

SPHERES OF LIGHT Full Moon Circle 27/04/2018



Scorpio Full Moon 27/04/18

The Scorpio full moon marks the point on the wheel of the year called Samhain. Samhain is the peak of autumn, midway between the Autumnal Equinox and the Winter Solstice. Leaves are falling from the trees, the nights are getting longer, and the weather grows colder. It is the beginning of the dark half of the year. As the signs of nature remind us that winter is coming, we feel the pull of solitude and reflection. It is time to look within and to acknowledge those things that are ready to come to a close.

The Celts believed that during Samhain, the souls of the human dead and the pagan gods of nature were more able to cross over from the supernatural realm into the land of the living. The veil is thin for the entire span of time from the Sun's entry into Scorpio until Winter Solstice.

This is a time to honour our ancestors, for we are the sum of all our ancestors, if an ancestor had died over centuries then we would not be here. Our existence is a tribute to their and our survival and their blood and wisdom courses through our veins.

The full moon falls in Scorpio with the sun falling opposite in Taurus. A true light/dark or yin/yang situation comes about with a strong headed, practical Taurus opposing the aloof, mysterious Scorpio. This is a good full moon for sharing deeper, more serious emotions with a loved one. Commitment, loyalty and the family home may be topics of interest during the coming two weeks.

Tonight we will be creating a special altar to honour our ancestors. The altar will include elements of nature and also ancestral memorabilia.

We will be using rattles, drums, bells, etc to open up a portal to the ancestors through sound. We will also be doing a meditation to contact our ancestors and after the meditation we will be writing a gratitude message to our ancestors which we will burn and send the messages to our ancestors in the form of smoke which is mingled with incense.

The Ritual

Opening the Circle

We honour the direction of the East and Air
Where the sun rises
Laughter of the Kookaburra
Spiritual birth and awakening
The realm of the child and young adulthood
The energy of the season of Spring
We honour the wisdom of the Elders of the East
Welcome!

We honour the direction of the North and Fire
Red-bellied Black Snake in the midday sun
The energy associated with life force
The vitality that arises when the heart opens
The realm of the mother and father
The energy of the season of Summer
We honour the wisdom of the Elders of the North
Welcome!

We honour the direction of the West and Water
Water Dragon lazing at the water hole
The direction of the setting sun
The place of harvest and letting go
The realm of the maga and magus
The energy of the season of Autumn
We honour the wisdom of the Elders of the West
Welcome!

We honour the direction of the South and Earth
Where the sun is hidden
Echidna lying deep within its burrow
The underworld, grounding and self realisation
The realm of the crone and the wise man
The energy of the season of Winter
We honour the wisdom of the Elders of the South
Welcome!

We honour the Centre, Father Sky & Mother Earth
The space of the all, right here, right now
The space of stillness and presence
The space of Spirit
We honour the knowledge of the Ancients
Welcome!

Contacting Your Ancestors Meditation

Start the meditation with slow deep breathing, concentrate on feeling the earth below you. Visualise the support of the Earth underneath you, connecting you to the vast wisdom of Mother Nature. Feel her energy enter your body as you inhale, and run up and down the spine as you exhale.

Take a moment and think about who you are and where you are in this moment. Remember that every part of you has been woven together by the fabric of your ancestors, the good and the bad. Their blood, their experiences, their pains, their joys all run through you and shape you.

Call upon your guides and totem animals to protect you. Visualise you are being transported to a place in between worlds, an ancient meeting place. This place could be a cave, or an ancient battle field or a chamber in an old burial mound. Become acquainted with the darkness and become the darkness. Begin to visualize your ancestors starting to form around you. They come from many periods of time and cultures. Take your time acknowledging each ancestor.

Ask your ancestors if they have anything they need to share with you, that is important for you to know at this point in time. Continue moving around your ancestral line with this conversation, receiving knowledge and offering gratitude taking as much time as you need with each spirit.

Allow the messages to come to you in the form of images or sounds in your head, a feeling, or even a smell. When it is time I will call you back.

It is now time for you to return to your realm and the ancestors to return to theirs. We thank all those who have helped shape and create who we are now. We honour your divine wisdom.

Thanking your guides and totem animals, see yourself returning to your body. Wriggling your fingers and toes.

Take a few moments after your meditation to write out your thoughts and emotions on a piece of paper.

Group Activity - Gratitude Message

After the meditation we will write a gratitude message to our ancestors which we will burn and send the messages to our ancestors in the form of smoke which is mingled with incense. More drumming and rattling will follow this.

Closing the Circle

We release the space of the Centre, Father Sky and Mother Earth, the space of Spirit and the Ancients and give thanks for their teachings and blessings. Hail and farewell.

We release the direction of the South and Earth and give thanks for its teachings and blessings. Hail and farewell.

We release the direction of the West and Water and give thanks for its teachings and blessings. Hail and farewell.

We release the direction of the North and Fire and give thanks for its teachings and blessings. Hail and farewell.

We release the direction of the East and Air and give thanks for its teachings and blessings. Hail and farewell.

Photos from Loftus Circle

