

Full Moon Circle (May 2004)

Samhain

(Ritual written by Gwyneira Morgana)

Circle Casting

Song

Gundrah A oo noo Nungeenah tya
Gundrah Lah oo oo noo
Yahma koorra, yahma koorra
Nungeena tya
Yahma koorra

Spoken

May all unwelcome influence be
Cleansed and purified
May all unwelcome presence be
Cleansed and purified.
May this be a place where the worlds of the
divine
And the worlds of men may meet as one in
love and trust.
So Mote it be.

Quarters

East

Talisien,
Lord of Magic, Bardic Seer,
Shape Shifter, Poet, Magician.
Guard this the place of the Sunrise,
That we may learn, heal and communicate,
With love & power.
We welcome you,
So Mote It Be

North

Cernunnos,
Lord of Nature, of Power,
Fertility & Success.

Guard this the place of Noon,
That we may have power, Courage
& Purity of Intent.
We welcome you,
So Mote It Be.

West

Vivienne,
Priestess of the Deep,
Teacher, Healer, Guide.
Guard this the place of the sunset,
That we may enter into the place
Of Magic.
We Welcome You,
So Mote It Be.

South

Cerridwen,
Goddess of The Earth,
Initiator, Provider, Mother & Crone.
Guard this the place of darkness,
That we May have Strength, Transformation,
Rebirth.
We Welcome You
So Mote It Be

Invocations

Mighty Morgan
Queen of the Night
Goddess of Fate
Mage.
We offer ourselves to you,
To the extent that each is ready,
To honour, serve and learn.
We ask that your presence rise up
In acceptance of our offering.

We welcome You,
So Mote It Be

Mighty Lugh,
Shining One,
Hero, skillful sage.
We call upon your light,
To the extent that each is ready,
To guide, initiate and direct.
We Welcome You,
So Mote It Be.

Intent

As we move into the midnight of the year, it is time to release, to let go of that which is old, that it may become the compost for a new cycle. Each of us then has things within our lives that we no longer want. It may be a situation, an attitude, a belief, a feeling, or an experience. It may even be a person, a thing or a role that you play. This then is an ideal time to let go of such things, ideally simply focusing on one aspect, so that you can work gently and thoroughly on enacting change.

We will do this by using chanting, movement, drumming, clapping and intent to move the sense of what we wish to release from our minds to our emotions, to our bodies, and finally to the earth. We will be using sounds that are recognised as being amongst the most primal in the human experience. This will allow us to connect deeply, and indeed release deeply. As we go through this process, we will be able to fully feel in our bodies the nature of that which we are releasing—this being recognisable in its purely physical form as an animal energy before it is allowed to dissipate and thus release. Recognising this animal energy will allow us to get a sense of the gift that this release heralds, and therefore the benefits that we can look forward to as this energy composts over winter to rebirth in a more positive manner in spring.

Our intent is then to:
Recognise, Release

Working

As we chant, sing, drum, clap and/or move, it will be important that we hold our intent of release, allowing ourselves to really think about that which we are releasing, then allowing that thought to move into our emotions and feel what we are releasing, then allowing that feeling to move to our bodies, and as it does really focusing on the physical sensations, allowing them to become increasingly familiar until we recognize the animal form of what we are seeking to release. Allow yourself to fully experience this animal—“if you like expressing it in the way that you move, sing or drum/clap. Finally feel even the energy of that animal dissipate and release into the earth.

Chant

Mu - ah - ish Om
Mu - ah - ish Om
Eh He Ye Eh
Mu - ah - ish - Om

Once you feel that the energy has dissipated, simply drop to the outside of the circle, continuing to ground by gently continuing to tone the Omtogether then we will sing:

We are the flow
We are the ebb
We are the weavers
We are the web

Closing

Goddess

Mighty Morgan
We thank you for your presence & power
Hail & Farewell.

God

Mighty Lugh,
We thank you for your presence & power,
Hail & Farewell.

South

Cerridwen,
We thank you for your presence and power
Hail & Farewell.

West

Vivienne,
We thank you for your presence & power
Hail & Farwell

North

Cernunnos,
We thank you for your presence & power
Hail & Farewell.

East

Taliesin
We thank you for your presence & power,
Hail & Farewell

May the Circle be open, but unbroken,
May the peace of the Goddess be ever in our hearts.
Merry meet, Merry part & Merry meet again.