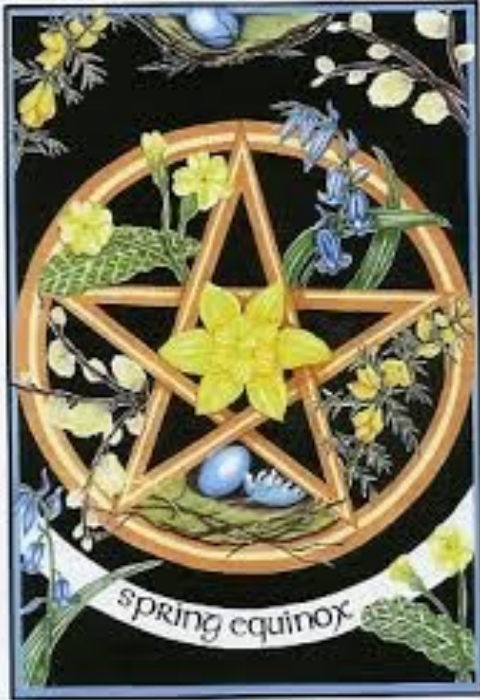


OSTARA RITUAL September 2015

(Ritual written by Jane, Maria & Melissa, presented in Sydney by Maria and in Nowra by Melissa and Jane on Friday 25th Sept 2015.)

Introduction

Moon in Aries is the best time to work magick involving leadership, authority, rebirth, spiritual conversion, or willpower. Healing rituals for ailments of the face, head, or brain are also done during this period of time. It is represented the ram and is ruled by the planet Mars. Like all fire signs Aries is masculine, projective (positive), and enthusiastic and inspirational. The Aries full moon is good for invoking energy, courage, warrior energy, for healing depression or inertia, and for initiations of aspirants and of projects. On the tree of life Aries is represented by the "**Heh**" the branch that joins "**Tipareth**" the world of beauty to "**Chormah**" the world of wisdom.



Ostara: activities and rituals – spring clean, (a psychological and lifestyle spring clean), time of equal balance of light and dark, new beginnings, perform self-banishing. This is an excellent time of the year to encourage fertility of your mind as well as your body. It is the time to cultivate new ideas, plant seeds for your personal, spiritual, family and business success this coming year! Ostara is a good time to start putting those plans and preparations you made at Imbolc into action, initiating creative venture, clearing and positive life changes.

It is a day where we embrace all things "spring"! We watch with childlike wonder as nature is brought to life again in a symphony of colour and light.

Gods associated with Ostara included Green Man (lord of the Greenwood, lord of the hunt), Cernuous, Osiris, Bacchus, the Dagda, Attis, the great Horned God, Mithras, Odin, Thoth, and Pan. Sun Gods/Moon Gods

Goddess associated with Ostara – Eostre, all dawn and spring goddess. Persephone, Blodeuwedd, Aphrodite, Athena, Cybele, Gaia, Hera, Isis, Ishtar, Minerva, and Venus. Maiden aspect of Frigg the mother goddess.

As the full moon is Aries we will focus on using the energies to inspire and give us courage to face rebirth and new beginnings as well as banishing the things that no longer are useful to us.

To perform a self-banishing and to raise energy we will shimmy, drum and laugh till we raise energy. To celebrate spring and its variety of colours each of you will wrap a scarf of a particular colour around your waist, each colour corresponded with a specific area in your life that you wish to work on, these are as follows:

White: The Doctor, brings in light, renews and clears perceptions, keeps colds away

Pink: Warmth to love ourselves, promotes a loving atmosphere

Deep Red: Re-energizing, grounding and protection from earth energies

Red: Re-vitalizing, an everyday protector, grounds purpose

Coral: Learning to love and care in a new way, heals unrequited love

Orange: For shock situations when the etheric has escaped, brings insight

Gold: Release from irrational fears, connects with inner wisdom

Yellow: Antidote to nervousness, negativity and irrational fears

Olive Green: Cleansing, refreshing space, letting go of resentments

Emerald Green: Helps to find one's own space for a new beginning

Turquoise: Releases creative communication from the heart, having fun

Sapphire Blue: Promotes inspiration, higher vibrational love and trust

Royal Blue: Inspires inner peace, inner seeing, insight and intuition

Violet: Opens perception and awareness of the higher realms

Deep Magenta: Energizes the gifts of compassion and deep caring

The meditation is about looking to the past and remembering the feelings of new beginnings and the feelings of accomplishment when we reach our goals and restrengthen us for the coming spring and any new beginnings we may be facing. Which has been adapted from a Meditation from a book on Ostara.

