

## Spheres Of Light, Sydney & Nowra Full Moon Circles



### **Imbolc ~ Full Moon in Aquarius** **Friday 4th August 2017**



Humanity is asleep, and we live in a culture that is out of balance with life and its elemental powers. Many of us know now what the price will be, more or less, for the excesses of our current lifestyles.

Imbolc is the time of the beginning of beginnings, the time to consider carefully what you will do with the year and your life stretching before you. Imbolc brings the awakening of the life force when the first green shoots of bulbs appear. Life is stirring again and the Sun God is causing things to grow. It is a time to honour the feminine and get ready for spring. At Imbolc, the Australian forests are bright with the colour yellow, with the Wattle trees coming into full flower.

**Introduction:** Our Imbolc Ritual is about the coming of Spring and new beginnings. It is also the time of the Lion's Gate Portal. Every year the Sun, Earth and Sirius move to specific points in the sky activating this Portal. The Lion's gate Portal opens from July 26 to August 12, however it is at its most powerful on August 8. We can tap into this energy in order receive the full abundance of the magical and powerful energy that is on offer. Also we have the Lunar Eclipse which will add to this powerful full moon.



## **THE RITUAL**

### **CIRCLE CASTING**

***“I cast the circle round about, spirit stay in, world stay out. I cast the circle round about, a world within, a world without. I cast the circle around and around in spirit and power we are now bound.”***

### **EAST**

Oh great seer Esmas  
Ancient one of Gorias  
I call thee to come forth and protect and charge this circle  
With the power of the spear of Lugh  
Come forth, so mote it be.

### **NORTH**

Oh great seer Usias  
Ancient one of Findias  
I call thee to come forth and protect and charge this circle  
With the power of the sword of Nuada  
Come forth, so mote it be.

### **WEST**

Oh great seer Semias  
Ancient one of Murias  
I call thee to come forth and protect and charge this circle  
With the power of the cauldron of Dagda  
Come forth, so mote it be.

## **SOUTH**

Oh great seer Morfessa  
Ancient one of Falias  
I call thee to come forth and protect and charge this circle  
With the power of the Stone of Lia Fail  
Come forth, so mote it be.

## **CERNUNNOS INVOCATION**

In the woods and glades,  
Beneath the sun and sky,  
Dance and beat the drum,  
For I am the rhythm in your music,  
I am the passion in your steps,  
I am the joy and sorrow, I am the life and death  
But fear not, For I am the hope within the sorrow,  
I am the rebirth after death,  
Rejoice and give greatly to the pleasures of the flesh,  
For I am there,  
Commune with the animals, for it is to me you speak,  
Give greatly to mirth and merriment, for this is my nectar,  
Love yourself, Love others, And make love,  
For this is my ambrosia,  
And always remember that I love you.  
**I will keep you safe**

## **WE WILL KEEP YOU WILD**

## **BRIGID INVOCATION**

Brigid, Goddess of Fire,  
Guardian of women, children and animals.  
We ask us that you join us in our ritual  
to help us celebrate and renew our lives.  
Help us to develop our creativity,  
progress through changes  
and inspire our purification of self.  
May your light guide us along our paths.  
Hail and Welcome.

## **MEDITATION**

### **The Awakening**

Imagine you are staring at a candle, imagine bringing it close to your face and let its flame dance its teasing warmth across your skin. Track your breath, slow, slow in and slow, slow out, relaxing ever deeper into the physical movements of your body with breath.

Imagine your inner light and heat becoming stronger with every breath, just as the sun is becoming stronger with every day. Let this inner heat thaw the frozen-over places inside of you that hold your stagnation and resistance to change and new growth.

You become aware of a presence around you. It is a male presence, wild and free but with an underlining tenderness and sexuality. He holds out his hand to you and as soon as your hands touch you are instantly transported to a place between the worlds. A forest, an ancient and sacred place. He gently touches your third eye and you feel a tingling that radiates throughout your body. You feel present and centred in your body, the forest immediately takes on another dimension, an intensity of colour and form. You see the male in the form of Cernunnos and he once again holds his hand out to you and guides you through the forest into an open space with a circle of stones. In the centre stands a single candle with a luminous golden light. You sit down near the candle to take in the warmth. Cernunnos tells you to look to the stars, the sky is jet black but the stars seem to be brighter than normal, there is one outstanding star that's ray of light seems to stretch down to the ground. Cernunnos tells you it is Sirius and to concentrate, open your chakras and use its shimmering energies to shift your awareness. You immediately feel Sirius's light shoot through you like a lightning bolt. Immediately you feel a hunger to shift your life in new, positive directions. Feel any pain or resistance that this hunger may trigger. Know that when you open yourself to the light, you are choosing to heal and grow, bringing these light and shadow energies with you. You feel your heart chakra expanding and your awareness moving into a higher vibration. Cernunnos tells you to spend some time in this enlightened space. (Spend a few minutes in this space)

