

Autumn Equinox ~ Inanna's Descent

Ritual written and led by Janine Donnellan
(March 26, 2010)*



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The story of Inanna's descent into the Underworld marks the path of the magician, the initiation into the mysteries. Inanna journeys into the underworld because she hears the call of the Great Below. Seven are the degrees of initiation; seven are the classical planets she must pass through, seven chakras and seven me's Inanna must relinquish so that She can be reborn anew.

Inanna is represented by Venus, she is Queen of Heaven and Earth. She is the Divine empowerment and the embodiment of the Sacred Feminine.

Meaning of the planets and alignment with the chakras:

Jupiter corresponds to the *Crown Chakra* it is the planet of expansion, growth and cooperation and benevolence.

Moon corresponds to the *Third Eye* and is the planet of the unconscious mind and moods.

Mercury corresponds to the *Throat Chakra* and represents the intellect, the lower mind, cognitive ability and the ability to communicate thoughts and ideas verbally to others.

Venus corresponds to the *Heart Chakra* and represents our love nature, our compassion and how we relate to others in interpersonal relationships.

Sun corresponds to the *Solar Plexus* and represents the conscious ego, the self and its expression, personal power, pride and authority, leadership qualities; and the principles of creativity, spontaneity, health and vitality; the life force.

Mars corresponds to the *Sacral Chakra* and represents our drive, our need to assert ourselves in the world. It is forceful, outwardly directed, and relates to our sex drive as well. It represents our ability to conquer those obstacles which stand in our way of full self-determined action, but also represents the forces which create anger as well.

Saturn corresponds to the *Base Chakra* and is associated with the principles of limitation, restrictions, boundaries, practicality and reality. Saturn governs ambition, career, authority and hierarchy, discipline and conforming social structures.

Prior to the ritual each person is asked to write down 7 me's that relate to the planets and the corresponding chakras (go [here](#) for more information), they are then ushered into the main hall where they form a circle around a septagram. Each point of the seven pointed star represents a planet; each planet on the septagram has a significance to the me's that have been written down. (The points of the star, when joined around the outside, form a heptagon.) Each person has a planet as a starting point and each planet thereafter relates to their me's in sequence.

The invocations for each point are called, followed by those for the God and Goddess.

Heptagon Planetary Invocations:

Jupiter - Crown Chakra

Enlil Lord of Expansion I call upon you now to join us here tonight. Open us to our higher Spiritual vibration so that we can become more enlightened. We ask that you guide & protect this circle. So mote it be.

Moon - Third Eye

Nanna Lord of the Unconscious Mind I call upon you now to join us here tonight. Open our psychic centre so that we can see with our inner eyes. We ask that you guide & protect this circle. So mote it be.

Mercury - Throat Chakra

Enki, Lord of Intellect I call upon you now to join us here tonight. Open our communication so we can express our creativity through our thoughts & ideas. We ask that you guide & protect this circle. So mote it be.

Venus - Heart Chakra

Inanna Goddess of Love I call upon you now to join us here tonight. Open our heart centre so we can relate to others with love and compassion. We ask that you guide & protect this circle. So mote it be.

Sun - Solar Plexus

Utu Lord of the Sun I call upon you now to join us here tonight. Allow your light to shine through us so that we can see our divine self. We ask that you guide & protect this circle. So mote it be.

Mars - Sacral Chakra

Nergel Lord of War I call upon you now to join us here tonight. Give us the strength to help us overcome our obstacles. We ask that you guide & protect this circle. So mote it be.

Saturn - Base Chakra

Ninurta lord of the Earth I call upon you now to join us here tonight. Let us understand our hierarchy of needs so we can live a harmonious and satisfying life. We ask that you guide & protect this circle. So mote it be.

GODDESS

I say "Hail!" to the Holy One who appears in the heavens!

I say "Hail!" to the Holy Priestess of Heaven!

I say "Hail!" to Inanna, Great Lady of Love!

GOD

I say "Hail!" to the Holy One who appears in the heavens!

I say "Hail!" to the Holy God of Intellect!

I say "Hail!" to Enki, Great Lord of knowledge!

Going in an anticlockwise direction each person will move around the Septagram. Each point of the star represents a gate and one must meditate on the corresponding me and how it relates to that planet and their chakra, then they release that particular me before moving on to the next gate. Once the 7th gate is reached, the last me is released and each person is metaphorically naked and will undertake a death, and will become a void - a nothingness. After a period of contemplation a small pinprick of light can be seen above the crown chakra, the light source becomes larger and larger and then enters through the crown chakra and moves down the spinal cord to the base chakra. The white light then enters each chakra opening, clearing blockages and cleansing each chakra. Once all chakras have been cleared and aligned a process of rebirth takes place and healing begins.

