

# *Spheres Of Light*



**Summer Solstice — 20th December 2019**

**Rainbow Serpent**



*Australian Aboriginal rock painting of "The Rainbow Serpent" — from [Wikimedia Commons](#)*

**Summer Solstice 22/12/19 2:19PM, Capricorn Solar eclipse 26/12/19 4:13pm**  
(Full Moon in Gemini was 12/12/19 4:12pm)

The Summer Solstice is a time to reflect on the growth of the season. Seeds planted in the Earth as well as our own seeds of our soul's desires. This is a time of cleansing and renewal; a time of joyous love and growth.

This last Circle of the year is a time to celebrate our diversity in oneness, and at this last Dragon ritual of the year we will be honouring the Rainbow Serpent. The Rainbow Serpent dreaming in Aboriginal society represents one of the great and powerful forces of nature

and spirit. Connected to water, the Rainbow Serpent is the great life giver, and protector of water, which is his/her spiritual home. As we are experiencing a terrible drought it is only fitting that the Rainbow Serpent should be called upon to bring forth cleansing rain. At the end of our ritual, we will celebrate the Summer Solstice with a feast.

## **Summer Solstice Ritual — Astrology**

Welcome to December, the last circle of the year and the last circle of the decade! 2020 has so many cosmic alignments that point to big changes on the way! A new way of doing things and a new way of being! Let's get excited for the new us!

Jupiter will move into Capricorn on December 2nd for the first time in 12 years. While Capricorn is not the ideal zodiac for expansive Jupiter, it will actually be protecting us over the coming months as we prepare to experience a lineup of planets in Capricorn. The two most notable planets being Saturn and Pluto.

Saturn and Pluto together in Capricorn will see the destruction of things that are no longer working for us.

If we don't make these changes, if we don't ride this new opening of energy, we may be making things more difficult for ourselves. Relax, breath and ride the wave! We totally have got this!

Under this energy, we are all being asked to climb higher while keeping our balance in body, heart, mind and spirit.

We have to stretch beyond our normal limits to make an affective change. Challenge our inner critics and face our fears, for that's the only way we will grow.

December 22nd then brings the Summer Solstice and the start of Capricorn Season. The solstice always gets us all thinking about what goals we want to set for the year ahead.

The start of Capricorn Season is a wonderful time for setting long-term goals. On the 26<sup>th</sup> of December we have a Capricorn Solar Eclipse. This Eclipse is opening a portal to a new wave of consciousness and will be intense. Use this energy wisely to help you achieve your goals. Visualize yourself aligning higher and raising your vibration.

December is the month of closure. Rest assured whatever has dropped away or was purged in 2019 serves you no purpose in 2020. Even though the road was painful in 2019 trust in the higher power and be kind to yourself on your journey.

## **Acknowledgement of Country (Loftus circle)**

I would like to acknowledge the Dharawal people who are the traditional custodians of this land. I would also like to pay my respects to Elders past, present and emerging of the Darug nation and I extend that respect to any indigenous persons present. This is Aboriginal Land.. always was... always will be.

## Rainbow Serpent — Introduction

The Rainbow Serpent is one of the most well known Aboriginal dream stories and is one of the oldest continuing religious beliefs in the world.

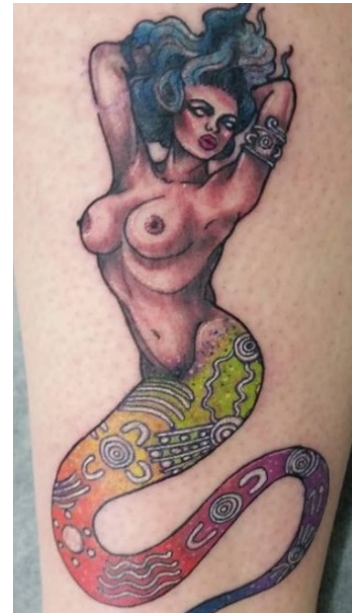
In some dreamtime stories the Rainbow Serpent is male and in others is female, making the Rainbow Serpent hermaphroditic or androgynous in nature.

Tonight, we will be working with the divine feminine aspect of the Rainbow serpent the Wanampi (won-na-pee). Which is the Pitjantjatjara word for the Rainbow Serpent or rainbow snake.

