

Full Moon Circle 6th March 2015

(Ritual written and presented in Sydney by Rebecca and Mike, and presented in Nowra by Samantha on 6th March 2015.)

If you're here tonight, it's because you're either beginning, or currently having a leap of spiritual growth. Tonight we're going to be spending some time listening to the universe, getting any messages that might come through, and asking for any truths or revelations that will help aid this leap in spiritual growth coming to fruition.

Pre-Talk

Introductions

- Greet everyone, go around the circle and introduce everyone if there are new members.
- iwiy em hotep (ee-we em hoe-tep)

Phones & Ritual Etiquette

- Ask everyone to turn their phones onto silent and place them in their bags.
- If you need to leave the circle, please ask one of the members of Dark Moon/Regulars to cut you out.

Pre Talk & Info about the Netjeru

Today we're going to be doing things a little differently. We're going to be taking a page out of the ancient Egyptians book, and going to be working with gods for everything. The elements will be Gods, the sacred space, everything. To do this, I'd like to talk about how the ancient Egyptians viewed gods and conducted their magic/Heka, and also talk a bit about how I view the gods.

From my research, they saw them as concept, personifications of things in the everyday, and because of that, they saw sacredness everywhere. They didn't feel a need to create sacred space because the ground they walked on was Geb, the air they breathed was Shu; there was divinity all around them. I see them as this, but also as an intelligence or energy. If you're familiar with the TV show Supernatural, then you could say it's sort of like a Tolpa. For those who aren't the idea is that if enough people believe something, that something has a life of its own. It's not a physical life, but an energetic one. That's how I feel that the Gods can both be a concept but also an energy or intelligence that we can receive messages from.

Ancient Egyptian Heka often worked with their mythos. Their myths served as both stories, but also as a sort of guide book. You might be familiar with the idea of sympathetic magic. They used it in combination with their mythos to do Heka. An example might be that a sick child given the role of Horus the younger (as he was often depicted as a sickly), and the healer would take on the role of Isis for the ritual. This is because it was often Isis who healed Horus. In this way they worked both in the physical, applying herbs and medicine, and on the higher planes, acting out things energetically.

Because of this, it was fairly common to declare yourself to be one of the gods in Heka, because you're taking on that aspect that they personify. We're going to be working with about 11 different Gods so I'm going to give them a bit of an overview and talk about how the ritual will be conducted.

Anubis/Anubet – They are sort of a reflection of one another, Anubet being the female counterpart of Anubis. Anubis is depicted as a jackal headed man, usually with an entirely black body. Anubet can be depicted in this same way, but with a female body, or as a female with a jackal symbol and feather above her head. Anubet is more aggressive, forward, and outspoken than Anubis, who is the sort to nudge and wait patiently for you to pick up on what he's suggested. We're going to be working with them as the gatekeepers and cleansers of this rite.

Note to Nowra: *The first section when they say their names and their title only needs to be said once, maybe loud enough for everyone to hear, and the question can be said alternating between whoever is Anubis or Anubet as the people walk into the circle.*

Geb, Nut & Shu – Shu, the air, and Tefnut, moisture, were both born from Ra. They got together, and Tefnut gave birth to Geb and Nut. It was revealed to Ra that His grand-children would bear a child who would usurp His throne. Ra was

determined to prevent this from happening, so he forbid Nut and Geb from being together by ordering His son, Shu to separate them for all of eternity. In doing so, he created a space where all of us could live.

Nut is goddess personifies the universe, and was originally seen as a cow who stretches across the sky with the stars on her belly. However, she generally takes the form of a naked woman covered with stars, holding her body up in an arch, facing downwards.

Shu is considered the god of the space between the sky and the earth, and I mean the sky as the point where one would consider you're in outer space.

Geb lies on the ground reclining on one elbow and his knees in the air. In this position he depicts the hills and valleys of the land.

AIR – Thoth – Ibis headed God, creator of the written language of hieroglyphs. He's a teacher, and his sacred animal was an Ibis. Often depicted holding writing implements, either a quill with ink and some papyrus, or a chisel and a stone slab.