Each person then turns and moves clockwise through the Septagram receiving back their reengineered me's as they moved back through the seven gates. At each gate they will also receive healing which will be integrated through their being over the following weeks.

Closing

Saturn - Base Chakra

Ninurta lord of the Earth - We thank you for joining us here tonight. We thank you for your guidance & protection. Hail & Farewell.

Mars - Sacral Chakra

Nergel Lord of War - We thank you for joining us here tonight. We thank you for your guidance & protection. Hail & Farewell.

Sun - Solar Plexus

Utu Lord of the Sun - We thank you for joining us here tonight. We thank you for your guidance & protection. Hail & Farewell.

Venus - Heart Chakra

Inanna Goddess of Love - Hail to the Holy Priestess of Heaven. We thank you for joining us here tonight. We thank you for your guidance & protection. Hail & Farewell.

Mercury - Throat Chakra

Enki, Lord of Intellect - Hail to the Holy One who appears in the Heavens. We thank you for joining us here tonight. We thank you for your guidance & protection. Hail & Farewell.

Moon - Third eye

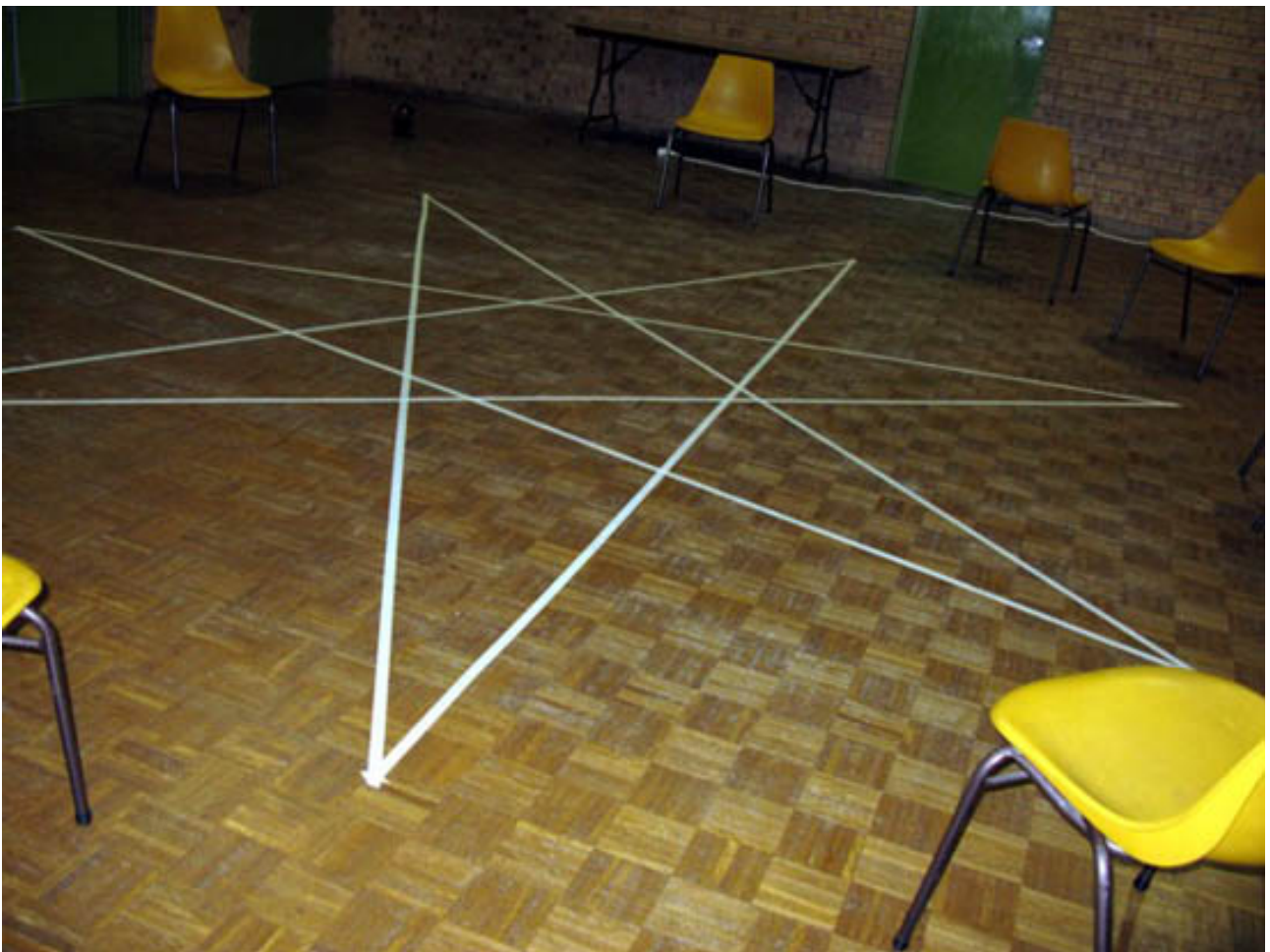
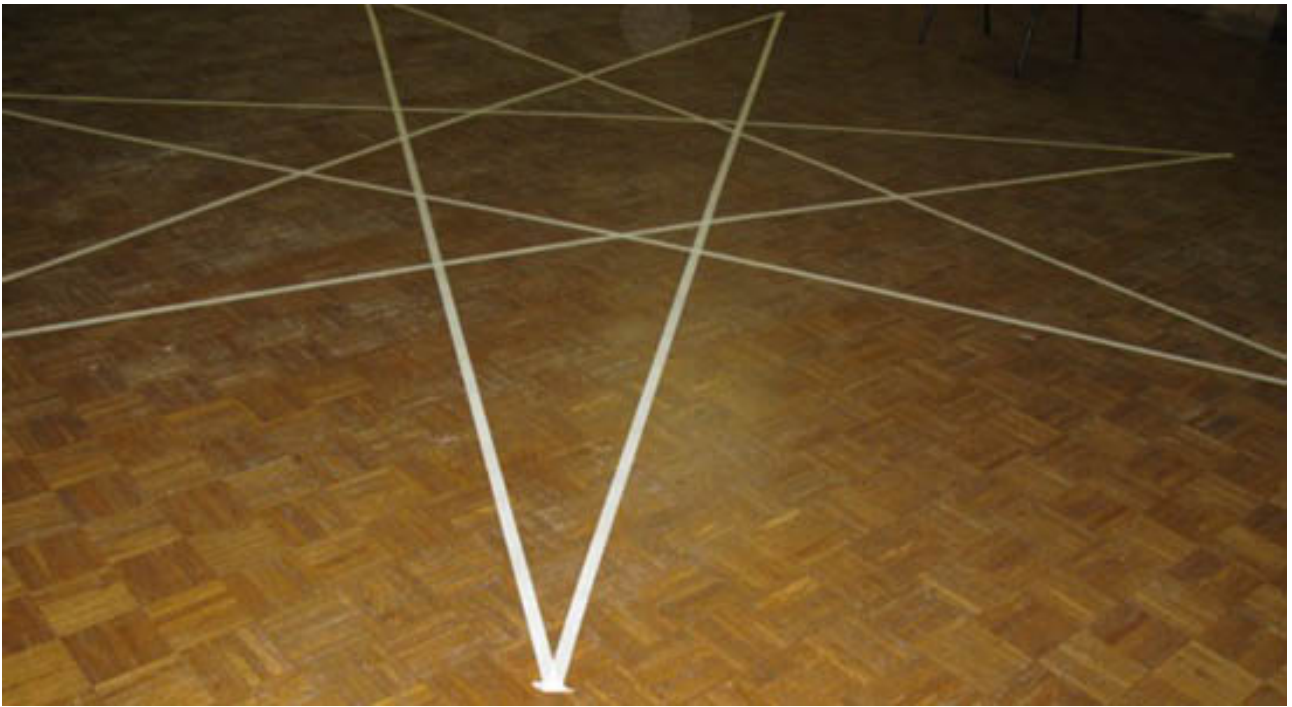
Nanna, Lord of the Unconscious Mind - We thank you for joining us here tonight. We thank you for your guidance & protection. Hail & Farewell.

