

# RELEASING THE OLD, SEEING THE NEW

*Ritual written\* and led by Gwyneira Morgana  
(Southern Highlands Circle - June 2005)*

## INTENT

This Full Moon is special not only because it is a Full Moon, and not even because it is an eclipse, but indeed is an eclipse in the signs of Aries and Libra. This is of special significance because Aries is not only representative of the self, but is the initiator of the true self. This is not initiation in the sense of something that is conferred upon another, but in its highest sense as that opening of the soul that creates a vacuum into which the fullness of spirit can flow. Indeed, even if this could be conferred, it should not be, for the path entailed is only able to be walked when it opens in its proper season, in its proper way. If it were to be opened prematurely, it would become a path of loneliness, anger, and megalomania --the king in his ivory tower (a little like Saruman for those LOTR fans).

This does not mean however that we cannot open ourselves to it, and allow that which is appropriate for us in this time and space to flow, and so we shall.

Calling upon the Goddess of the blood mysteries, and the Pegasus that arises from the sacrifices made there, we shall seek an experience, a vision, as we assume the posture of death, and allow ourselves to be bathed in the sounds and power of the drum.

In this way, we will  
RELEASE THE OLD, AND GAIN VISION OF THE NEW

## CIRCLE CASTING

We will begin by honouring this land in song...

### Song

Gundrah A oo noo Nungeenah tya Gundrah Lah oo oo noo  
Yahma koorah, yahma koorah Nungeena tya Yahma koorah

Then, after smudging, each person prepares to enter the circle, then, in procession in an anticlockwise (deasil) fashion, all enter, singing:

We are a circle, within a circle  
With no beginning and never ending  
(x2)  
You hear us sing, you hear us cry  
Now hear us call for you, Spirits of earth and sky  
Within our hearts, there goes a spark  
Love and desire, a burning fire

We are a circle, within a circle  
With no beginning and never ending  
(x2)  
Within our blood, within our tears  
There lies the offer, of living water

Take our fear, take our pain  
Take the darkness, into the Earth again

We are a circle, within a circle  
With no beginning and never ending  
(x2)  
The circle closes, between the worlds  
To mark the sacred space,  
Where we come face to face

## **QUARTER CALLS**

### **EAST**

Watcher that dwells in the starry realms of Aldebaran  
Eye of the Bull,  
Bringer of Wisdom, Eloquence, Integrity. I call thee.  
Bless this circle with your presence, your guidance and protection we ask, and thank you  
We welcome you So Mote it Be.

### **SOUTH**

Watcher that dwells in the starry realms of Regulus  
Heart of the Lion,  
Bringer of Nobility, Power, Healing. I call thee.  
Bless this circle with your presence, your guidance and protection we ask, and thank you  
We welcome you So Mote it Be.

### **WEST**

Watcher that dwells in the starry realms of Antares  
Heart of the Scorpion,  
Bringer of Adventure and much honour. I call thee.  
Bless this circle with your presence, your guidance and protection we ask, and thank you  
We welcome you So Mote it Be.

### **NORTH**

Watcher that dwells in the starry realms of Fomalhaut  
Mouth of the Fish,  
Bringer of Magic, Faith, Occult knowledge. I call thee.  
Bless this circle with your presence, your guidance and protection we ask, And thank you  
We welcome you So Mote it Be.

## **INVOCATIONS**

### **MEDUSA**

Ancient and beautiful Medusa,  
She who guards the mysteries of life and death,  
She who confronts us with ourselves,

She who is the doorway to our freedom  
We offer ourselves to your insights, to your sacrifice,  
And welcome you here tonight. So Mote it Be.

## **PEGASUS**

Mighty Pegasus,  
He who arises from the blood of the Goddess,  
He who is freedom,  
He who carries those newly liberated to heavens heights,  
We call for you, To lift us, that we may soar,  
We welcome you, So Mote it Be

## **WORKING**

All sit upright, with a cushion ready to lie down after we sing:  
Snake woman shedding her skin (repeat),  
shedding, shedding, shedding her skin (repeat).

*(repeat each 2x)*

Bird woman taking flight...  
Star woman shining bright...  
Moon woman riding the night...  
Blossom woman opening wide...  
Snake woman shedding her skin...

All then lie down, as flat as is reasonable, with right arm crossed over left over the chest. Just allow whatever to be as Caroline drums.

## **SHARING**

## **CLOSING**

Mighty Pegasus  
we thank you for your  
blessings of freedom and power,  
Hail & Farewell

Beautiful Medusa  
we thank you for your  
Guidance and sacrifice  
Hail & Farewell

## **NORTH**

Watcher that dwells within Fomelhaut  
We thank you for all that you have brought here,  
Hail & Farewell.

## **WEST**

Watcher that dwells within Antares  
We thank you for all that you have brought here,  
Hail & Farewell.

## **SOUTH**

Watcher that dwells within Regulus  
We thank you for all that you have brought here,  
Hail & Farewell.

## **EAST**

Watcher that dwells within Aldebaran  
We thank you for all that you have brought here,  
Hail & Farewell.

May this circle be open but unbroken  
May the peace of the Goddess be ever in our hearts.  
Merry Meet and Merry Part  
And Merry Meet again.

*\* This ritual is a combination of the author's original ideas and information obtained from various books and/or internet sources.*