The Ritual

Opening the circle and raising energy

**A circle is cast around about
Spirit stay in world stay out
A circle is cast around about
A world within a world without,
A circle is cast around and around
In spirit and power we are now bound**

(Join hands and walk in a circle and say)

***“May the power of one
The source of all creation
Be with us tonight”***

(Walk the circle three times)

Invoke the Elements

East

We call upon Paralda Elemental King of Air, Lend us your energy and teach us this night about communication and new beginnings
We welcome thee!

North

We call Upon the Djinn, Elemental Ruler of Fire. Lend us your energy and Bring us strength on our quest for renewal. We welcome thee!

West

We call upon Nixsa, Elemental Ruler of Water, Lend us your energy and Help us to wash away negative emotions and cleanse our spirits. We welcome thee!

South

We call upon the Ghobe, Elementals Ruler of Earth, lend us your energy and Bring us stability. Help protect and ground us on this night. We welcome thee!

Invoking Goddess

We call to the Goddess of the Spring. Maiden who walks with the flowers -join us tonight in our circle. Touch us with that first sense of Spring. Awaken once more that sense of wonder in ourselves and in our lives. Help us to look anew at everyday, to fill our hearts with joy over your creation, to find the beauty in everyday. Be with us in this journey from winter to spring. Hail the Spring, Hail the Goddess! Welcome! Blessed Be!

(Goddess lights goddess candle.)

Invoking the God

We call to the God of the Spring, Lord of the Wood join us in our circle tonight. Touch us with memories of Spring-the green forest, Pan's Charge, the warmth of the sun upon our skins. Fill us with your joy-may your smile grace our lips as we revel in the happiness of longer days and shorter nights. The time has come to dance with you once more. Hail the Spring, Hail the God! Welcome! Blessed Be!

(God lights God candle).

God and Goddess say together

***“May the powers of the spirits.
Rulers of the elemental realms
And the power of the stars above and the earth below,
Bless this circle.”***

Meditation

Take a few deep breaths. Settle yourself in to a comfortable position, scratch any itches, stretch any muscles and relax.

(Pause)

Ahead of you lies a path, a new beginning. The path is cloudy and foggy and you can not see very far down it. But you feel compelled to walk into the fog.

You move forward and with each step you take you feel like you are moving towards something familiar but you are unsure of what it is.

The fog remains ahead of you. As you walk forward you notice familiar images appearing beside you on the path.

These could be images of childhood friends, a favourite teacher or perhaps your first love. As you walk past each one, they turn and look towards you as walk along the path. You are passing your past and moving forward. These images are memories, they may bring you joy, happiness, sadness and sorrow.

You realises with each new person there is a new beginning. Pause for a moment and reflect on these memories.

(Pause)

Suddenly you feel a light touch on your hand and you realise the Goddess is beside you. She says:

“You have made it through the past and you did so amazingly well. Keep moving forward along the path. With each step you take, your future becomes move visible. You are now in the present, the past is behind you, Focus now on the present.

Focus on these feelings and aspects of your life that are taking place now. Talk to me now and release any issues that maybe burdening your heart.”

(Pause)

The Goddess now indicates it is now time for you to move further down the path. You notice a warm inviting light beckoning you to move forwards .Pause to thank the Goddess before moving towards the light.

As you move towards the light you notice that it takes form. It is the God his light is warm and inviting and draws you forward.

You feel comfortable warm and safe in his embrace. The God says to you

“Behold, I shine a light towards your future”

Take a moment to gaze into the possibilities of your future. Discuss your feelings of anticipation or any anxieties you may have about the future with the God.

(Pause)

The god tells you:

“You only have to walk forward to grasp the future”

He hands you a token. This is a token of strength to face this new beginning.

(Pause)

“You must go now, you are renewed, take with you all that is within your heart, do not dwell on the past, only use it as a lesson, be whole and aware of the present and embrace the future no matter what it may hold.”

When you're ready thank the god for giving you this gift. It is now time to travel back to your body, take a few deep breaths and remind yourself physically where you are and when you are ready gently open your eyes.

Discussion

Raising energy

Wrap scarf of your colour choice around your hips, to shimmy bend your knees. Move your knees back and forth to the beat, everything should shake, your butt your hips everything! Drum to the beat. Laugh and have fun! Celebrate life!

