



IMBOLC August Full Moon Circle

*(Written & presented in Sydney by Janine,
presented in Nowra by Samantha on 8/8/2014)*

The ritual will commence in complete darkness, everyone will initially hold hands to represent the sacred circle.

OPENING

I cast the Circle round and round
Shadow of Moon upon the ground
I cast the Circle round about
A world within, a world without.

repeat three times

In complete darkness start with a meditation in the void.

You are visualizing nothingness. You are standing within the nothingness. You are part of the nothingness. (Silence for a couple of minutes)

The Void is that which is beyond all things, it is the nothingness out of which all things continually arise and dissolve back into; it is the quantum void or zero point field at the heart of every particle of matter, out of which all matter continually arises and dissolves back into; it is the giant black holes in the furthest reaches of the universe, continually creating matter then consuming and then regurgitating over and over.

Now bring your awareness to any sensations in your body and be present to them without trying to judge or change them;

Bring your awareness to any feelings you are holding and be present to them without trying to judge or change them;

Bring your awareness to your thoughts and be present to them without trying to judge or change them;

Bring your awareness to the space between your thoughts and imagine the space expanding into silence;

Enter into the silence, the emptiness, the nothingness;

Sense your being-ness beyond thought, feeling and perception. Sense your nearness to the Divine. Sense the nothingness deep within you;

Be with the nothingness for as long as you can; (spend at least 10 minutes in nothingness)

Merged in complete nothingness you perceive a microdot of light, you concentrate on the dot and watch it becoming larger and larger, larger and larger. The light expands until it is a ball of light directly above your head. The light is illumination from Amun Ra, the hidden light. You see his light moving from the top of your head moving down your spinal cord, down into the solar plexus. You see the light expand in your solar plexus, and then spread throughout your body. You see the light spread out into your aura. You see your light expanding and connecting to each person in the room. The light from your solar plexus shines out to greet the rising Sun. The light from your solar plexus shines out to greet the midday Sun. The light from the solar plexus shines out to greet the setting Sun. The light from the light shines out into the midnight darkness and becomes the beacon in the void.

It is time to bring your awareness back to your thoughts, then to your feelings, then to any

physical sensations, then to your pulse, then to your breath. Take four slow deep breaths and slowly open your eyes.

Tone the meaning of the elixir of life.

ARA KARA repeat until you feel the cone of power rise

Light the Sun Candle

AMUN RA

I am called AMUN RA, yet every name is my name.

I am that which proceeds from the unknowable unto the unknowable, and between these I am all that might be known.

That which was, and is, and is to come; limitless, boundless and immortal-

Omniscient, omnipresent and ineffable; I am all, the life of God and Humankind

All that hath form: This is a shadow of my form.

All that hath awareness: This is a fraction of my awareness.

All that bear with themselves the fire of life: These are the sparks of my undying fire.

All that might be named: These things have my name.

ALL SAY- GREAT GOD AMUN RA COME TO US NOW, LET US BASK IN YOUR WARMTH

Then everyone lights their candle from the Sun Candle and leaves burning on the altar.

We then focus our thoughts on our sigil and as we project our desires out into the nothingness we ask they return to us as a reality. We continue to tone ARA KARA.

We then spend time discussing our experiences during the ritual.

CLOSING

AMUN RA

Omniscient, omnipresent and ineffable Amun Ra

That which was, and is, and is to come; limitless, boundless and immortal

Hail & Farewell

Visualise our light now withdrawing from the rising Sun, the midday Sun, the setting Sun and moving through midnight back into the nothingness.

***May this circle be open, but unbroken,
May the peace of the Goddess be ever in our hearts,
Merry Meet and Merry Part, and Merry Meet again***

Nowra Imbolc Altar



Sydney Imbolc Altar

