

Spheres Of Light



Full Moon in Virgo — 6th March 2020

Anu



9

THE HERMIT • ANU

♍

Image is from the "Babylonian Tarot" written & illustrated by Sandra Tabatha Cicero

Virgo Full Moon 2020 (10/3/20 4:47am)

This is a good full moon for overcoming your fears and to acknowledge your own weaknesses and forgive yourself. This will help you grow spiritually, morally and ethically. Removing guilt and self-pity will lead to a happier and more contented life. Traditionally, the annual Virgo Full Moon opposite the Pisces Sun is a time to reflect upon the balance of energies between such qualities as service and compassion, craft and inspiration, analysis and intuition. In other words, Virgo Full Moon is that time of year when we work to put solid foundations under our dreams and visions. Thus, one way to honour this potent Full Moon may be to concentrate on drawing together all the disparate, fragmented parts of yourself into a coherent pattern and then to release them.

God Anu

Anu was one of the oldest gods of the Sumerian pantheon, he was considered as the father and first king of the gods, and he is referred to as the Ancestor of the ancient Anunnaki.

In Sumerian mythology, An (in Sumerian An = “sky”) or Anu (in Akkadian) was the god of heaven, lord of the constellations, king of the gods, who lived with his wife, the goddess Ki (in Sumerian, “Earth” or Antu in Akkadian), in the highest regions of the sky.

It was believed that he had the power to judge those who had committed crimes and that he had created the stars as soldiers to destroy the wicked. Anu was part of a triad of great gods, along with Enlil, god of air and atmosphere and Enki (also known, in Akkadian, as Ea), god of the earth or the foundations. He was considered as the father and first king of the gods.

Anu was often represented as a horned tiara on a throne or altar. Much like the later Hermes, was represented by the Herms, the horned tiara on an altar seems to be a phallic symbol which is also reminiscent of the Hindu Lingams. Anu's royal emblems were the staff of command, the sceptre, the Shepherd's crook, and the horned cap. The "Supreme God of Heaven", was an abstract concept and therefore, his attributes were somewhat vague. Hence, he was rarely depicted in Babylonian art.

Hermit Card — The Hermit invites you to retreat into your private world and experience a deep sense of seclusion and introspection. You know that you need to take this journey alone or with a small, intimate group of spiritually minded people. When you allow yourself to tune in to your inner, guiding light, you will hear the answers you need and grow wise beyond your years. Find your light, shine it on your soul and create your unique path. You will see what lies ahead of you – not miles upon miles, but enough to know where to step next. From there, take one step at a time.



Cuneiform symbol of Anu - means HEAVEN & SKY

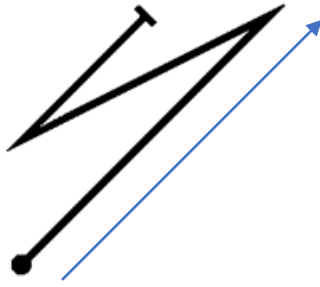
The Ritual

We will cleanse ourselves with sage or drumming. A barrier is placed before the entry to the circle. This barrier can be a piece of string, a ribbon, a piece of wood or a line of crystals. As each participant crosses the threshold, they release all negativity and aspects of the past that they want to leave behind.

Meditation – We will be joining God Anu on top of a mountain to gain some perspective on our life.

Activity – using the cuneiform symbol we will create a simple tiara/crown as a symbol of higher power that lives within each of us. This will be a strip of paper large enough to be sticky taped and fit on our head with the symbol printed in the centre. The next activity will involve some imagination, each person will be given a piece of toilet paper. They will write on the toilet paper aspects of our life we want to let go of. The tissues then can be flushed down the toilet. We can then project our hopes and desires for the rest of the year into our tiara/crown to ensure those things we desire are coming from our highest purpose.

OPENING THE QUARTERS



EAST

I open the Eastern gates of Air
Come forth with your mighty winds
Circle us with your power and inspiration
I call thee to come forth and protect and charge
this circle.
As be your will.

