

# *Spheres Of Light*



**Full Moon Circle — 11th October 2019**

**Nehebkau**



*Images of Nehebkau from Wikimedia Commons*

## **Introduction — Full Moon in Aries (14/10/2019 8:07am)**

Since the start of October, there have been some tense cosmic energies on the rise. Perhaps you have been feeling this in your own life and wondering when you will find some relief. Well, that relief is coming with the October Full Moon. Falling in the sign of Aries, the October 14th Full Moon is going to help cut cords of tension so we can relax and feel free. If you have been feeling highly strung, easily frustrated, or overwhelmed, there is a huge release point on offer to us under the bright Full Moon. In order to use this energy to our fullest advantage, we must do some work to snip the cords and release ourselves from the shackles we have become bound by.

## **Nehebkau**

In Egyptian mythology, Nehebkau's name implies that he is the one that brings together the ka - the double of a person and unites the double with the physical body that the ka would reside in. Nehebkau was said to also have guarded the entrance to Duat, the underworld. Nehebkau was one of the warriors who protected Ra whilst he was in the underworld, during Ra's nightly travel,

as a sun god, under the earth. As a snake god, he was thought to have some power over snake bites, and other venomous bites, such as those of scorpions. He is also identified as the son of Serket, the scorpion-goddess of protection against these things. He was depicted in the form of a snake with arms and legs, occasionally with wings. He is sometimes shown holding containers of food in his hands, in offering to the deceased. Less often, he is shown as a two headed snake, with a head at each end of the reptilian body.

Egyptians believed that Nehebkau was one of the original primeval gods. He was linked to the sun god, swimming around in the primeval waters before creation, then bound to the sun god when time began. He was a god of protection who protected the pharaoh and all Egyptians, both in life and in the afterlife.

The Egyptians believed that he swallowed seven cobras (seven was a magical number to the ancient Egyptians), using them for his magical power. It was believed that he was one of the gods who announced the new pharaoh to the rest of the gods, at the beginning of the new pharaoh's rule. After death, it was Nehebkau who protected and fed the pharaoh, offering food and water to the other justified dead. The drink was known as the 'Milk of Light', magical liquid that would heal the deceased had they been bitten by a poisonous animal.



## **The Ritual**

### **ALTAR**

Jug of almond milk to be placed on Altar.

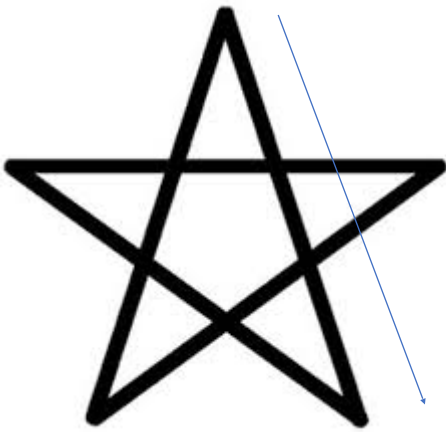
### **Cast Circle:**

By the power of the dragons may this circle be blessed cleansed and sanctified.

### **Dragon Invocation & quarter Calls:**

I (Dragon Name) invoke the Dragons this night  
Come, Dragons of the primordial waters  
Come, Dragons from the primal source of creation  
Come, Dragons of Lightness and Darkness  
Come, Dragons of Chaos and Form  
I invoke you to join us and impart your wisdom and ancient knowledge  
Guard and Protect us this night  
As be your will

*Take the Athame from the altar and trace out the invoking pentagram at each quarter*



I open the Eastern gates of Air  
Come forth with your mighty winds  
Circle us with your power and inspiration  
I call you to come forth and protect and charge this circle.  
As be your will

I open the Northern gates of Fire  
Come forth with your fiery breath  
Circle us with your strength and power  
I call thee to come forth and protect and charge this circle.  
As be your will

I open the Western gates of Water  
Come forth with your power of the primordial ocean  
Circle us with the power of connective energy  
I call thee to come forth and protect and charge this circle.  
As be your will

I open the Southern gates of Earth  
Come forth with your protective force  
Circle us with the powers of manifestation  
I call thee to come forth and protect and charge this circle.  
As be your will

### **NEHEBKAU INVOCATION**

Hail Nehebka, who guards the land of the afterlife  
Who protects us from the poisons from all venomous creatures  
Come forth and heal us from our poisonous wounds  
Heal us with the Milk of Light, that magical luminous liquid of life itself  
So that we can move forward in our life  
We welcome you Great Snake God into our circle tonight

