



## Full Moon in Pisces 2014

*(Ritual written and presented in Sydney by Lisa, presented in Nowra by Samantha on Friday 5th September 2014.)*

### INTRODUCTION

Life is a system of checks and balances that keeps the universe balanced. Black and white, up and down, yin and yang, male and female, night and day, action and reaction. Everything has its equal yet opposite partner and so it is with the gods or, if you prefer, the universe. So it is with Shiva and Shakti. The union of Shiva and Shakti is the balancing force of nature. Without Shiva, there is no control, no creation and no death. Without Shakti, there is no energy, no life force and no driving force behind the lifecycle.

## **HONOURING GANESH -**

Ganesh remover obstacles and new beginnings, Lord of Good Fortune who provides prosperity, fortune and success. Come to our circle to open the gateway to the realms so you may allow us to connect with all the elements and gods and goddess. (Give Offering)



### **Air (pauan)**

I call to you pauan dev elemental ruler of air bring the winds of intellect and imagination. Swirling source of flight, breath and life.

Hail and Welcome

### **Fire (agni)**

I call upon the agni dev elemental ruler of fire who consumes and illuminates life and death. join us here tonight bring the flames of creativity and passion.

Dancing source of heat, light and life.

Hail and Welcome

## **Water (Varun)**

I call upon vaurn dev elemental ruler of water and keeper of deep ocean treasures. Join us here tonight and to bring the flow of energy in infinite forms. Flowing source of change, emotion and life.

Hail and Welcome

## **Earth (PRIVITHI)**

I call upon Priviti devi elemental ruler of earth, mother who sustains us all and aids creation.

Join us here tonight and to bring the soil of fertility and growth. Abundant source of stability, health and life.

Hail and Welcome

## **Aether (aakash)**

I call upon The fifth and last element of aakash the aether and space between all things. As all the four elements combine it is you that opens up a portal to all the dimensions of existence. Hail and Welcome.

## **Shiva -**

We call upon Shiva the creator, preserver and destroyer of everything in existence. You who represents the masculine side of life; the half that brings things into being and the half that destroys them. Shiva Lord of the Dance, god of gods who is childlike and purity himself, the wise teacher of philosophy and mediation. We call to you and ask that you guide us in this ritual of awakening our psychic insight and aid us in seeing our true spiritual path.

Hail and Welcome

## **Shakti -**

We call upon Shakti the divine energy, the cosmic force behind all of life. Goddess of tantric love, it is you who is the active one while Shiva lies still, being animated by the union. Shakti you are recognised as the heartbeat, the energy and the ultimate power. Goddess who is kundalini energy. You hold earth in its axis and all the stars and planets in the universe. Shakti goddess who is everything is creation. Your will intertwined with the will of Shiva holds all life and death in its place. Hail and Welcome.

## **Chant - 'AUM NAMAHA SHIVAYA' – (om – na – ma- ha -shiv- ai)**

- **Write down negative and positive attributes on paper.**
- **Meditation -**
- **Burn paper in cauldron – 'BURN BURN' - 'BURN BURN'**
- **Do offerings – 'OM SAHNTI'**
- **Close the circle.**

## **Shakti -**

Thank you Shakti the divine energy, the cosmic force behind all of life for being with us tonight. May we always remember that you are the everything.

Hail and Farewell

## **Shiva -**

Thank you Shiva the creator, preserver and destroyer of everything in existence for coming to our circle tonight and giving us your wisdom.

Hail and Farewell

## **Aether (Aakash)**

Thank you aakash the aether and space between all things. Hail and Farewell

## **Earth (Privithi)**

Thank you Priviti devi elemental ruler of earth, mother who sustains us all and aids creation. Hail and Farewell

## **Water (Varun)**

Thank you vaurun dev elemental ruler of water and keeper of deep ocean treasures. Hail and Farewell

## **Fire (Agni)**

Thank you Agni dev elemental ruler of fire who consumes and illuminates life and death. Hail and Farewell

## **Air (pauan)**

Thank you pauan dev elemental ruler of air bring the winds of intellect and imagination. Hail and Farewell

## Shiva Shakti meditation

Visualise a ball of brilliant white light at the top of your head moving through your head down through your spine all the way down to the base of your body.

Take notice of the red swirling energy of your base chakra, now moving upwards through the body see an orange ball of energy of your sacral chakra, continue to move upwards through to the yellow sun of your solar plexus chakra. Feeling awake and alive feel the loving green energy of your heart chakra, now flowing up to the blue sphere of the throat chakra all the way to the indigo realm of your third eye ajna chakra and finally to the top of your head to the crown chakra see a vortex of violet light connecting you to the universe.

Using your third eye project your consciousness into the centre of the room. You see golden light descending from a portal above you it showers around your being, getting fuller as it surrounds you entirely. The golden light grows in luminosity as it becomes brighter and brighter finally all you can see is intense white light.... The light transports you through space and time.....

As the light dims you begin to see shades of green and then you are able to make out shape and form. You realise you are in a jungle of an exotic far away land that has been forgotten through time. You observe the plants, trees, grass, flowers and start to see animals. Tigers, king cobras, monkeys, elephants and all the animals that would reside in an ancient Indian jungle. All around you this is Shakti, she is in everything as she is ALL of creation.

You now walk along the jungle path heading towards where the trees start to dissipate and in front of you there is a vast glowing city of energy. The city is Shambala. As you head towards the city you ascend a series of steps that lead to a courtyard. In the centre there is a great fountain. Sitting at the base of the fountain is Lord Shiva, he has been waiting for you in quiet meditation. You go to him and sit in front of Shiva. He opens his eyes and sees into your soul. Sit with Shiva for a while and listen to his wise words. He may impart the knowledge that you seek of how to bring balance to thoughts and emotions.

When you are done I will call you back.... (wait 5 – 10 mins)

As he is finished this encounter he says the words 'OM SHANTI' which mean peace.

You turn and walk out of the courtyard, down the steps and head towards the jungle path. As you are now back in the thick of the jungle take a moment to thank Shakti for giving you life and all that is in existence.

Golden light descends once again glowing until it becomes a bright light. You are now back in the centre of the room. Move back into your body and close your chakras by starting at the top of your head and making each ball of light grow dimmer all the way down to your base leaving it open and when you are ready move your arms and legs then open your eyes.

Share experience. (if people want to) Write down balancing attributes on paper.