It was said that when time was new and Earth Mother was flat and gray the Wanampi the Great Rainbow Serpent uncoiled its body from the underworld and slithered its massive form across the land. Her massive body pushed against the virgin land creating mountains and rivers.

The Rainbow Serpents greatest gift to us was the shaping of our land, Australia. She is a great healer with the gift of transformation. She will help transform our fears into gifts of strength and power.

Tonight, we will be reshaping our inner landscapes, reshaping our own personal reality. We will do a healing meditation that will pin point the aspects of your life that you may need to examine and what you may need to work on for the year ahead. For this meditation I would like everyone be laying down with their heads in the south and feet in the north. For people that can't lay down that is okay just situate your body into that position. Please bring your journals to note down any messages you receive during the meditation.



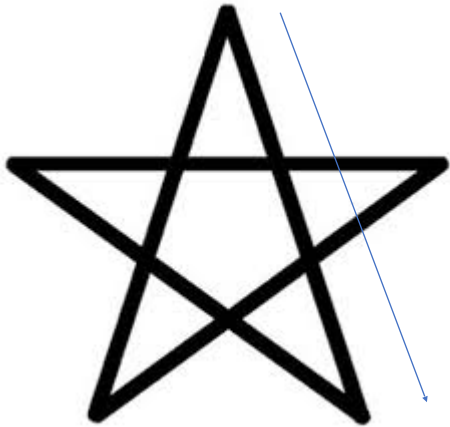
### Cast Circle:

By the power of the dragons may this circle be blessed cleansed and sanctified.

### Dragon Invocation & quarter Calls:

I (Dragon Name) invoke the Dragons this night  
Come, Dragons of the primordial waters  
Come, Dragons from the primal source of creation  
Come, Dragons of Lightness and Darkness  
Come, Dragons of Chaos and Form  
I invoke you to join us and impart your wisdom and ancient knowledge  
Guard and Protect us this night  
As be your will

*Take the Athame from the altar and trace out the invoking pentagram at each quarter*



I open the Eastern gates of Air  
Come forth with your mighty winds  
Circle us with your power and inspiration  
I call you to come forth and protect and charge this circle.  
As be your will

I open the Northern gates of Fire  
Come forth with your fiery breath  
Circle us with your strength and power  
I call thee to come forth and protect and charge this circle.  
As be your will

I open the Western gates of Water  
Come forth with your power of the primordial ocean  
Circle us with the power of connective energy  
I call thee to come forth and protect and charge this circle.  
As be your will

I open the Southern gates of Earth  
Come forth with your protective force  
Circle us with the powers of manifestation  
I call thee to come forth and protect and charge this circle.  
As be your will

### **Wanampi Invocation**

Wanampi, Mother of the West, *(everyone chants Wanampi 4 times)*  
Mother of Earth and Water, *(everyone chant Wanampi 4 times)*  
Mother of healing, humility and compassion, *(everyone chant Wanampi 4 times)*  
Guide us in our healing tonight, *(everyone chants Wanampi 4 times)*  
Hail and Welcome.



*Loftus altar*

## **Meditation**

As you lay on the ground, I want you to start to notice your body. Notice that you're laying on the ground. Feel the earth under your body and now breath deep.....deep down into the earth, down into the earth, deep, deep down into the earth.

*(Pause for a few seconds)*

We are now going to take a journey back, back in time, back to when our land was new. Back to when we were first dreamed into existence.

Lay still and listen. The earth is silent and still.

Feel the new earth on the back of your skin, the mother, mother earth is holding you close to her. Supporting your body firmly on the ground.

All that exist in this new world is mother earth and father sky and you.

...

Suddenly you feel a vibration though the earth. She is coming the Wanampi is coming to meet you.

She comes across the land, her body bumping and grinding against the earth, slithering and sliding.

Creating mountains and valleys with her large heavy body. Spewing out water from her mouth to make the rivers that bring vegetation and life to the dry empty earth.

...

She is coming for you. Coming to swallow you whole, coming to take you on a journey of self-discovery and healing.

You can feel the great serpent's body on yours now. You can feel her mouth swallowing you. First your feet, then your knees, your pelvis, stomach, chest and lastly your head is consumed.