## NEHEBKAU HEALING MEDITATION

Close your eyes, breathe in deeply through the nose, breathe out through the mouth, do this three times. Visualize you are stepping away from your body. A white silvery mist covers the floor and as you move through the mist you find yourself in the desert. It is a still cool night and the pale moon illuminates the desert around you. You have a sense of someone is near you. You see a soft shimmering image wafting in and out of your view. As you look down at your feet, you notice a luminous black snake. The snake rears up, but it represents no threat to you. The snake is joined by other snakes and they all slowly move over the sand heading in a particular direction. You have a sense that you should follow them. You follow the snakes up a sand dune and as you ascend towards the top, you feel the energy of an unseen presence.

On the top of the dune you have a sense of calm. You have a sense that you have entered the land of a great God. There is a whisper in the wind that you should clear your mind of all negative thoughts. You notice the shimmering near you and slowly the shape transforms into the Snake God Nehebkau. He is a powerful forbidding presence and he stands guarding the gateway to the Underworld.

Nehebkau greets you and opens the gate to Duat, as the gates open the snakes that accompanied you disperse and move away. You are directed into a dark room, which is dimly lit by candles. You and Nehebkau stand facing each other in the centre of the room. As you look around you see painting on the walls of snakes and people, pictures of people being bitten by snakes, dying and moving into the afterlife. Nehebkau directs your gaze to his eyes and for a moment you are completely mesmerised. You feel like he is scanning through your body. You feel certain parts of your body tingling. These are the parts of your body that are holding poisons from wounds you have been holding on to for a long time. Wounds that are festering and taking away your energy.

Nehebkau, moves to a recess in the wall and brings out a large jar of luminous liquid. This is the Milk of Light, a liquid that removes all poison from your body. Nehebkau pours some into a clay bowl and chants some ancient words over the bowl. He then gives you the bowl to drink of its contents. As you drink you feel the substance moving through your body. He tells you to breathe deeply and allow the milk to remove the poison from your body. Spend some time now allowing the milk to heal you.

For a moment you are feeling lightheaded as the healing takes effect. Nehebkau places a hand on your shoulder and suggests you can call on him for protection in the future. He then directs you out of the Underworld and once again you are back in the desert. Before you leave Nehebkau reaches down and picks up a snake to take home with you. This snake is a representation of the earth's energy and healing powers. This is a powerful ally that protects you and aids your innate instincts and the darker mysteries. You thank the God for your gift, and you make your way slowly back down the sand dune, giving yourself time to ponder what you have experienced before you return. When you reach the bottom, you see the silvery mist and as you walk through the mist you find yourself back in your body and back in the circle.

## ACTIVITY

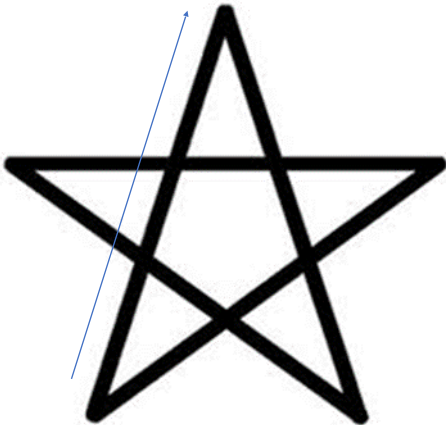
Jug of almond milk to be placed on Altar. After meditation, everyone reflects on the poisons they have received through their lifetime. Everyone projects the sound of a bee through their third eye towards the jug of almond milk with the intent that it heals our wounds. Pour the almond milk into cups and as each person drinks, they say "The Milk of Light absorbs all poison within my body".



## Closing

Hail Nehebkau, who guards the land of the afterlife  
Thank you for attending this rite  
Thank you for your healing Milk of Light  
Thank you for your protection  
Hail and farewell

*Close quarters with banishing pentagram*



I close the Southern gates of Earth  
Thank you for coming forth, witnessing this rite and protecting this circle.  
May you dwell within our hearts  
So shall it be

I close the Western gates of Water  
Thank you for coming forth, witnessing this rite and protecting this circle.  
May you dwell within our hearts  
So shall it be

I close the Northern gates of Fire  
Thank you for coming forth, witnessing this rite and protecting this circle.  
May you dwell within our hearts  
So shall it be

I close the Eastern gates of Air  
Thank you for coming forth, witnessing this rite and protecting this circle.  
May you dwell within our hearts  
So shall it be

By the power of the Dragons this circle is closed.

