

# Crystals ~ Bloodstone

By Maria



Crystals have a hidden inner mystery, understanding their internal structure, gives you another dimension to consider when working with them.

Bloodstone crystal structure is trigonal, meaning that its internal structure is

formed in a triangular fashion. This classification puts it under the Hexagonal crystal system.

According to Henry M. Mason, author of 'The Seven Secrets of Crystal Talismans' this crystal system is classified as 'Seekers and Simplifiers' meaning that its "energy structure will focus and multiply our desires and efforts to point to a path that which we seek ...they help us align our feelings for new beginnings... focused on discovery... to find our way to new horizons and new capabilities."

Bloodstone fits in that category. It is a seeker and simplifier stone. Its draws energy to get you moving, to change and grow, gain what you need plus adding tranquillity to your life.

Bloodstone is an opaque, dark green stone with red spots sometimes yellow spots. Bloodstone is also known as Heliotrope. Its old name Heliotrope is still used in Europe, it's Greek for sun turner. The Greeks believed in Bloodstone's ability to bring change.

At this time it's highly apt, we are in the period of Yule, the time of the birth of the sun, when the darkness of our lives gives way to light. Bloodstone is about sun, fires, heat, energy, creativity, new beginnings all of which Yule represents.

This stone is referred to as "courage stone, heroes stone, and, be here now".

It gives us the courage and energy to break through our fears, blockages and battles, be it physical, emotional or spiritual and leads us to a more positive direction in our lives. It removes blockages by circulation energy and aligning all the centres of the body.

Bloodstone is good for deflecting all kinds of negativity. We battle against negativity each day; this stone assists us in that battle. Historically it was carried by soldiers to stop bleeding and heal wounds faster. Well, aren't we all soldiers in this day and age, it's just a different kind of battle our wounds be it physical, mental, spiritual still need healing. It also protects against accidents or attacks a good stone for the traveller.

Athletes benefit from Bloodstone it increases power and strength for victory, protects against injury plus giving them the courage to succeed. It has long been used to secure victory in physical battles, competition and on a personal level. Legal, business or financial issues benefit from the spiritual guidance of bloodstone; it brings abundance and prosperity to the venture. Bloodstone is often used in spells to be victorious in court or legal issues.

Keep a bloodstone in your wallet, cash register or safe to attract money.

Bloodstone as the name suggests assists with blood and circulatory issues. It also stimulates and cleanses the immune system. It can be used to purify and detoxify kidneys, liver and spleen. The heart will also benefit from its cleansing effect and any other illness relating to blood e.g. Menstrual cramps, blood clots, and haemorrhoids. It is a good stone for pregnant women. In ancient times, women wore them to ensure a safe pregnancy and easy child birth.

Use a Bloodstone pendulum to locate energy imbalances in the body. It can be used to facilitate communication with the spiritual realms and any kind of divination.

It can be placed in a bowl of water or in bath water to ensure peaceful sleep and protects against nightmares.

It is good to have several pieces of Bloodstone in the home to increase the flow of life energy. It is

associated with the base, sacral, solar plexus and heart chakras.

In magick Bloodstone can be utilised in spells for abundance, prosperity, wealth, energy, change, new beginnings, and creativity, all that gives life a boost for the better.



Heliotrope (bloodstone) is considered one of the most important stones in magic and alchemy. Medieval magicians wore rings and bracelets with a heliotrope in the creation of spells and magical rituals - believe that it strengthens the force of the magician and the rite. Alchemists tried to use it to uncover the secrets of the universe, using it as a magic channel between man and the cosmos.

According to Scott Cunningham, Crystal, Gem, & Metal Magic., "Bloodstone can be used for invisibility; the Bloodstone was smeared with fresh heliotrope flowers and worn or carried. This was said to dazzle the eyes of the bearer" beholders. Today this ritual may be used for "magical invisibility"-when you wish to lie low and not attract attention to yourself."

There are so many writers that attribute particular crystals to Gods and Goddesses. So I ask of you to start your own. Look at the crystals properties, what is it saying to you. For example Bloodstone relates to new beginnings, abundance, wealth, justice etc.

Listed below are a few names of gods and goddesses that I feel relate to Bloodstone but please don't limit yourself to these choices, explore some of your own.

Apollo heals emotional and physical wounds.  
Hermes assists athletes.

Goddesses of Justice:

The personification of justice balancing the scales of truth and fairness dates back to the Goddess

Maat, and later Isis of ancient Egypt. The Hellenic deities Themis and Dike were later goddesses of justice.

Goddesses of abundance:

Goddess Abundantia is the Roman Goddess of Abundance, Good Fortune and Success.

Lakshmi's name is derived from the Sanskrit word Lakshya, which means "goal" or "aim."

Lakshmi is a beautiful, golden-skinned moon goddess of prosperity and good fortune, who brings blessings of abundance to everyone.

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