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Close the circle

God and Goddess blow out candles

God of the Spring, Lord of the Wood. We thank you for blessing this ritual on this night. Farewell
We release the God

(blow out the candle)

Goddess of the Spring, Young Maiden. We thank you for blessing this ritual on this night. Farewell
We release the Goddess

(blow out the goddess candle)

South

We release you element of the south,
We thank you Ghobe, Elementals Ruler of Earth for lending us your energy this night
Farewell

West

We release you elementals of the west
We thank you Nixsa, Elemental Ruler of Water for lending us your energy this night
Farewell

North

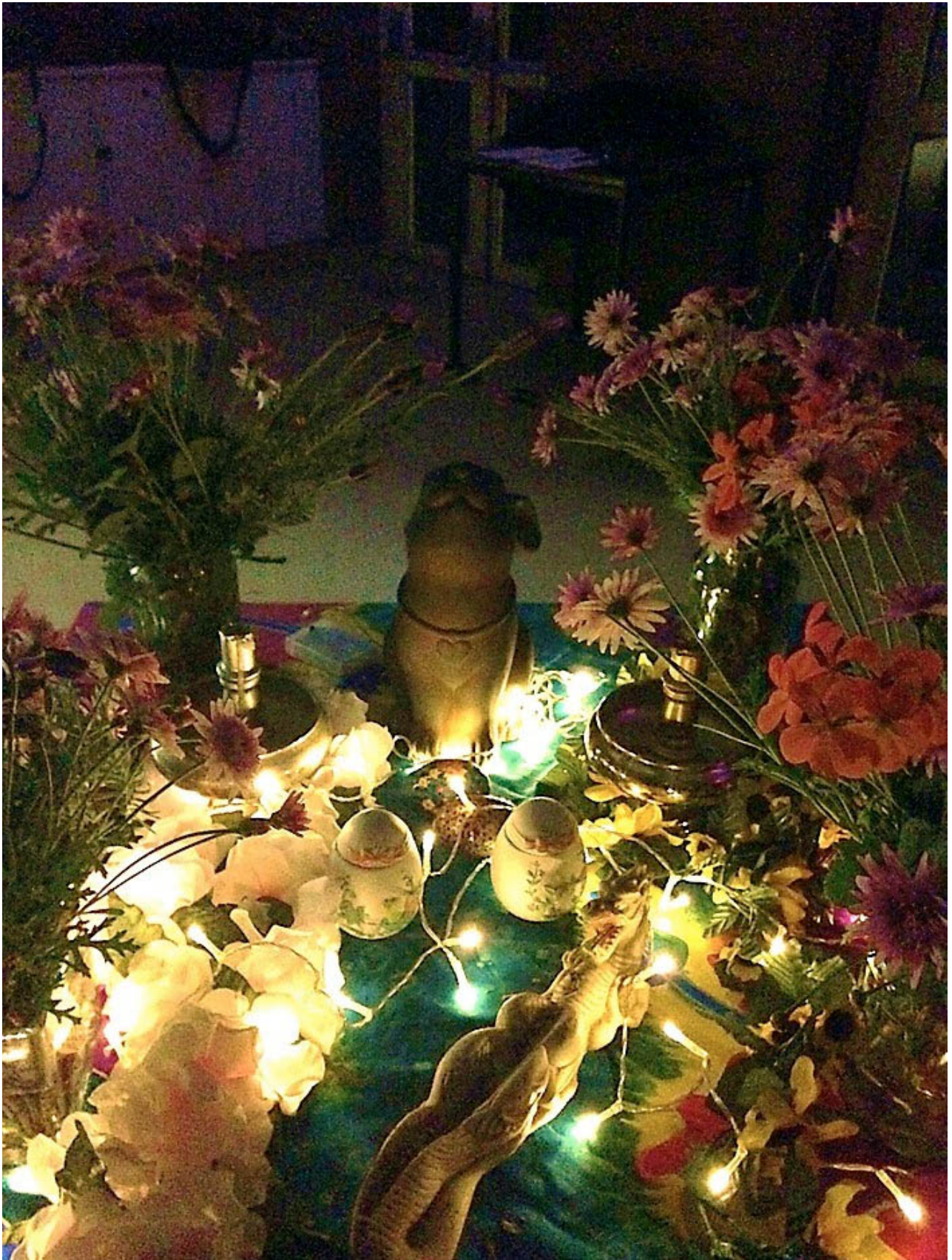
We release you elementals of the north
We thank you Djinn, Elemental Ruler of Fire for lending us your energy this night
Farewell

East

We release you elementals of the east
We thank you Paralda Elemental King of Air for lending us your energy this night
Farewell.

***“May the circle be open but unbroken
May the peace of the Goddess be ever in our hearts
Merry meet and merry part and merry meet again”***

Ostara Altar - Sydney



Ostara Altar - Nowra

