

Spheres Of Light
Sydney & Nowra Full Moon Circles
16th September 2016



NEPHTHYS

On this night we will be celebrating Spring and connecting to the energy of the Virgo/Pisces Full Moon under the guidance of Nephthys a funerary Goddess.

This Full Moon & Lunar Eclipse is creating an energy for the shift in consciousness for humanity on deep inner levels. The Full Moon is a time of completion and celebration, in Pisces the spirit and cosmic bliss are illuminated and grounded through the Sun in Virgo. Be clear about your dreams and give them out to the Universe if you feel in your heart they are in alignment with your being in divine will. It is a good time with the Sun in Virgo opposite to do any deep inner healing and to love unconditionally yourself and all beings.

Circle format for 2016

A meditation will be conducted before the ritual begins, prior to casting the circle.

The Four Guardian Neteru [pronounced neecheroo] are:

- Qebhsennuf [kebs-noof]
- Duamutef [doo-a-moo-tef]
- Imsety [im-set-ee]
- Hapi [hah-pee]

Together they are called the Sons of Horus.

Opening the Circle

- Call in the Sons of Horus (sunwise - E, N, W, S.)
- After quarter calls turn sunwise (anticlockwise) to face the Altar/Shrine
- Strike drum or shake rattle
- Call in the Heavens
- Strike drum or shake rattle; The Circle is now Cast.
- Light the Candles on the Altar/Shrine
- Call The Shining Eye of Horus Comes
- Invoke Deity
- State Intent
- Conduct Activity

Closing the Circle

- Farewell Deity
- Close Quarters (anti-sunwise - S, W, N, E.)
- Ending - Qebhsennuf leaving , taking the elementals with him closing the doors to the elemental world. Extinguish outer Candles. Take centre candle from the altar and carry it anti-sunwise (clockwise) around the circle saying (all together):

By holy flame of candle-fire,
The ritual ends at our desire.
The circle is down, and is no more,
All things are as they were before.

East

Opening The Circle

Say - As we call Qebhsennuf [kebs-noof], picture him approaching in the form of a falcon, a golden bird of prey. See him come to rest at the edge of the circle in the form of a tall, falcon-headed man. Behind him picture a sunny sky with wind swept clouds.

Do - Strike drum or shake rattle

Say - Hail to you Lords and Ladies of the East; Powers of Air. Hail Lord Qebhsennuf! Please be present at this sacred place and witness this rite!

Qebhsennuf! (kebs-noof)

Qebhsennuf!

Qebhsennuf!

Hail And Welcome!

Closing The Circle

Do - Strike drum or shake rattle

Say - Lord and Ladies of the East; Powers of Air, And Lord Qebhsennuf. Thank you for attending this Rite. Hail and Farewell!

Ending - Qebhsennuf leaving , taking the elementals with him closing the doors to the elemental world.

Do - Extinguish outer Candles. Take the centre candle from the altar and carry it clockwise around the circle, saying:

By holy flame of candle-fire

The ritual ends at our desire

The circle is down, and is no more

All things are as they were before

North

Opening The Circle

Say - As we call Duamutef [doo-a-moo-tef], picture him as a black jackal approaching through the desert landscape. He comes to rest at the edge of the circle in the form of a jackal-headed man. Behind is a background of flames.

Do - Strike drum or shake rattle

Say - Hail to you Lords and Ladies of the North; Powers of Fire. Hail Lord Duamutef! Please be present at this sacred place and witness this rite.

Duamutef! (doo-a-moo-tef)

Duamutef!

Duamutef!

Hail And Welcome!

Closing The Circle

Do - Strike drum or shake rattle

Say - Lords and Ladies of the North; Powers of Fire, and Lord Duamutef. Thank you for attending this Rite. Hail and Farewell!

Ending

(after all 4 Sons of Horus are farewelled) all say as Qebhsennuf walks the circle:

By holy flame of candle-fire

The ritual ends at our desire

The circle is down, and is no more

All things are as they were before

West

Opening The Circle

Say - As we call Imsety [im-set-ee], picture him as a bearded man standing on the seashore with waves behind him.

Do - Strike drum or shake rattle

Say - Hail to you Lord and Ladies of the West; Powers of Water. Hail Lord Imsety! Please be present at this sacred place and witness this rite.

Imsety! (im-set-ee)

Imsety!

Imsety!

Hail And Welcome!

Closing The Circle

Do - Strike drum or shake rattle

Say - Lords and Ladies of the West; Powers of Water, and Lord Imsety. Thank you for attending this Rite. Hail and Farewell!

Ending

(after all 4 Sons of Horus are farewelled) all say as Qebhsennuf walks the circle:

By holy flame of candle-fire

The ritual ends at our desire

The circle is down, and is no more

All things are as they were before

South

Opening The Circle

Say - As we call Hapi [hah-pee], picture him approaching in the shape of a baboon or ape. He stands at the edge of the circle as a man with a baboon shaped head. Behind him a scene of trees and plants.

