

SPHERES OF LIGHT Full Moon Circle 24/08/2018

Pisces Full Moon (26/08/2018 9:56pm)

On this night we will be connecting to the energy of the Pisces Full Moon. After the fiery Solar Eclipse in Leo we now need to be grounded through the sun in Virgo and illuminate our ideals in the watery moon in Pisces.

This is a time to be clear about your dreams and give them out to the Universe if you feel in your heart they are in alignment with your Higher will. It is an ideal time with the Sun in Virgo to recover from the powerfully energies from the last three eclipses and to allow deep inner healing to occur.



Introduction

Pisces Symbolism

Pisces is the sign of the fishes: two fish swimming in seemingly opposite directions. This immediately tells us that Pisces is a sign of duality, yet in our symbology the fish are never separate – there is always a bond, a thread of some kind, connecting the two.

Pisces is the mutable water sign and is associated with oceanic consciousness. We can relate to the two fish as aspects of our individuality swimming through that ocean of consciousness: one fish symbolizing our body and the other our Soul.

In astrological symbology water represents our emotions. All water signs (Cancer, Scorpio and Pisces) are mastering emotions on some level. Pisces is very connected to the astral realm: the realm of emotions, psychic impressions, the imagination and the subconscious.

Pisces is also the ultimate healer, the ruler of our subconscious where our stored memories, habits and beliefs live. During this Full Moon we will awaken what has been laying underneath the fear, what has been keeping us stuck and allow our inner shaman to heal us. This is a time to call back our soul from places where it has been forgotten and to return back to our wholeness.

The full moon on Sunday August 26, 2018 is at 3° Pisces. The full moon aspect itself of Sun opposite Moon forms the spine of a Kite aspect pattern. Five harmonious aspects surround this tense opposition to make it easy to improve your skills and develop your talents.

The Pisces full moon also aligns with two fortunate and powerful fixed stars Sadelmalik and Formalhaut. They are ideal for developing your occults skills, making money and reaching your goals. This full moon brings exciting opportunities for personal and professional success that improves your sense of security and stability.

We will be connecting to the pisces full moon energy through a crystal healing and releasing session. Our meditation will be taking us through a healing session in a crystal cave meditation.



The Ritual

Opening the Circle

We honour the direction of the East and Air
Where the sun rises
Laughter of the Kookaburra
Spiritual birth and awakening
The realm of the child and young adulthood
The energy of the season of Spring
We honour the wisdom of the Elders of the East
Welcome!

We honour the direction of the North and Fire
Red-bellied Black Snake in the midday sun
The energy associated with life force
The vitality that arises when the heart opens
The realm of the mother and father
The energy of the season of Summer
We honour the wisdom of the Elders of the North
Welcome!

We honour the direction of the West and Water
Water Dragon lazing at the water hole
The direction of the setting sun
The place of harvest and letting go
The realm of the maga and magus
The energy of the season of Autumn
We honour the wisdom of the Elders of the West
Welcome!

We honour the direction of the South and Earth
Where the sun is hidden
Echidna lying deep within its burrow
The underworld, grounding and self realisation
The realm of the crone and the wise man
The energy of the season of Winter
We honour the wisdom of the Elders of the South
Welcome!

We honour the Centre, Father Sky & Mother Earth
The space of the all, right here, right now
The space of stillness and presence
The space of Spirit
We honour the knowledge of the Ancients
Welcome!

Meditation – Crystal Cave Healing

Take some time to relax with deep breaths and then open all of your chakras. Once your chakras are open picture yourself standing on the bank of a wide river that is flowing gently to the sea. Upstream in the far distance you can see high blue mountains and, at their foot, a shining lake. In front of you there is a small wooden jetty with a boat tied up beside it. A boatman is waiting to help you into the boat. When you have settled yourself comfortably, he casts the boat off and takes the boat upstream moving quickly against the current. You can see the banks passing by and soon the river opens out into a beautiful lake.

As you cross the lake, you can see a narrow river is coming down from the mountains and flowing into the lake. The boatman takes you as far up this river as it is possible to go. As you are moving up the river you can see trout jumping out of the water going against the flow. You ponder on the journey of the trout on their journey against the flow of life. Before you realise it the boat has moored and the boatman helps you out onto a rocky ledge.

As you step on the ledge you see a large cave in front of you which you enter. The cave is like a huge amethyst geode, light flickering from every point. On the ground there are also large crystals some look like they have been sculptured by an unseen hand.

The energy within the cave is overwhelming and you find a comfortable place to settle yourself and allow yourself to merge with the energy of the cave. Allow the crystal energy to do its job of healing. The energy of the cave has a hypnotic effect and soon you feel yourself slipping into a deep state of meditation.

In your deep state of meditation, you feel the presence of guides and helpers who surround you and assist in the process of healing.

Then let your spirit become one with the infinity of these beings. Let go of your fears. Expand into All that Is. Simply merge and Be.

If you have a burning question on what is happening in your life or where you are heading now is the time to ask your spirit guides. When you are ready to leave the crystal cave, withdraw into yourself once more but retain your connection to the whole crystal healing experience. Make your way back down the ledge to where the boatman waits for you. Settle yourself in the boat and allow him to quickly propel the boat back down the narrow river and the wide shining lake. In front of you, you see the river you set out from and soon the boat is tying up at the bank. Thank your boatman for the journey and make your way back onto the bank.

Allow the crystallised energy at the outer edges of your aura to do its job of healing and it will also protect you from negative energies within a bubble of light.

Take your attention down to your feet. Be very aware of the contact they make with the earth. Feel them holding you and grounding you on the earth and into your body. Then, when you are ready, wriggle your fingers and then open your eyes.

Group Activity – Crystal Healing

What is needed:

Crystals, amethyst and quartz crystals and other blue and green crystals.

A plastic spray bottle filled with water, sea salt and a few drops of lavender oil.

Shells and any thing that represents the ocean.

For our activity place crystals around the circle and in the centre to create a healing space. The crystals will be programmed to heal and release any negative energies. Each person will spend sometime within a healing and releasing space. They can either sit on a chair or on the floor. They can place a crystal on the top of their head and allow the creator's light to penetrate the crystal amplifying the energy and flowing down the body pushing negativity down into the ground.

Once everyone has grounded the negative energy each person will have their aura sprayed with the lavender water to further remove any unwanted energies and to reactivate our chakra system.

Closing the Circle

We release the space of the Centre, Father Sky and Mother Earth, the space of Spirit and the Ancients and give thanks for their teachings and blessings. Hail and farewell.

We release the direction of the South and Earth and give thanks for its teachings and blessings.
Hail and farewell.

We release the direction of the West and Water and give thanks for its teachings and blessings.
Hail and farewell.

We release the direction of the North and Fire and give thanks for its teachings and blessings.
Hail and farewell.

We release the direction of the East and Air and give thanks for its teachings and blessings.
Hail and farewell.