*Trace the sigil then walk the circle sunwise once with
athame or finger creating the circle boundary
projecting the colour yellow saying:*

By the power of the Dragons of Air may this circle
be blessed, cleansed and sanctified.

NORTH

I open the Northern gates of Fire
Come forth with your fiery breath
Circle us with your strength and power
I call thee to come forth and protect and charge
this circle.
As be your will.

*Trace the sigil then walk the circle sunwise once with
athame or finger creating the circle boundary
projecting the colour red saying:*

By the power of the Dragons of Fire may this
circle be blessed, cleansed and sanctified.

WEST

I open the Western gates of Water
Come forth with your power of the primordial
ocean
Circle us with the power of connective energy
I call thee to come forth and protect and charge
this circle.
As be your will.

(West is continued in the next column)

*Trace the sigil then walk the circle sunwise once with
athame or finger creating the circle boundary
projecting the colour blue saying:*

By the power of the Dragons of Water may this
circle be blessed, cleansed and sanctified.

SOUTH

I open the Southern gates of Earth
Come forth with your protective force
Circle us with the powers of manifestation
I call thee to come forth and protect and charge
this circle.
As be your will.

*Trace the sigil then walk the circle sunwise once with
athame or finger creating the circle boundary
projecting the colour green saying:*

By the power of the Dragons of Earth may this
circle be blessed, cleansed and sanctified.

*Person hosting the ritual stands in front of altar and
bows and adds salt to the bowl of water, then says:*

I [Dragon Name] invoke the dragons this night,
Come Dragons of the primordial waters,
Come Dragons from the primal source of
creation,
Come Dragons of Lightness and Darkness,
Come Dragons of Chaos and Form,
I invoke you to join us and impart your wisdom
and ancient knowledge.
Guard and protect us this night,
As be your will.

INVOCATION TO TIAMAT

Oh Great Goddess Tiamat, stir and arise, awake
in the darkness, awake in the abyss,
She who is terrible to face, who devours and
swallows up life,
She who brings life to those who face her,
She who is the begetter of dragons.
Stir up oh Dragon Goddess, I summon thee
tonight!

INVOCATION TO ANU

Welcome Anu, we ask you to help us gain some
perspective on our life.

Anu & Going Within Meditation

Rest your hands loosely in your lap. Now close your eyes. Take a long slow, deep breath in... hold it for a moment, and then slowly exhale. Just allow any tension to melt away as you gradually relax more and more deeply with each breath. Take another long slow, deep breath in... hold it, and then exhale. Empty your lungs completely with your out-breath. Take a third deep breath in. Take your time. Hold it for a moment, and then let it go. Already you are beginning to drift into a state of deep relaxation.

Now bring your awareness to the top of your head. Sense or imagine a feeling of relaxation beginning to spread down from the top of your scalp.... Let the muscles in your forehead and temples relax. Now this peaceful feeling flow down your neck and deep into the muscles in your shoulders...soothing them... releasing them.

Now it's time to leave the external world behind and go on an inner journey. A journey to a place of deep inner stillness. Imagine that you are standing on the peak of a great mountain. It's early in the morning, and a light, hazy mist surrounds you. The sun is rising slowly. You can feel the warm, orange light on your face and your body. A light breeze caresses your face.

Listen to the sound of silence. Look out over the landscape, notice how everything looks so small in comparison to the great mountain.

As you are standing staring out in the distance you feel a presence standing behind you. You look and the great God Anu is standing there with his tiara on his head. He takes your hand and leads you to a doorway in the mountain that you didn't realise was there. He opens the door and you both move into the darkness. There is a small room and a wooden bench in this room. Anu asks you to sit for a while and contemplate on what in your life needs changing, what no longer serves you. You both sit in silence, only the sound of your breathing can be heard. As you look into the darkness, images of things that no longer serve you start to emerge in your mind's eye. Take some time to allow these images to play out.

When the images have stopped, Anu asks you do you understand what needs changing in your life, what you need to let go of. He then asks if you are sure you are ready to let go. You think seriously about what you need to let go. When you are sure you let Anu know.

