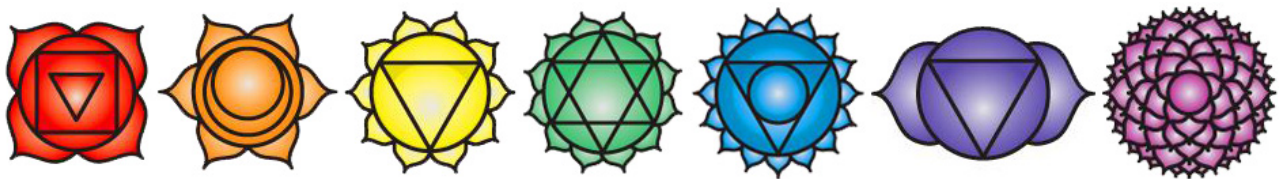




... life, love & each other ...

CHAKRA BALANCING WORKSHOP **Sunday 17th April 2011**



This is a 2 hour workshop about the chakra system and how it affects your energy centres. At this workshop you will learn some very effective techniques to help you clean and balance your chakras so that you can keep yourself happy, positive, calm and full of energy.

Chakra balancing creates a sense of equilibrium between your body, mind and spirit. When your chakras are returned to their natural frequencies, inner peace, wellbeing and happiness follows.

Janine Donnellan from Spheres Of Light is an Energetic Healer and a Reiki Practitioner and will be the facilitator of this workshop.

Where: Embrace, Shop 1015 Westfield,
Miranda NSW 2228

When: Sunday 17th April 2011

Time: 5:30pm - 7:30pm

Cost: \$60 includes notes and supper

Bookings: 02 9531 0009