

April Full Moon Ritual

(Written & presented in Sydney by Beau, presented in Nowra by Samantha on 11th April 2014)



At this present time, the Moon resides in Virgo, so tonight we will be working with the moon's current state and sign. While working with this energy, we will also be working with the current Sun sign, Aries.

Aries, signifying war and battles, energy and strength, coupled with Virgo's energy of health, wellness and healing, will help us to prepare for the coming seasonal changes ahead, as well as helping us with our own personal trials. To do this, tonight we will be working within the Roman Pantheon, with the Goddess Diana and her twin brother Apollo.

Diana, the Goddess of the Hunt, is in fact a warrior, a maiden Goddess of strength and power. She is a Moon Goddess, who favours women, children and animals within her forest where she resides. She carries a bow and arrow to protect those who cannot protect themselves. Tonight, we will tap into strength with her guidance. Apollo is a God of creativity - he favours music and dance, the arts, and even prophecy. A God of the Sun, he is also seen as a healer, and is associated with a lyre, representative of creative spirit. During tonight's meditation we will tap into healing energy with his guidance.

After the meditation, to raise the Cone of Power and help us manifest our wishes of strength and healing, we will tap into the creative spirit of Apollo, through dance and music!

Opening the Circle

'By the Power of the Dragons, may this circle be blessed, cleansed and sanctified'.

East

We call upon the powers of the Deer, calm spirit of the rising sun. Join us here in our ritual, helping to impart us with knowledge, clear speech and hearing, bringing us closer to our goals tonight.

Hail and Welcome

North

We call upon the powers of the Wolf, the energy of the midday sun. Join us here in our ritual, helping to impart us with the courage and strength we need to bring us closer to our goals tonight.

Hail and Welcome

West

We call upon the powers of the Dog, the cleansing spirit of the setting sun. Join us here in our ritual, help to impart us with love, friendship and healing, bringing us closer to our goals tonight.

Hail and Welcome

South

We call upon the powers of the Raven, the transformative spirit of the hidden sun. Join us here in our ritual, helping to impart us with growth, manifestation, death and rebirth, bringing us closer to our goals tonight.

Hail and Welcome

Goddess - Diana

We call upon Diana, Goddess of the Hunt, protector of women, children and animals. We ask you to join us in this ritual, lending us your warrior skills and guidance to help strengthen us, preparing us for the path ahead. May the light of your moon illuminate our way.

Hail and Welcome

God - Apollo

We call upon Apollo, God of Creativity, master of music, art and prophecy. We ask that you join us in this ritual, gracing us with your knowledge of health and wellbeing, to keep us healthy and strong for the path ahead. May the light of your sun illuminate our way.

Hail and Welcome

Meditation *(see next page)*

Meditation and Discussion

Raising the Cone of Power

Music and Dance with streamers

Closing

God - Apollo

We thank you, Apollo, for being present with us tonight, helping to illuminate our path through the powers of the sun, and guiding us in our journey towards health and wellbeing.

Hail and Farewell

Goddess - Diana

We thank you, Diana, for being present with us tonight, helping to illuminate our path through the powers of the moon, and guiding us in our journey towards strength and courage.

Hail and Farewell

South

We thank the South and the powers of the Raven for being present in our ritual, helping us to take death and rebirth in our stride, and assist us to grow and manifest our goals.

Hail and Farewell

West

We thank the West and the powers of the Dog for being present in our ritual, helping us to receive the powers of love, friendship and healing, guiding us towards our goals.

Hail and Farewell

North

We thank the North and the powers of the Wolf for being present in our ritual, helping us to embody the powers of courage and strength, guiding us towards our goals.

Hail and Farewell

East

We thank the East and the powers of the Deer for being present in our ritual, helping us to learn the ways of clear speech and hearing, guiding us with new knowledge towards our goals.

Hail and Farewell

May this circle be open, but unbroken

May the peace of the Goddess be ever in our hearts

*Merry Meet, and Merry Part, and Merry Meet
again*

Full Moon Meditation, 11th April 2014

Find yourself a comfortable position and close your eyes. Take some deep breaths and begin to feel your body relaxing. From the centre of your body, begin to feel the tensions fade away with each breath you take. With each new breath feel the tension moving out of your body from the top of your head, your fingers and toes, releasing it into the world to be transformed into positive energy. Allow all unwanted thoughts, ideas and fears to slip away with that tension, leaving you feeling clear and pure.

Before you now is a thick white mist, emanating from the centre of the room. By your feet, disappearing into the mist, you see a vine covered in leaves. You reach down, take this vine in your hands and follow it into the mist, feeling the coolness and wetness of this mist. The vine feels comfortable in your hands, leaving you confident that you are travelling a safe path.

The mist begins to thin, and you find yourself standing on a grassy plain, on one side of a mountain. Before you, below the mountain, a vast expanse of forest land lies. The vine you hold leads down the side of the mountain, towards that forest. You turn to look around you, and notice that someone is approaching you from the side of the plain on which you stand. As he gets closer, you see he carries a bow and arrow, and has a wreath of laurel leaves upon his head. You recognise him as Apollo, and as he comes to stand beside you, he smiles at you, before telling you that you must continue to follow this path. He takes hold of the vine in front of you and begins to climb down the side of the mountain. You follow him, discovering as you reach the edge of the mountain that there are many holes in the side of the mountain, large enough to fit your feet into. You walk down the mountain with the help of the vine and these foot holes, until you reach the bottom, where Apollo is waiting. He smiles again, and continues to follow the vine, beckoning you to do the same.

As you make your way further into the forest, you take in your surroundings - the vast trees, the different sounds and smells, the feeling of the forest floor beneath your feet. You hear the faint sounds of forest animals foraging for food nearby.

You come to a clearing with plenty of logs lying nearby a peaceful river. You approach the river, discovering the vine you hold wraps around a log laying on the river bed. Apollo motions for you to sit down, and turns to face the trees surrounding you both. When you too look at these trees, you see a young woman slowly emerge from them, wearing clothes made of fur and leather, and carrying a bow and arrow. Diana embraces her brother Apollo, before smiling at you and welcoming you to her forest home. Both Diana and Apollo sit down on either side of you upon the log, and look off towards the water. Diana smiles and tells you that both she and Apollo know that you have come to learn from them. Apollo smiles and says that they are willing to help you with what you seek. Speak now with both Apollo and Diana, learning from them their own expertise. Take a few moments to talk with

them and ask questions, listening carefully for their answers, and when it is time, I will call you back.

It is now time to say farewell to this forest and venture back with the new knowledge and skills you have learnt. You take one last look at the river before you, then stand up and move away from it. You say farewell to Diana, thanking her for allowing you into her home and teaching you what you have learnt. She smiles and waves to both you and Apollo, before disappearing into the trees she emerged from. Apollo picks up the vine and you do the same, following him back up the path you came. You use the vine and foot holes to climb back up the mountainside, and when you reach the grassy plain, Apollo lets go of the vine. You bid him farewell and thank him for escorting you to the forest, and giving you the guidance and knowledge you needed. Apollo smiles at you and waves briefly before turning and making his way back around the mountain. You continue to walk along, vine in hand, until you reach the cool mist. You feel the vine fall from your hand, and although you can no longer see it through the mist, you can feel it buy your feet, ready for when you may need it to guide you again. You walk out of the mist and find yourself back inside the room you were sitting in. You walk over to your body and re enter it, feeling yourself move back into this world. You feel the blood flowing in your body, begin to stretch and move your fingers and toes. When you feel you are ready, open your eyes.