Do - Strike drum or shake rattle

Say - Hail to you Lord and Ladies of the South; Powers of Earth. Hail Lord Hapi! Please be present at this sacred place and witness this rite.

Hapi! (hah-pee)

Hapi!

Hapi!

Hail And Welcome!

Closing The Circle

Do - Strike drum or shake rattle

Say - Lords and Ladies of the South; Powers of Earth, and Lord Hapi Thank you for attending this Rite. Hail and Farewell!

Ending

(after all 4 Sons of Horus are farewelled) all say as Qebhsennuf walks the circle:

By holy flame of candle-fire

The ritual ends at our desire

The circle is down, and is no more

All things are as they were before

Heavens are Opened

Opening The Circle

Do

Strike drum or shake rattle

Say

The Heavens are Opened!

The Earth is Opened!

The West is Opened!

The East is Opened!

The Southern half of Heaven is Opened!

The Northern Half of Heaven is Opened!

And The Gates are thrown Wide Open To Ra & Thoth

As he comes from the horizon!

Do

Strike drum or shake rattle;

Say

The Circle is now Cast.

Do

Light the Candles on the Altar/Shrine

Ending

(after all 4 Sons of Horus are farewelled) all say as Qebhsennuf walks the circle:

By holy flame of candle-fire

The ritual ends at our desire

The circle is down, and is no more

All things are as they were before

Horus

Opening The Circle

Say

The Shining Eye of Horus Comes

The Brilliant Eye of Horus Comes

It Comes In Peace

It Sends forth rays of light unto Ra in the Horizon

And it Destroys the powers of Set according to the Decree

It Leads them on and takes possession of him

And its Flame is Kindled against him

Its Flame Comes and Goes about and brings adoration

It Comes and Goes about heaven in the Train of Ra

Upon the two hand of the two sister, Oh Ra

The Eye of Horus Lives

Yes, Lives within the great hall

The Eye of Horus lives

Yes, Lives!

Ending

(after all 4 Sons of Horus are farewelled) all say as Qebhsennuf walks the circle:

By holy flame of candle-fire

The ritual ends at our desire

The circle is down, and is no more

All things are as they were before

The circle format outlined above is used by Sydney and Nowra Circles. Each invocation has been printed out separately on papyrus styled paper, rolled and tied with ribbon coloured according to the elements and re-used for all rituals. However, each circle writes their own invocations to deity every full moon, and decides on their own intent and activity, so only those aspects of the ritual will differ and require printing anew each month.

Sydney Circle

Pisces Full Moon

Pisces is a highly psychic sign and will enhance your intuition during this time. This is the time that bridges the upper and lower worlds and the inner and outer realms. The Full Moon this month is also a lunar eclipse and it falls in a conjunction to Chiron and a square to Mars. This eclipse may bring up anger, targeted squarely on wounded places, in the emotional hurricane lunar eclipses are famous for. This could be an ideal circle to work on healing.

Nephthys Invocation

I call Thee Nephthys Lady of the House, keeper of mystery, you who represent the rebirth of the soul into the light.

I call Thee Isis, Great Mother of All, mighty one of enchantment, Protector of Occult Knowledge.

Journey with us tonight as we enter the abyss.

Allow us to release what no longer serves us and take back what has been taken from us in order to make us complete.

Beloved sisters Isis and Nephthys grace us with your presence and wisdom; May we rest in your abode for a moment in time.

Hail and Welcome

Group Activity

Pranic Breathing

1. You may close your eyes or keep them open throughout this exercise, whichever is more comfortable for you. Sit on the edge of a chair, but keep your back straight and away from the back of the chair. Place both thumbs on your navel and spread your hands across your lower belly.
2. Put your tongue on the roof of your mouth just behind the hard palate (the hard ridge behind your top row of teeth), and keep it there as you breathe. This connects the two major meridians, or energy channels, in your body and facilitates the flow of prana. One meridian runs down the front of the body from the palate to the perineum. This is called the “conception” or “main” meridian. The other runs from the perineum up along the spine, over the back of the head, down the forehead, and terminates at the top of the palate. This is called the “governor” meridian.
3. Exhale through your mouth until your lungs are comfortably empty, but don't strain. Your stomach should move in, but try to keep your spine straight.
4. Begin breathing in slowly and silently through your nose. Feel your lungs filling up in three segments—first the top one-third, then the middle one-third, and finally, the bottom one-third. Your chest should not move as you breathe in, only your abdomen. As your lungs reach capacity, pause for a moment; then exhale smoothly and gently through your nose. This completes one cycle of pranic breathing. Try it again up to ten times. Rest for a few minutes; then do ten more breaths. If you feel dizzy or uncomfortable at all, stop immediately and just breathe regularly for a few minutes before resuming.

Closing

Thankyou Nephthys Lady of the House & your beloved sister Isis for guiding us tonight.

We thank you for assisting us in our healing

May we flow with the positive streams of your guidance and wisdom

Hail & Farewell