FIRE – Sekhmet – She's depicted as a woman with a lion's head and a solar disk on her head. Powerful Goddess of disease and healing. Working with her aspect as the "One Before Whom Evil Trembles." So in a protective, powerful aspect.

WATER - Hapi was depicted as a plump man with large breasts and blue or green skin wearing the false beard of the pharaoh. The female breasts and his skin colour are a reminder that he is a fertility god, while the false beard reaffirms his link to the pharaoh. He is related to fertility due to the inundation of the Nile, and how it's flooding was integral to the farming along that region.

EARTH – Geb – Already know Geb.

GOD – Set – Animal head but not like any animal we know. Some think it might be a wild dog, but common themes are a forked tail and squared ears. He is often depicted with red hair and was associated with foreigners. His domain was the desert, and so he was closely associated with change and impermanence.

- Person invoking stands as if holding a spear, everyone else Osiris Position.

GODESS – Hathor - Often Depicted as a beautiful woman usually with a thick wig and the sun disk between her horns, she'll often also have gold skin, due to her Epithets "Golden One", "Gold of the Gods" and "Lady of Gold". She had a lot of titles.

- Person invoking stands with hands out in an inviting/open armed offering hug position, everyone else Goddess position. (Mention it being sort of like reaching up to get a hug from mum.)

Pre-ritual cleansing

Anubis: I am Anubis, The Strict Gatekeeper of the Duat, you must pass by me to continue.

Anubet: I am Anubet, Lady of Knives and Victory, you must pass by me to continue.

Anubis/Anubet: Are you ready for the information you may receive tonight? "Yes"

Wash Hands & Enter Circle.

Cast the Circle

"I am Shu. I have come to create a place of power between Geb, the earth, and Nut, the sky. It is by Ra's will that it is done, and by my power I make it so."

Everyone: By our power, we make it so.

Note: Repeat the chant until everyone is saying it confidently, given enough time to visualise everyone in a sphere of light on a pillar in the darkness.

East

I am Thoth,
He Who Is Skilled In Knowledge,
I am a Teacher and a scholar,
I embody thought and learning,
I am the east, and I stand, watching.

Everyone: iwy em hotep

North

I am Sekhmet,
She who wards off evil from humanity,
I am a warrior and a healer,
I embody passion, energy and personal power,
I am the north, and I stand, watching.

Everyone: iwy em hotep

Meditation

Pre-Music – Picture Ancient Egypt, if you've been there or know about it, work with those memories, otherwise, picture what you may have learned in school. Listen to the music and think about the imagery, the pyramids, the desert, the hot sun, boats floating on the Nile. Just let your mind wander around the topic of Ancient Egypt. The music is about 3 minutes long, and then the drumming will finish, and the meditation will begin. While the first song is going, I want you all to focus on settling your body into a restive state. Scratch any itches, get in a comfy spot, and chill.

<Begin musical piece> <http://spheresoflight.com.au/content/music/KemeticRitualMusic.mp3>

<String instrument begins.>

Meditation - Listen to the simple plucking of the strings. If you have any remaining thoughts in your head, take a deep breath, and let them slide away. Feel your body getting heavier, as you slowly slip down...down...down. We are traveling

West

I am Hapi,
Lord of the Fishes and Birds and Marshes,
I am the Nile, and thus, I bring life.
I embody fertility, new life, and rebirth,
I am the west, and I stand, watching.

Everyone: iwy em hotep

South

I am Geb,
The Great Cackler I am the land,
my laughter is earthquakes,
I embody stability, foundation, solidity.
I am the south, and I stand, watching.

Everyone: iwy em hotep

Invoke the Goddess:

I am Hethert,
Glorious one of the Beautiful Face
I am she who dances, she who heals,
I am many things, and I know many things.
Lady of the Southern Sycamore, Lady of Plots,
I am the Golden One, and I stand, watching.

Everyone: iwy em hotep

Invoke the God:

I am Set, God of storms,
I am ruler of the red sands,
Bringer of Change and Destruction,
From my destruction, you will be free to grow,
unrestrained and unrestricted.
I am He who dazzles, and I stand, watching.

