

# Mabon 2015

*(Ritual written and presented in Sydney on 3rd April 2015 by Allison and Kara, presented in Nowra by Samantha.)*

## **Casting the Circle**

**Air:** Austri, dwarf of the east wind, the bellows that fan the flames. We invite you to our circle tonight to fan our flames and encourage our creative spark. Hail Austri!

**All:** Hail Austri!

**Fire:** Nordri dwarf of the north wind, the deep fire of the forge. We invite you to our circle tonight to burn away impurities. Hail Nordri!

**All:** Hail Nordri!

**Water:** Vestri dwarf of the west wind and the cooling waters, we invite you to our circle tonight to wash away harm and negativity. Hail Vestri!

**All:** Hail Vestri

**Eath:** Sudri dwarf of the south wind, the earth from which new growth springs. We invite you to our circle tonight, to lend us your strength and help us to manifest our will. Hail Sudri!

**All:** Hail Sudri!

*(The god holds the hammer aloft)*

**God:** Hail Mighty Thor, God of Thunder and Lightning, friend and protector of our people. We invite you to our circle tonight to protect us from harm and help us to break away the obstacles which prevent us from moving forward. Hail Thor!

**All:** Hail Thor!

*(The goddess holds the corn aloft)*

**Goddess:** Hail gracious Sif of the Golden Hair, maiden of the harvest. We invite you to our circle tonight to celebrate the bountiful harvest and to help us to grow in our lives. Hail Sif!

**All:** Hail Sif!

*(The goddess holds the chalice while the god fills it)*

**Goddess:** O Gracious Sif and Mighty Thor, we come together in your presence and the presence of all the Gods and Goddesses to celebrate our harvest, which represents all we have achieved in the past year. We ask for your blessing and protection as we offer you this sacrifice, the free giving of our hard work and our devotion to not only you but ourselves and our paths. Hail to us all!

**All:** Hail to us all!!!

*(Goddess raises the chalice until the sacrifice is accepted, then takes a sip and hands it to God who finishes the goblet, then breaks off a piece of bread/cookie and hands it to Goddess)*

**God:** O Ancient ones, you have accepted our sacrifice of ale within this cup, pour now your strength and blessings into this ale and bread, that we may grow closer to you and each other by sharing it amongst us. Help guide us through the Winter Months that lie ahead.

I give you the Blessings of Thor and Sif.

*(God takes up the plate of bread/cookies. Goddess takes up the bottle and cups. God walks the circle passing around bread/cookies)*

**God:** May you never hunger.

*(Goddess follows God, offering drink to all)*

**Goddess:** May you never thirst.

**God:** This is the waning of the Summer months and Winter fast approaches. As we store food for the body, so to must we store strength for the Spirit and Soul. Thus we mark the decline of the year towards the harsher seasons to come.

*(Everyone eats and drinks reflecting on the past year)*

**Meditation...**

**Closing the Circle**

**Goddess:** Hail gracious Sif of the Golden Hair, maiden of the harvest. We thank you for joining our circle tonight to celebrate all we have achieved and helping us to grow. Hail Sif!

**All:** Hail Sif!

**God:** Hail Mighty Thor, God of Thunder and Lightning, friend and protector of Midgard. We thank you for joining our circle tonight, for protecting us and helping us to break away our obstacles. Hail Thor!

**All:** Hail Thor!

**Earth:** Sudri, dwarf of the south wind, the earth from which new life springs. We thank you for joining our circle tonight, for lending us your strength and helping us to manifest our will. Hail Sudri!

**All:** Hail Sudri!

**Water:** Hail Vestri of the west wind and the cooling waters, we thank you for joining us to our circle tonight and washing away negativity. Hail Vestri!

**All:** Hail Vestri!

**Fire:** Nordri dwarf of the north wind, the deep fire of the forge. We thank you for joining our circle and burning away impurities, hail Nordri

**All:** Hail Nordri

**Air:** Austri, dwarf of the east wind, the bellows that fan the flames. We thank you for joining our circle tonight, for fanning our flames and encourage our creative spark. Hail Austri!

**All:** Hail Austri!

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## Notes

We'll be celebrating Mabon according to the Nordic traditions, sharing food and drink with the gods and goddesses of the Norse pantheon.

Logan - Thor (god)

Beau - Sif (goddess)

Wade - Austri, dwarf of the East wind

Rebecca - Nordri, dwarf of the North wind

Mike - Vestri, dwarf of the West wind

Natasha - Sudri, dwarf of the South wind.

As for the dress code for our Mabon celebration, either Autumn/harvest colours, or if you like you could re-create your viking outfit from last year's Beltane weekend.

**Meditation music:** [https://www.youtube.com/watch?v=Li9Vi\\_-Nufk](https://www.youtube.com/watch?v=Li9Vi_-Nufk) (note: we did not include track 3 from the Viking Music playlist for the meditation). The artist is Adrian von Ziegler, a very talented artist from Switzerland.



Sydney Mabon Altar