



## **CONNECTING WITH YOUR SPIRIT GUIDE WORKSHOP**

**Sunday 28th August 2011**



This is a two hour workshop where we will discuss the various kinds of spirit guides that one can have, how to find them, communicate with them, and develop a working relationship with them.

We will work shamanically with a guided inner journey, using rhythmic rattling and drumming to support the process of concentration and tracking.

**Where: Embrace, Shop 1015 Westfield,  
Miranda NSW 2228**

**When: Sunday 28th August 2011**

**Time: 5:30pm - 7:30pm**

**Cost: \$60 includes notes and supper**

**Bookings: 02 9531 0009**