Everyone: iwy em hotep

inwards...backwards...into an old, forgotten place. As you slide down, see a mist below you. Fall into this mist, surround yourself with it. Breath in its moisture, for it won't be with you for long.

As you continue to travel through the mist, feel the air grow hotter, dryer. There is a light in front of you, a bright, burning light, so bright you need to cover your eyes. You step out into the sun.

Before you lies a path across the sand, and in the distance, ruins. These ruins seem different somehow, there is a life there, movement. As you move closer, the ruins begin to change. Broken pillars are in fact tall foundations, crumbled stone are organised seating. Tall statues appear out of the heat haze and you begin to see people moving. Some are wearing tiger skins, others wearing soft, white fabrics, there are even a few without any clothes, and in this place, there is no shame. You approach the pyramid and see them waiting for you, and they are happy that you have arrived safely. These are the dancers of Hetheru, the scribes of Djehuty, the healers of Sekhmet. These are the priests and priestess that maintain the temples, and they have been expecting you.

They guide you inside, and urge you to walk deeper, approaching the inner chambers that only a few are allowed to enter. Walk amongst the temple now, lose yourself in the maze of rooms. Study the walls, for they may show you what you need to know.

When it is time for you to return, I will call you back.

<Sistrum Rattle>

The time to return has come. Take your time and say your farewells. Feel your body being called back by the music. Allow yourself to move back through the temple, back out to the entrance. See the sun once more, this time, low on the horizon. The priests that stand near the entrance tell you, "You may remove whenever you wish."

Just listen to the music and return to your body slowly, naturally. When you are ready, begin to move your arms, legs, wiggle your fingers and toes. Open your eyes.

Closing

Farewelling the Goddess:

I am Hethert

The One Whose Face Shines Without Anger,
I came to witness and shared what I wished,
I now depart, leaving joy and love.

Call on me again should you need laughter and happiness.

Everyone: Senebty

Farewelling the God:

I am Set

He Before Whom the Sky Shakes
I came to witness and shared what I wished,
I now depart, leaving new sight and a desire for change.
Call on me again should you need a push in the right direction.

Everyone: Senebty

South

I am Geb,

The Sacred Goose,

I came to witness and shared what I wished,

I now depart, leaving stability and grounding,

Call on me again should you need a foundation to stand on.

Everyone: Senebty

West

I am Hapi,

Fattener of herds,

I came to witness and shared what I wished,

I now depart, leaving life and prosperity,

Call on me again should you need fertility.

Everyone: Senebty

North

I am Sekhmet,

Powerful One,

I came to witness and shared what I wished,

I now depart, leaving courage and strength,

Call on me again should you to need justice.

Everyone: Senebty

East

I am Thoth,
Dweller in the library,
I came to witness and shared what I wished,
I now depart, leaving knowledge and inspiration,
Call on me again should you need a learned perspective.

Everyone: Senebty

By our will, the rite is done. Senebty.

Meaning & Pronunciation Notes:

iwy em hotep (ee-we em hoe-tep) – Welcome in Peace. Senebty (sen-eb-tee) – May you be well.

Notes on Colours & Ritual Attire

For the ritual, I'd like people to be the following. I've also made note of what colours I'd like you to wear, please. If you can't do those colours, then similar ones are fine, and if you have specific spiritual things you'd like to wear instead, that's also fine.

Logan/Isabeau - **Anubis/Anubet** - Wearing Black, any knives or weapons welcome.

Wade - **Shu** - Wear whatever you like, maybe something that reminds you of air?

Gabriel - **Thoth** - Airy/Light clothing, yellow if you want, otherwise that fancy white garb.

Kara - **Sekhmet** - If you have an outfit that makes you feel like a powerful sex kitten, wear that. Something that just fills you with confidence. If you don't feel comfortable wearing that, go with reds, oranges, and things that remind you of passion.

Ron - **Hapi** - Blue tones, or minor green tones. Anything that reminds you of water.

Janine - **Geb** - Browns or dark tones.

Mike - **Set**

Rebecca - **Hathor**