SPHERES OF LIGHT Full Moon Circle 02/03/2018



Full Moon Circle in Virgo

"This week of March 2 - 8, 2018...YOU'VE CHANGED - You've shifted thanks to the recent Eclipse Season. We're now in a 'room of mirrors' where everything you're experiencing is a direct reflection of who and what you are on the inside. We need to be very careful of what energy we're giving out as March begins. If you're seeing that life is hectic and people are erratic, changing this starts with YOU. There is a positive flow happening and you can tap into it."—Elizabeth Peru

This Full Moon in Virgo could thus be a good moment to step-up the ways that aid our emotional well-being especially since it's opposite a tight Sun-Neptune conjunction Unless you learn to face your own shadows, you will continue to see them in others, because the world outside of you is only a reflection of the world inside you.

which could make us feel clueless about who we really are as our emotions follow suit and enhance sensations of inadequacy or confusion about what we're really receiving and perceiving and from whom.

Snake Medicine

When snakes shed their skin, they metamorphose into a new being. The shedding of the skin is also associated with astral travel and out of body experiences.

On the deepest level Snake's skin shedding symbolizes death and rebirth, an idea which is depicted by the image of a snake swallowing its own tail, a symbol of eternity. The Snakes medicine is not to be treated lightly. Its meaning touches on the deepest mysteries in life. If you are ready to shed your own skin, Snake is ready and waiting to guide you through the spiral path of transformation.

Snake's/serpent's power includes – Being the messenger of the Rainbow Serpent, wisdom, healing, initiation, elusiveness, manipulation of lightning, transmutation, exploration of the mysteries of life, primitive or elemental energy, protection from religious persecution, goddess energy, psychic energy,

creative power, immortality and the connection to, or forming, the magic cord by which the shaman travels to the soul world. Snake medicine is the energy of wholeness, cosmic consciousness, and the ability to experience anything willingly and without resistance. It is the knowledge that all things are equal in creation, that all is one.

The Ritual Opening

We honour the direction of the East and Air Where the sun rises
Laughter of the Kookaburra
Spiritual birth and awakening
The realm of the child and young adulthood
The energy of the season of Spring
We honour the wisdom of the Elders of the East
Welcome!

We honour the direction of the North and Fire Red-belly black snake in the midday sun The energy associated with life force The vitality that arises when the heart opens The realm of the mother and father The energy of the season of Summer We honour the wisdom of the Elders of the North Welcome!

We honour the direction of the West and Water Water Dragon lazing at the water hole
The direction of the setting sun
The place of harvest and letting go
The realm of the maga and magus
The energy of the season of Autumn
We honour the wisdom of the Elders of the West
Welcome!

We honour the direction of the South and Earth
Where the sun is hidden
Echidna lying deep within its burrow
The underworld, grounding and self realisation
The realm of the crone and the wise man
The energy of the season of Winter
We honour the wisdom of the Elders of the South
Welcome!

We honour the Centre, Father Sky & Mother Earth
The space of the all, right here, right now
The space of stillness and presence
The space of Spirit
We honour the knowledge of the Ancients
Welcome!

Rainbow Serpent Meditation.

Moving into the centre of the room into a bright flaming bonfire. As you step into the flames of transformation they grow higher and brighter until you are surrounded completely. Eventually all you can see is bright white light and feel the heat of an ancient fire, it's within this fire you are transported through space and time.

As the light eventually dims you see yourself standing on the earth and above you the moon and sun pass across the sky counting back thousands and millions of years. All the way back into the dreamtime. The time that is now only told in myths and legends of the indigenous people of this land.

Stepping out of the flames now you feel yourself starting to change as an ancient and secret magick surrounds you. This is snake magick and medicine of the dreaming and it will help you in your journey of transmutation as you shed old patterns of behaviour and emotions. You feel yourself starting to shed your human form as you are released from its limitation and illusion.

As this happens you feel yourself shrinking smaller and smaller, your arms are absorbed into your body as your legs and feet are becoming a long tail, your skin covered in scales as your whole body sinks closer to the ground. Your senses heighten and you feel every vibration of the earth. You wriggle and slither in your new snake form.

Your instincts are strong and wild as you move across the ground, you know you must go now to meet with the Rainbow Serpent. As you move you gain speed and your snake body traces patterns across the earth. Moving through grasses and deserts, over fallen branches and leaves, over rocks and through endless bushland...

Eventually in this bush you reach a magical looking watering hole and see a small waterfall cascading into the pool. In the mists you notice the sun and the water creating a rainbow in the light.

You can feel you are not alone and see that the whole time a great snake has been watching you — this is the Rainbow Serpent. It knows you have come to seek its knowledge and wisdom.

Spend some time now with the Rainbow Serpent being open to whatever you are shown. Pay attention to the insight shown and how to make your way forward in your life.

When you are done I will call you back.

You thank to Rainbow serpent for your time and connection you have shared as it is now time to return to this world from the dreaming. As you make you way back into the endless bushland you feel a deep tremor in the earth and feel something coming towards you — it is the Rainbow Serpent.

You see the great snake break apart into millions of snakes all the colours of the rainbow.

They follow you on your journey back to our time and our land. They all look very familiar. You see all the native snakes of your area. The Green Tree Snake, Red-bellied Black Snake, Yellow Diamond Python, Black Death Adder, Striped Tiger Snake, Eastern Brown Snake, White Lipped Snake, Spotted Python and many more. All journeying back with you into the great fire from where we arrived.

You feel yourself shed the skin of the snake and return to your human form, but born anew. The fire transports you again through space and time as we enter back into the room, back into your body.

When you are ready wriggling and slithering back and when you are ready open your eyes.

Group Activity — Shapeshifting & Spiral Walk

We will be shapeshifting into a snake, not from an individual's perspective but as a circle perspective. The participants of the circle become the snake. We will be doing a spiral walk, each step we take will be a step towards our transformation. We will be shedding our patterns of behaviour that prevents us from moving forward. Snake Medicine, it's all about skin. The outer layers and the inner layers, being shed as we grow. What do we leave behind? Some part of our self we have out grown. Some part of our self no longer needed. So perhaps as we spiral around the room we shed the old layers and give birth to the new layers. We will be holding on to coloured streamers as we walk the spiral path, a representation of the skin we are shedding.

Closing

We release the space of the Centre, Father Sky and Mother Earth, the space of Spirit and the Ancients and give thanks for their teachings and blessings. Hail and farewell.

We release the direction of the South and give thanks for the teachings and the blessings of the South. Hail and farewell.

We release the direction of the West and give thanks for the teachings and the blessings of the West. Hail and farewell.

We release the direction of the North and give thanks for the teachings and the blessings of the North. Hail and farewell.

We release the direction of the East and give thanks for the teachings and the blessings of the East. Hail and farewell.





Medicine Wheel



Altar



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Photos from Nowra Circle

