. You travel these pathways by your free will, so set the intention to be guided by your higher self and only go as deep as is right for you at this moment.

Continue to breathe and ground, slow and steady; let go of your emotions and settle into the empty silence within you.

Now let us turn our minds to the journey to the Great Below, just imagine that a cool silvery mist rises from the earth surrounding you. Through the silvery mist you can see a portal before you with a passageway that leads down, down, down to the realm of Ereshkigal. As you make your descent toward Ereshkigal's throne room, sense yourself traversing a series of gates where invisible hands strip you of your worldly masks and pretences, and anything else that stands between you and the new beginning awaiting you.

At each of these gates, notice what is being taken from you, and how it feels to be free from its influence. Know that the ways you have learned to deny and hide from the truth that is your life, both the beautiful and painful, will only block your pathwork with Ereshkigal.

At last you find yourself on the threshold of Ereshkigal's throne room. Look deep, deep inside: is there one more thing that you are still clinging to that must be surrendered to the dark? Name this thing and gently let it fall away.

Step past the threshold and stand before Ereshkigal, empty and humble. Take in your surroundings: the look and feel of the Great Below, the fearsome and beautiful presence of Ereshkigal on Her throne, and your physical, emotional and energetic responses to this sacred, powerful place.

Bear Ereshkigal's scrutiny in silence, waiting for Her to speak and direct your engagement. This is Her sovereign realm, and you are here by Her grace and consent. Yet also stand proud and sure of yourself; you have made this descent and brave this encounter of your own volition.

There is no hiding in Ereshkigal's presence. She knows why you are here and what you seek in the deepest dark of this time. Speak words of respect, and humbly request that She help you activate Her rebirth magic and discover the seeds of your beauty and wounding waking within you.

Ereshkigal descends from Her throne and directs your attention to a mirror of polished, black stone. This mirror has special powers; it can reveal the parts of your inner landscape and life story that are ready to return from the shadow places in your psyche to the light of your conscious awareness.

Focus your awareness on its reflective surface, and whisper to the mirror, "show me my beauty and wounding."

Open yourself to the images and energies the mirror reveals: the hidden gifts, dormant potential and secret desires of your beauty, along with the repressed and forgotten pain, losses and suffering of your wounding. Do not deny or push anything away. But do practice self-care, and only delve as deep into your wounding as feels right for you. When it is time I will call you back.

It is now time to return, you hand back the mirror to Ereshkigal and thank her for her guidance. You bow in respect to her and Ereshkigal places her hand on your head and gives you her Blessing. Go now and ascend again through the gates take back aspects you need and leave behind what is redundant. With each gate you will gain your power, magick and enthusiasm. You have great power use it wisely.

At last you have arrived to the surface, close the last gate so nothing can escape. See yourself sitting on the chair, when you are ready wriggle your fingers and toes and open your eyes.

*(Meditation adapted by Janine from [www.patheos.com/blogs/agora/2015/12/a-winter-solstice-meditation-ereshkigal-and-the-great-below/](http://www.patheos.com/blogs/agora/2015/12/a-winter-solstice-meditation-ereshkigal-and-the-great-below/) — Recorded version by Wade, with further adaptation.)*

## Closing

### ERESHKIGAL

Thank you Ereshkigal, Great lady and Queen of the underworld for journeying with us tonight.

## TIAMAT

Oh Great Goddess Tiamat, thank you for arising  
and awakening in the darkness and the abyss.  
Thank you for assisting in our journey.  
I release thee.

## SOUTH

I close the Southern gates of Earth  
Thank you for coming forth, witnessing this rite and  
protecting this circle.  
May you dwell within our hearts.

## WEST

I close the Western gates of Water  
Thank you for coming forth, witnessing this rite and  
protecting this circle.  
May you dwell within our hearts.