Now widen your heart and capture your shadow-side, accepting that everything you are and everything you have experienced, the good and the bad, the joyful and the painful, have brought you to this moment and serve as the raw materials of your greater becoming. Turn now into your inner light, the sun in your core, your solar plexus and now align your solar plexus to Sirius's light and see your inner sun expand and feel yourself transcend.

Through this expansion of light you become aware of a female voice and you are directed to a female with flowing red hair. It is Brigid and she is standing close to Cernunnos. They are facing each other and for a moment they merge into one, the male and the female become the one. They are the yin/yang, they are in perfect balance, in perfect unity.

Brigid stands before you holding the candle with the golden light. For a few more minutes, gaze into Brigid's eyes and fill yourself up with the love that permeates every ounce of her being. She hands the candle over to you with the words that it is your responsibility to balance the female aspects with the male aspects so you are in perfect unity and in that state of balance you will glow with the light of Brigid, let it guide you on your journey of expansion. Shine the inner light out to the world. She and Cernunnos now bid you farewell and explains that you should use your breath to bring yourself back into your physical body and waking reality.

When you open your eyes and take in the dance of shadow and candlelight in the room. Feel this dance inside of you, and in the world around you. There is no light without shadow, good without bad, nor joy without pain. In the coming months, as you nurture and grow the new beginnings you have committed yourself at this Imbolc ritual, remember this essential, inescapable truth: you are woven of the mysteries of the unknown still sleeping in the shadow realm, waiting for their quickening moment to return to the light.

## **INTENT & ACTIVITY**

**Nowra group** - Illuminating the hidden path to our true selves. Activity is Candle Making.

**Sydney group** - Open circle, everyone is given a tea candle and one by one each person lights their candle from Brigid's candle and then walks around the circle three times contemplating on where we have come from and where we are going. Our intent will be a candle spell to bring in the light of Brigid and new beginnings. We will place the candles on the altar. We will then have the meditation and tap into the Lions Gate Portal. After the meditation we will hold hands and move the Lions Gate energy around the circle everyone's energy combining and growing a massive ball of light that we can send out to our planet and everyone on it for healing.

Our activity is Brigid and Cernunnos (Beau & Logan) conducting a symbolic presentation of the Great Rite to initiate a time of fertility, birthing of new growth and ideas, new energy, new beginnings and the balance of the male & the female energies within us.

We will ground the energy by singing we are a circle within a circle and then we will close.

*(Circle Within A Circle Chant - <https://www.youtube.com/watch?v=EQQWwFnk198>)*

## **CLOSING**

### **CERNUNNOS**

In the woods and glades,  
Beneath the sun and sky,  
Together; we danced and beat the drum,  
For I was the rhythm in your music,  
I was the passion in your steps.  
You have no fear for you know I shall always be the hope within your sorrow, the rebirth  
after death.  
You will remember that I am forever there,  
So commune with the animals, for it is to me you shall always speak.  
Love yourself, Love others, And make love,  
For this is my ambrosia,  
And never forget that I love you.  
**I will always keep you safe**

### **WE WILL ALWAYS KEEP YOU WILD**

### **BRIGID**

Brigid, we thank you for your presence here tonight.  
Thank you for guiding us through our creative transformations  
and for easing us through the process of change and purification.  
Hail and Farewell.

### **SOUTH**

Oh great seer Morfessa  
Ancient one of Falias  
Thank you for your guidance and protection  
With the power of the Stone of Lia Fail  
Hail and Farewell

### **WEST**

Oh great seer Semias  
Ancient one of Murias  
Thank you for your guidance and protection  
With the power of the cauldron of Dagda  
Hail and Farewell

### **NORTH**

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Thank you for your guidance and protection  
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Hail and Farewell.

### **EAST**

Oh great seer Esmas  
Ancient one of Gorias  
Thank you for your guidance and protection  
With the power of the spear of Lugh  
Hail and Farewell

***“May the circle be open but unbroken  
May the peace of the Goddess be ever in our hearts  
Merry Meet and Merry Part and Merry Meet again.”***