

# OSTARA ~ FULL MOON IN PISCES

*(Ritual written & led by Maria in Sydney & led by Samantha in Nowra on 20 September 2013.)*



Ostara is the time balance; it's a time of celebration of growth in nature and in us. It's time to restore the balance so that we may grow.

It time of renewal, rebirth a time of fun, humour, joy. Light and dark, male and female energies are in balance yet the light is growing in us stronger by the day.

At this time of year we think of revitalizing ourselves in mind, body and spirit, renewing our thoughts, dreams, aspirations and start anew a time for prosperity and growth.

The Full Moon is a time of completion and celebration, in Pisces the spirit and cosmic bliss are illuminated and grounded through the Sun in Virgo. Be clear about your dreams and give them out to the Universe if you feel in your heart they are in alignment with your being in divine will. You are nurtured from your true Cosmic origins and can bask in the cosmic rays of love. Time to be from your love, compassion and giving nature as you share your joy with others and this beautiful planet. This energy is able to be fully embodied once you breathe through your fears of being in a body and know and be your true cosmic self in a body on Earth. It is a good time with the Sun in Virgo opposite to do any deep inner healing and to love unconditionally yourself and all beings.

## Goddess Hathor...

- \* Goddess of the Sun and bringer of rains. Associated with the inundation of the Nile in the desert kingdom of Egypt, Hathor is seen as a fertility as well as solar

deity. She represents the Earth-sky connections that engender and maintain life, and is a goddess of light. Sometimes depicted wearing the solar disc between cow horns, she is seen as a deity who leads us out of confusion into understanding.

- \* Hathor, matron and embodiment of what pleasures of life. love and joy, music, dance, beauty, celebration and fecundity (richness)
- \* As a Divine Ambassador of Beauty, Hathor specializes in both physical beauty and in the remembrance that our True Essential Beauty is eternal and timeless.
- \* The goddess Hathor will assist to heal, release and transcend.
- \* One of Hathor's sacred symbols is a mirror. Mirror symbolism provides references to beauty, attractiveness, as well as to provide reflection of our embodiment of the Divine Source, reflection of our Divine Light and reflection of Divine Love, which is our true essence.

**By the power of the dragons may the circle be blessed, cleansed and sanctified**

## East:

**Watchtowers of the East**

**Spirit of the rising sun**

**We draw on your powers**

**For new beginnings, for a fresh approach, for optimism and inspiration**

**We honour you in our circle tonight, partake and protect**

**Hail and welcome.**

## North

**Watchtowers of the North**

**Spirit of the midday sun**

**We draw on your powers**

**Your pure life force to spur ourselves on for illumination**

**We honour you in our circle tonight, partake and protect**

**Hail and welcome**

## West

**Watchtowers of the West**

**Spirit of the setting sun**

**We draw on your powers**

**Of gentle abundance that consoles, heals and harmonises**

**We honour you in our circle tonight, partake and protect**

**Hail and welcome**

## South

**Watchtowers of the South**

**Spirit of the midnight sun**

**We draw on your powers**

**Of deep inner wisdom, secrets and connection to nature**

**We honour you in our circle tonight, partake and protect**

**Hail and welcome**

**Goddess:**  
Goddess Hathor, Goddess of many names  
Goddess of beauty, love, joy, music and dance  
As you emerged from the reeds of the Nile  
We to emerge from within our reeds of life  
At this time of fertility, growth, abundance and beauty  
Gift us with joy and beauty, within and without  
Assist us to reawaken the memory of our true  
Essence, our true beauty  
Bless us with your presence  
You are honoured here tonight  
Hail and welcome

**God:**  
Oh Mighty God Ra, King of Gods  
As your light brightens the Sky  
As your power and radiance grows stronger  
We come forth to be empowered by your  
brilliance  
Gift us with your creative force  
Assist us to attain balance in all that we do  
Bless us with your presence  
You are honoured here tonight  
Hail and welcome

**Meditation:** Discussion

**Dance:** circle dance - project energy towards cards

**Cards:** card each step forward, read out loud.

## Closing

**All:**  
True essence of my True Self is within my True  
Beauty.  
Divine Source, Divine Light, Divine Love is within  
me.