## NORTH

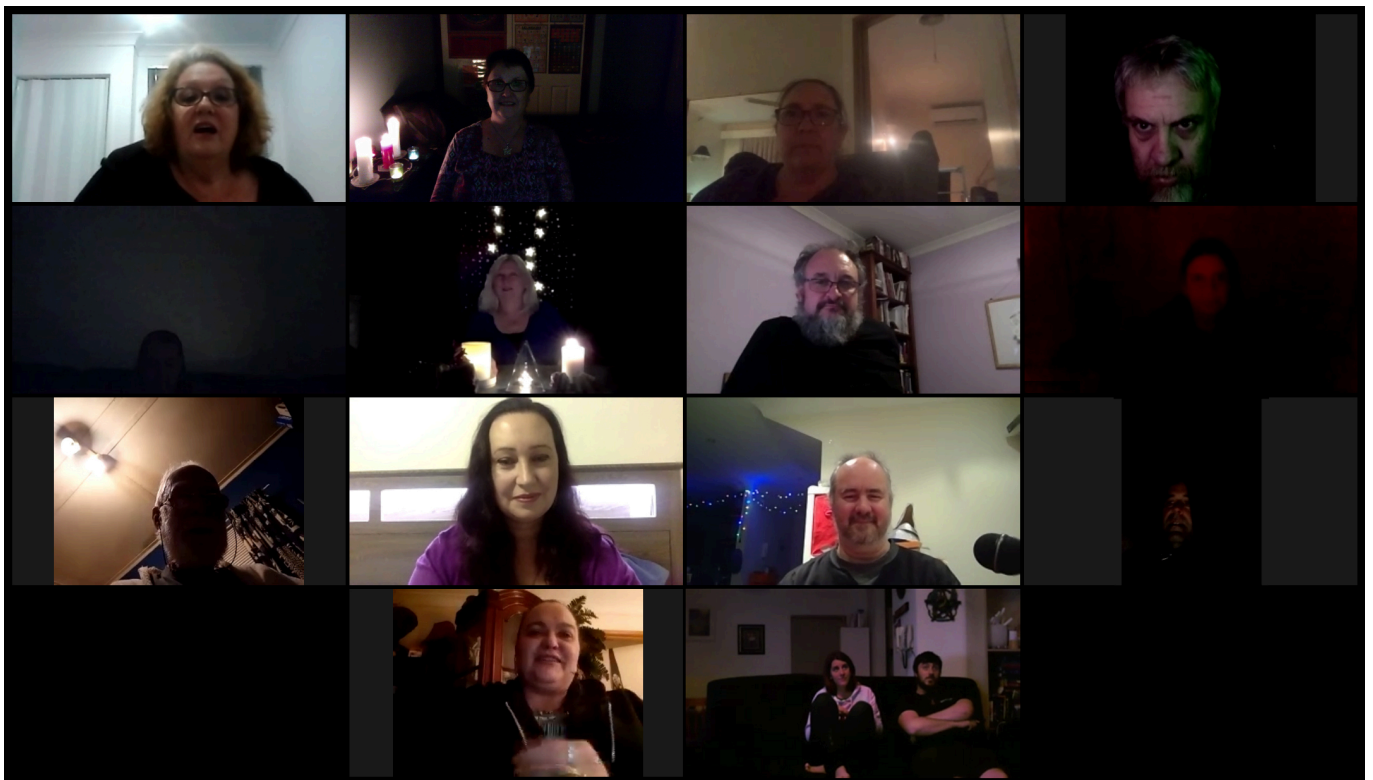
I close the Northern gates of Fire  
Thank you for coming forth, witnessing this rite and  
protecting this circle.  
May you dwell within our hearts.

## EAST

I close the Eastern gates of Air  
Thank you for coming forth, witnessing this rite and  
protecting this circle.  
May you dwell within our hearts,

By the power of the dragons this circle is closed.

*Leave your sacred temple and now use your breath to  
bring yourself slowly back into your physical body and  
waking reality.*



*Attendees at the 'Zoom' ritual: Janine, Jenny, Jane, Dean, Samantha, Heather, Sean, Melissa, Ron, Bec, Wade, Peter, Maria, Beau & Logan.*