Anu once again takes your hand and leads you out of the dark room into the sun light. The light is initially blinding but soon your eyes start to adjust. You are once again standing with Anu looking out over the landscape. Look to the sky Anu says. Look to the heavens, what are your heart's desires. You look to the sky and start to think about what your heart's desires is. Are you sure they are what you really need? Anu takes the tiara off his head and places it on your head. Now use the tiara of higher knowledge and look to the sky, look to the heavens. Take your time and look at your life and what you need from a higher perspective. Take time for your thoughts to pass through the sky and the heavens.

A strange sensation moves through your and suddenly you are feeling completely at peace. The sun is now higher in the sky. Its light has gathered strength. Notice that the mist that surrounded the mountain has disappeared. You feel clearer and clearer. In this place, Anu states you are free from all memories of the past. You are free from all concerns about the future. You are free from all responsibilities. This is a place of total peace, and it is all yours when you need to get perspective. Anu takes back his Tiara and then blesses you with the sign of Anu which is placed in your third eye.

It is time to return, Anu bids you farewell until we meet again. He vanishes into the nothingness and you find yourself back in your chair in the circle. You take a moment to assimilate the information you have received and when you are ready wriggle your fingers and toes and open your eyes.

CLOSING

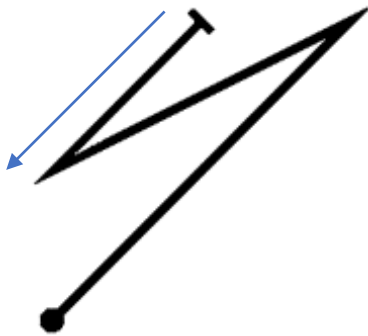
ANU CLOSING

Thank you Anu for your powers of introspection.

TIAMAT CLOSING

Oh Great Goddess Tiamat, thank you for arising
and awakening in the darkness and the abyss.
Thank you for assisting in our journey.
I release thee.

CLOSE QUARTERS



NORTH

I close the Northern gates of Fire
Thank you for coming forth, witnessing this rite
and protecting this circle.
May you dwell within our hearts,
So shall it be.

Trace the sigil in reverse.

SOUTH

I close the Southern gates of Earth
Thank you for coming forth, witnessing this rite
and protecting this circle.
May you dwell within our hearts,
So shall it be.

Trace the sigil in reverse.

EAST

I close the Eastern gates of Air
Thank you for coming forth, witnessing this rite
and protecting this circle.
May you dwell within our hearts,
So shall it be.

Trace the sigil in reverse.

WEST

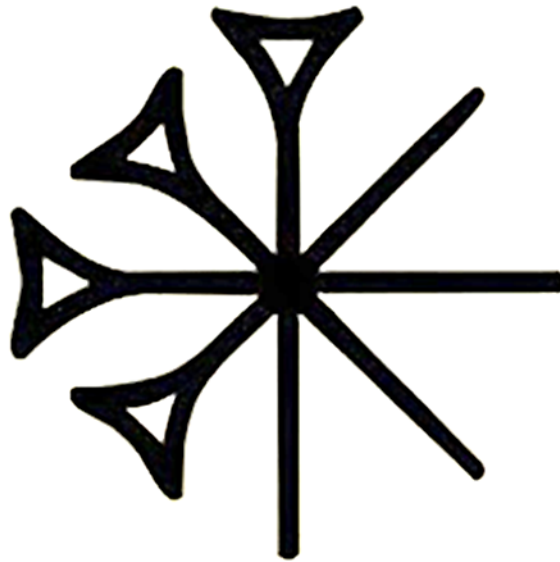
I close the Western gates of Water
Thank you for coming forth, witnessing this rite
and protecting this circle.
May you dwell within our hearts,
So shall it be.

Trace the sigil in reverse.

Person who is hosting the ritual says:

By the power of the dragons this circle is closed.