**Blessed be**

**Goddess:**  
Oh Mighty Goddess Hathor  
We thank you for honouring and attending our  
circle here tonight  
Hail and Farewell

**God:**  
Oh Mighty God Ra  
We thank you for honouring and attending our  
circle here tonight  
Hail and Farewell

**South:**  
Watchtowers of the South  
Spirit of the midnight sun  
We thank you for honouring and attending our  
circle here tonight  
Hail and Farewell

**West:**  
Watchtowers of the West  
Spirit of the setting sun

**We thank you for honouring and attending our  
circle here tonight  
Hail and Farewell**

**North:**  
Watchtowers of the North  
Spirit of the midday sun  
We thank you for honouring and attending our  
circle here tonight  
Hail and Farewell

**East:**  
Watchtowers of the East  
Spirit of the rising sun  
We thank you for honouring and attending our  
circle here tonight  
Hail and Farewell

**Walk the circle;**

**May this circle be open but unbroken  
May the peace of the Goddess be ever in our  
hearts.  
Merry meet and merry part and merry meet  
again.**

**Supper**

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## Hathor Meditation – September Full Moon 2013

Close your eyes, take a deep breath, feel your feet growing roots burrowing deep into the earth, grounding you. Now imagine the earth's energy rising up through your feet, up your knees, your torso, expanding to every part of your body, to the tips of your fingers, up your back, up your neck and out the top of your head. See this energy as a shaft of light continuing up towards the heavens fully centering you. If you feel any tension in your body gently direct the energy into the area relaxing you.

Now visualize yourself walking down a path towards a mist. As you move through the mist you notice its coolness around you, as you continue down the path the mist begins to fade.

As you take another step the mist completely clears and you find yourself standing on a ledge the sun is shining brightly in all its glory up high in the sky. You feel its warmth on your skin.

You look out over the landscape it is peppered with sand dunes, the desert sands swish and swirl around and around, you watch it dance swirling, spinning, up, down,

in and out, as the sand begins to settle it reveals a temple set in the sand mountain.

You are drawn to this temple it seems to be speaking, calling you to come near. As you look around for a way down off the ledge you notice a shadow being cast on the desert floor you up and see an image high in the sky. You watch it draw closer to you.

As it nears you realise that it's a boat and upon it is the God Ra. Ra stops on the ledge and directs you to enter. You nod in acknowledgement and enter the boat; it moves away from the ledge and heads towards the temple.

It lands gently at the steps that lead to the entrance of the temple, Ra directs you to step out, and points to the entrance.

You step out, thank Ra and walk up the temple steps. At the top of the steps there are two pillars set on either side, the pillars shine brightly with the sun's rays upon it. You stand a moment inspecting the carving on the pillars. The beautiful carvings are that of the goddess Hathor. You are at the entrance of her temple.

You enter and notice a faint light at the end of the corridor head towards the light, walk down till you enter a domed room. The room is lit from the sun's rays filtering down through an opening at the top illuminating the whole area.

You look around the room, and notice a large stand covered with a cloth. Move towards it and take a closer look.

You notice the intricate border design on the stand. You admire its beauty, its elegance wondering why a thing of beauty is covered.

Then a voice behind you says 'The answer to your question lies within'. You turn and face the goddess Hathor, her beauty radiates touching your being you feel overwhelmed with joy.

She walks to the stand and pulls off the cloth revealing a black mirror; you notice there is no reflection no light on the mirror.

The goddess Hathor then turns the mirror towards the sun to catch its rays and asks you to stand in front of it and says 'beauty needs divine light to shine forth'.

As you stand in front of the mirror you see your own reflection. She then asks you to look deep within to see your beauty, your divine light and divine love your true essence.

Take a moment now and look into the mirror, look deep into your eyes re-awaken your true beauty your true essence your true self.

It's now time to thank the goddess Hathor but before you head towards the corridor she says:

"Like this mirror your beauty is intricate, elegant, and beautiful, for your light to emerge you must remove your cover and let your radiance shine from your being.

Celebrate your beauty, fill it with music, love, dance, feel the joy within your body, mind and soul.

Thank the goddess Hathor again, then turn and walk back down the corridor; this time the corridor is lit the walls are lined with pillars you notice your own reflection shining brightly as you walk by.

As you step outside the sun is setting, the sky is a glow with deep reds and oranges, high in the sky a bird circles. You watch it land at the bottom of the temple steps. You walk down to meet this magnificent bird.

You realise it's a falcon and upon its head is a golden disc. It's the god Ra in another form he's come to take you back to the ledge. You nod to the falcon in acknowledgement and climb on its back. It flies high towards the ledge from which you came.

Once at the ledge you climb down and thank Ra for assisting you, you watch the falcon fly high into the sunset.

It is now time to leave the ledge but before you leave you take another look out towards the temple and over the landscape taking in its beauty.

The mist starts to gather around you, you turn and walk down the path from which you came, continue walking down the path through the mist till you are back into this room and back into your chair, now wriggle your fingers and toes and when you are ready open your eyes.