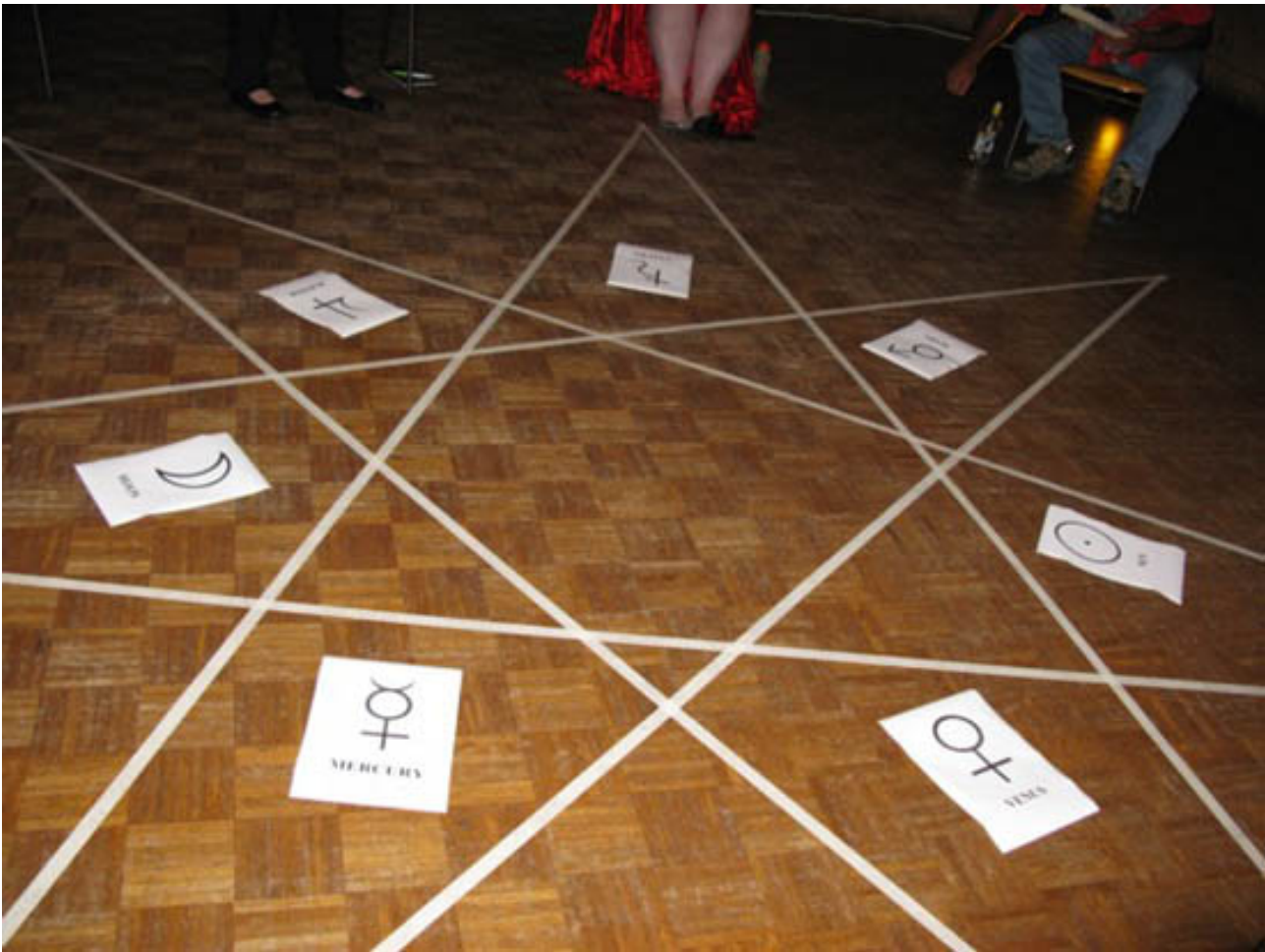
Jupiter - Crown Chakra

Enlil Lord of Expansion - We thank you for joining us here tonight. We thank you for your guidance & protection. Hail & Farewell.

May this circle be open but unbroken
May the peace of the Goddess be ever in our hearts.
Merry Meet and Merry Part
And Merry Meet again.

(4) Photos by Janine Donnellan...





Examples of "me's" that were considered for release at each planet/chakra...

SEVENTH - CROWN CHAKRA - JUPITER

- **FUNCTION:** Enlightenment, devotion, spirituality, trust, selflessness, humanitarianism, ability to see the bigger picture in the life stream, inspiration, values, ethics, lack of purpose, loss of meaning or identity.
- **INNER STATE:** Bliss

SIXTH - THIRD EYE CHAKRA - MOON

- **FUNCTION:** Psychic vision, insight, discipline, judgement, evaluation, emotional intelligence, concept of reality, confusion
- **INNER STATE:** Intuition

FIFTH - THROAT CHAKRA - MERCURY

- **FUNCTION:** Communication, personal expression, creativity, criticism, faith, decision making (choices), will, lack of authority
- **INNER STATE:** Psychic bearing, intellect

FOURTH - HEART CHAKRA - VENUS

- **FUNCTION:** love, compassion, confidence, inspiration, hope, despair, hate, envy, fear, jealousy, anger, generosity
- **INNER STATE:** Compassion, Feelings

THIRD - SOLAR CHAKRA - SUN

- **FUNCTION:** Will, power, ego, self esteem, fear of rejection, oversensitivity to criticism, self-image fears, indecisiveness
- **INNER STATE:** Willpower, Self Love

SECOND - SACRAL CHAKRA - MARS

- **FUNCTION:** creativity, blame, guilt, anger, sexual energy. trauma, control, morality
- **INNER STATE:** Creativity

FIRST - BASE CHAKRA - SATURN

- **FUNCTION:** survival, self esteem, social order, security, family
- **INNER STATE:** Stability

** This ritual is a combination of the author's original ideas and information obtained from various books and/or internet sources*