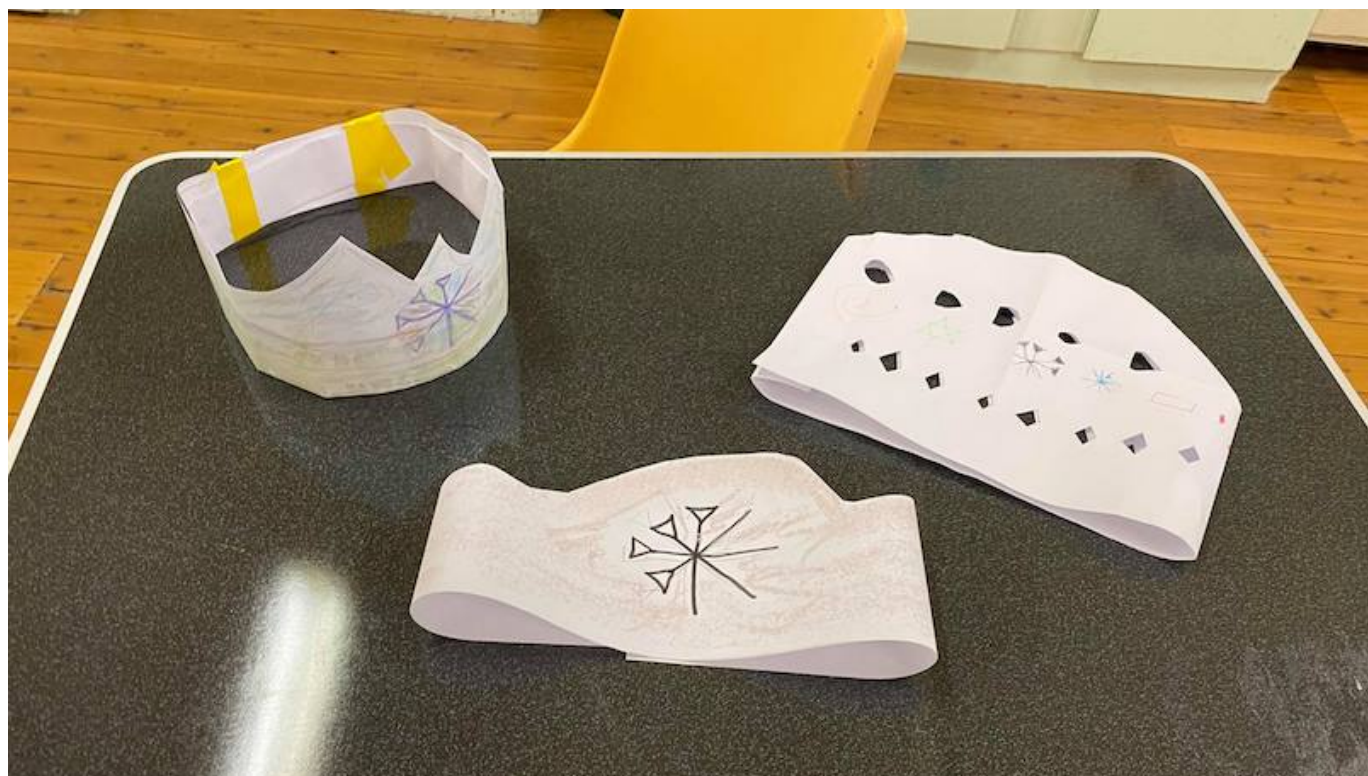




Spheres Of Light Nowra ~ 6/3/2020



A photograph of a ritual altar set up on a black cloth over a wooden floor. The altar features a central blue plate with a red candle, surrounded by various symbolic objects including a crescent moon wand, a yellow bird figurine, a white bowl, a small metal pot, a blue dragon figurine, a framed picture of a deity, and a string of blue lights.



A photograph of a ritual altar or workspace. The surface is covered with a colorful, abstract cloth. Various items are arranged on it, including several lit candles in different holders, a glowing spherical lamp, a small framed picture of a stylized eye, a skull, a small bowl, a roll of paper, and a purple container. The bottom edge of the image shows a black border with a repeating pattern of pentagrams and circles.