...

You are now in the dark warm belly of the Wanampi.

"My child," she whispers to you in her soft serpent tongue. "see through my eyes." Suddenly you can see.

You and the Wanampi are now one.

She says, "Let me take you on a journey, let us follow the sun and travel deep into your soul to find the true you, the authentic you, the you that you have been missing."

First let us travel to the west.

Here in the west we are at the place of new beginnings. The place of the morning sun. The place of purpose and direction. The place of heart. The Wanampi asks, "What's in your heart? What do you need to see? What is your purpose and how can you step into it?" Sit in the belly of the Wanampi and discuss with her these questions.

*(Pause for reflection)*

The sun is rising now and you and the Wanampi start to travel North to the place of the midday sun, the place of fire. It is hot, hotter than you have ever felt it before. The Wanampi says, "Ah I see you're uncomfortable, this is the place of challenge. Life, it challenges you but this is just the cycle of life. Without the cycle of life, we can't grow. It is not a place of comfort. It takes courage strength and endurance to sit in this place. It takes stillness and dignity to move through this pain. What's causing you pain? What is blocking you or stopping you? What is your power, how can you overcome this challenge? Sit now with the Wanampi and discuss this with her now.

*(Pause for reflection)*

The day is moving and you and the Wanampi now travel to the West to the place of water and the divine feminine, The Wanampi takes you into the cool water. You feel the healing water splash against your skin. The Wanampi says, "Here in the west is my home, water is the element of healing, humility and compassion. What do you think needs healing in you? How much compassion do you give yourself?" Stop here in the cool waters of the Wanampi's home and reflect with her these questions

*(Pause for reflection)*

The day is now over and you head south, to the place of earth, the place that you started your journey from the place of the setting sun. The place of your ancestors and ancestral

knowledge, the place of your intuition, the place where you might see your totem animals and guides. What do your guides, ancestors and totem animals wish you to know and how best can you use this knowledge? Sit with the Wanampi and your totems and guides now and discuss this with them.

*(Pause for reflection)*

The Wanampi says, “My child your healing journey is now complete. You feel yourself being pushed back out of serpent’s body like you’re being born anew. Like a newborn the light is bright and you feel weak and a bit tired after your long journey. You say farewell to the Wanampi and thank her for her lessons. You take your time and feel the earth on your back. Slowly take three deep breaths. Wiggle your toes. Slowly open your eyes and come back to this room.

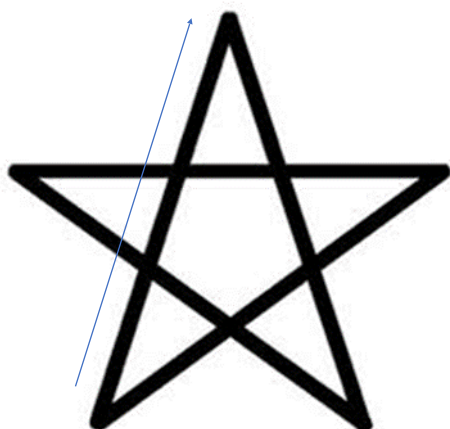
## **Activity**

Earth healing and calling for rain — as we are experiencing a terrible drought it is only fitting that the Rainbow Serpent should be called upon to bring forth cleansing rain.

## **Closing**

Wanampi, Mother of the West,  
Mother of Earth and Water,  
Mother of healing, humility and compassion,  
We thank you for guiding us in our healing tonight  
Hail and farewell.

*Close quarters with banishing pentagram*



I close the Southern gates of Earth  
Thank you for coming forth, witnessing this rite and protecting this circle.  
May you dwell within our hearts  
So shall it be

I close the Western gates of Water  
Thank you for coming forth, witnessing this rite and protecting this circle.  
May you dwell within our hearts  
So shall it be

I close the Northern gates of Fire  
Thank you for coming forth, witnessing this rite and protecting this circle.  
May you dwell within our hearts  
So shall it be

I close the Eastern gates of Air  
Thank you for coming forth, witnessing this rite and protecting this circle.  
May you dwell within our hearts  
So shall it be



By the power of the Dragons this circle is closed.



*Loftus solstice feast*